

**VIRGINIA BOARD OF NURSING
AGENCY SUBORDINATE
INFORMAL CONFERENCE
July 9, 2026**

TIME AND PLACE: The informal conference held before an Agency Subordinate of the Board of Nursing was convened at 9:00 a.m., on July 9, 2026, in Hearing Room 3, Department of Health Professions, 9960 Mayland Drive, Suite 201, Henrico, Virginia.

AGENCY
SUBORDINATE: Marie Gerardo, M.S., R.N., A.N.P.-B.C.

STAFF PRESENT: Monique Davis, B.S.N., M.P.H.

OTHERS PRESENT: Pierro Mannino, Adjudication Specialist
Aaron Timberlake, Adjudication Specialist

CONFERENCE
SCHEDULED: **Alan Laroche, R.N. 0028-000645**
Mr. Laroche appeared.

Mr. Laroche was informed that a recommended decision will be mailed to him within ninety days.

An Order will be entered. As provided by law, this decision shall become a Final Order thirty days after service of such order on Mr. Laroche unless a written request to the Board for a formal hearing on the allegations made against him is received from Mr. Laroche within such time. If service of the order is made by mail, three additional days shall be added to that period. Upon such timely request for a formal hearing, the Order shall be vacated.

CONFERENCE
SCHEDULED: **Ashley Michelle Whitlow, L.P.N. 0002-076009**
Ms. Whitlow did not appear.

Based upon information provided by Mr. Timberlake, Ms. Gerardo ruled that adequate notice was provided to Ms. Whitlow.

A recommended decision will be mailed to Ms. Whitlow within ninety days.

This recommendation will be presented to the full Board; if accepted, an Order will be entered. As provided by law, this decision shall become a

Final Order thirty days after service of such order on Ms. Whitlow unless a written request to the Board for a formal hearing on the allegations made against her is received from Ms. Whitlow within such time. If service of the order is made by mail, three additional days shall be added to that period. Upon such timely request for a formal hearing, the Order shall be vacated.

RECESSED: The informal conference recessed at 11:12 a.m.

RECONVENED: The conference reconvened at 1:00 p.m.

CONFERENCE
SCHEDULED:

Tomique Vassal, R.M.A., C.N.A. 0031-014657 1401-084349

Ms. Vassal appeared and was accompanied by Tiffany Wright, her cousin.

Ms. Vassal was informed that a recommended decision will be mailed to her within ninety days.

An Order will be entered. As provided by law, this decision shall become a Final Order thirty days after service of such order on Ms. Vassal unless a written request to the Board for a formal hearing on the allegations made against her is received from Ms. Vassal within such time. If service of the order is made by mail, three additional days shall be added to that period. Upon such timely request for a formal hearing, the Order shall be vacated.

ADJOURNMENT: The conference concluded at 2:15 p.m.



Monique Davis, B.S.N., M.P.H.