

June 13, 2025

Regulatory Committee Meeting Minutes

Virginia Board of Counseling



FINAL- APPROVED
Virginia Board of Counseling
Regulatory Committee Meeting Minutes
Friday, June 13, 2025, at 10:00 a.m.
9960 Mayland Drive, Henrico, VA 23233
Board Room 2

PRESIDING OFFICER: Maria Stransky, LPC, CSAC, CSOTP, Committee Chairperson

BOARD MEMBERS PRESENT: Nakeisha Gordon, LPC
 Luanne Griffin, LPC (*Virtually- via Webex due to health reasons*)
 Gerard Lawson, PhD, LPC, LSATP, NCC
 Terry R. Tinsley, PhD, LPC, LMFT, CSOTP

BOARD MEMBERS ABSENT: Tiffinee Yancey, PhD, LPC

BOARD STAFF PRESENT: Latasha Austin, Licensing & Operations Manager
 Jaime Hoyle, JD, Executive Director
 Charlotte Lenart, Deputy Executive Director – Licensing (*Virtually- via Webex*)
 Dalyce Logan, Senior Licensing Specialist

DHP STAFF PRESENT: Matthew Novak, Policy Analyst, Department of Health Professions
 Arnie Owens, Agency Director, Department of Health Professions (*arrived at 10:10am, left meeting at 10:47am*)

PUBLIC ATTENDEES: Becky Bowers-Lanier
 Kathryn Zapach, Virginia Health Care Foundation

CALL TO ORDER: Ms. Stransky called the Regulatory Committee Meeting to order at 10:00a.m.

ROLL CALL/ESTABLISHMENT OF A QUORUM: An introduction was done of all Committee members and staff. Four members of the Committee were present in person and one member of the Committee was present virtually via Webex at roll call; therefore, a quorum was established.

MISSION STATEMENT: Ms. Stransky read the mission statement of the Department of Health Professions, which was also the mission statement of the Committee. Ms. Stransky also read the emergency egress instructions.

ADOPTION OF AGENDA: The meeting agenda was adopted as presented.

APPROVAL OF MINUTES: The Board reviewed the minutes from the last meeting held on March 28, 2025.

Motion: Dr. Lawson made a motion, which Ms. Gordon properly seconded, to approve the minutes from the March 28, 2025, as presented. The motion passed unanimously.

PUBLIC COMMENT: No public comment was provided.

LEGISLATIVE & REGULATORY UPDATE: No report or update was provided.

NEW BUSINESS:

- **Draft Guidance Document on the Use of Artificial Intelligence (AI)**
 Ms. Hoyle presented the draft Guidance Document on the Use of Artificial Intelligence (Attachment 1) to the Committee. The Committee discussed whether the document

June 13, 2025

Regulatory Committee Meeting Minutes

Virginia Board of Counseling

should remain a guidance document or be developed into a policy or regulation. It was noted that guidance documents are non-binding and cannot mandate actions (“should” vs. “must”). If mandatory language is desired, the Regulatory Committee could propose incorporating AI language into formal regulation.

After review, the Committee suggested making the following edits to the draft Guidance Document on the Use of Artificial Intelligence:

- Add a definition of Artificial Intelligence.
- In the first sentence of the first paragraph, cite the full section of the Standards of Practice regulation.
- Revise the second sentence of the first paragraph to read: “but it is merely a tool.”
- Include references to specific regulations within the recommendations.
- Amend Recommendation #5 to note that AI “may contain bias and may provide guidance that is clinically contraindicated.”

Action Items & Next Steps:

- Ms. Hoyle will revise the draft with the suggested edits.
- Dr. Lawson will contact a potential AI presenter for the next Board meeting.
- The Committee requested that legal counsel review and comment on the Guidance Document at the next meeting

Motion: Dr. Lawson made a motion, which Ms. Gordon properly seconded, to approve the Guidance Document on the Uses of Artificial Intelligence with the recommended amendments. The motion passed unanimously.

Mr. Novak provided the Committee with a refresher on the periodic review process, including the timeline for each stage. He noted that several periodic reviews are currently open, with the exception of QMHP and agency sub, which are not under review at this time. He also gave a brief overview of the full regulatory process, outlining the various types of regulatory actions (e.g., exempt actions, NOIRA stage, fast-track action, emergency action). Mr. Novak reminded members that they can track the progress of any regulatory action on the Virginia Regulatory Townhall website, where a document explaining the full process is also available.

- **Discussion of Draft Supervision Survey**

The Committee reviewed the draft survey questions from the agenda packet. Members suggested scaling back the survey, merging certain questions, and potentially dividing it into multiple surveys. They also recommended providing context on the purpose of the survey. Ms. Lenart will revise and streamline the questions accordingly.

Motion: Dr. Lawson made a motion, which Ms. Gordon properly seconded, to approve the draft supervision survey with the Committee's recommended revisions and to forward it to the DHP Workforce Development Center staff for final development and distribution to residents. The motion passed unanimously.

- **Discussion on Requiring Continue Education Hours for Supervisors**

The Committee will revisit requiring continuing education hours for supervisors after receiving the results of the supervision survey.

- **Residents billing directly for services**

The Committee will revisit residents billing directly for services after receiving the results of the supervision survey.

NEXT MEETING DATES:

The next Full Board meeting is scheduled for July 25, 2025, and the next Regulatory Committee meeting is scheduled for Friday, September 19, 2025.

June 13, 2025

Regulatory Committee Meeting Minutes

Virginia Board of Counseling

ADJOURNMENT:

Ms. Stransky adjourned the June 13, 2025, Regulatory Committee meeting at 11:33a.m.

DocuSigned by:

Jaime Hoyle

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Jaime Hoyle, JD, Executive Director