

**Virginia Board of Counseling
Informal Conferences – Agency Subordinate
October 24, 2025**

The informal conferences, held before an Agency Subordinate of the Board of Counseling, were convened at 10:07 a.m. on October 24, 2025 at the Department of Health Professions, 9960 Mayland Drive, Ste. 201, Henrico, Virginia, Board Room 3.

Agency Subordinate: Johnston Brendel, Ed.D., LPC

Board Staff: Christy Palmore, Senior Discipline and Compliance Case Specialist
Krystal Blanton, Senior Discipline and Compliance Case Specialist

Case(s) Considered:

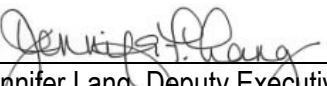
Respondent: **Mitchel Thomas, QMHP**
Registration No.: 0732004713
Case No.: 235491

Others Present: Lesley Smith, Adjudication Specialist, APD

Mitchel Thomas appeared in person, without legal counsel, and discussed the allegations in the Notice dated April 15, 2025, and an Amended Notice dated September 25, 2025.

A recommended decision will be mailed to the respondent within 90 days. This recommendation will be presented to the full Board and, if accepted, an Order will be entered. As provided by law, this decision shall become a Final Order 30 days after service of such order on the respondent unless a written request to the Board for a formal hearing is received within such time. If service of the order is made by mail, three additional days shall be added to that period. Upon such timely request for a formal hearing, the Order shall be vacated.

Adjournment: The conferences concluded at 11:33 a.m.



Jennifer Lang, Deputy Executive Director
Virginia Board of Counseling

October 27, 2025

Date