

**MINUTES**  
**STATE MENTAL HEALTH, MENTAL RETARDATION**  
**AND SUBSTANCE ABUSE SERVICES BOARD**

January 17, 2007  
Richmond Marriott  
Richmond, Virginia

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**Members Present:** Daniel E. Karnes, **Vice-Chair**; Linda S. Bartlett, Ruth G. Jarvis, Kathryn A. Smith and David B. Trinkle

**Member Absent:** Victoria Huber Cochran, **Chair**; Cheryl Ivey Green, B. Hunt Gunter, and Catherine M. Hudgins

**Staff:** Jewel Booker, Executive Secretary, State Board  
Wendy Brown, Policy Analyst, Office of Planning & Development  
Charline Davidson, Director of Planning & Development  
Paul Gilding, Director of Community Contracting  
Jane Hickey, Senior Assistant Attorney General and Chief  
Martha Mead, Director, Office of Legislation & Public Relations  
John Pezzoli, Project Manager, Office of the Inspector General  
James Reinhard, Commissioner, DMHMRSAS  
James Stewart, Inspector General  
Allyson Tysinger, Legal Counsel, Office of the Attorney General  
Ruth Anne Walker, Legislation & Public Relations Manager  
Margaret Walsh, Director, Office of Human Rights  
Joy Yeh, Assistant Commissioner for Finance and Administration

**Others:** Barbara Barrett, Past Chair, VACSB  
Mary Ann Beall, Former State Board Member  
Angela Brosnan, State Human Rights Committee  
John Lindstrom, Director of Assessment, Emergency & Medical Services, RBHA  
Kirk Morton, Nurse Manager, RBHA  
William Pierce, Former State Board Member  
Bobby Tuck, Former State Human Rights Committee

**Call to Order:** Dan Karnes, Vice Chairman called the meeting to order at 10:18 a.m. The Vice Chairman recognized two former State Board members, William Pierce and Mary Ann Beall. He called for introduction of attendees prior to proceeding. Mr. Pierce thanked the board for their hard work and encouraged the board and staff to keep up the good work. Ms. Beall also thanked the board and raised an issue from the National Association of State Mental Health Program Director's 13<sup>th</sup> Technical Assistance report on mortality and morbidity of people with serious mental illness.

She stated the report revealed people with mental illness die 25 years younger than the general population. She also shared that the report identifies a number of policy recommendations for integration of primary medical and psychiatric care. Ms. Beall encouraged board members to get the report to read.

**Agenda:** Upon a Motion by David Trinkle and seconded by Kathryn Smith, the Board unanimously approved the January 17, 2007 revised agenda as presented.

**Minutes:** Upon a Motion by Kathryn Smith and seconded by David Trinkle the minutes of the December 8, 2006 meeting were approved as submitted.

**Public Comment:** There were no additional public comments.

**Nominating Committee:** Kathryn Smith reported on behalf of the committee presenting the slate of officers for 2007. The committee recommended retaining the current officers, Victoria Huber Cochran as Chair and Daniel E. Karnes as Vice Chair serving one additional term. There being no further nominations, upon a Motion by Kathryn Smith and seconded by David Trinkle the slate of officers as presented was accepted. The Board voted unanimously to retain the current officers.

### **Report of the Policy Development & Evaluation Committee**

Wendy Brown, Policy Analyst reported for the Committee. The Committee met prior to the board meeting at 9:00 a.m. to consider the draft of Prevention policy #1004 and reviewed the minutes from the December 7 meeting. The committee discussed the updates of policy reviews and will decide which policies will be appropriate for the next rounds of reviews. Policy manuals and status of current regulatory actions were distributed to board members for review.

### **Report of Planning and Budget Committees**

Charline Davidson reported for the Committee. The Committee met at 9:00 a.m. the day of the Board meeting and discussed the policy work of the evaluation committee, the Board and department interaction on the State Comprehensive Plan and priority areas for the Plan. Ms. Davidson distributed copies of Policy #1010 that was distributed for field review by the Policy Development and Evaluation Committee.

Committee members reviewed the policy's description of responsibilities of the State Board in the planning and development review process. Ms. Davidson shared a brief summary of the Comprehensive State Plan development process.

A good portion of their meeting focused on updates from Mr. Joe Cronin and Ms. Mickie Jones, Office of Architecture and Engineering Services, DMHMRSAS, updating members on the status of the major capital projects including construction of the Virginia Center for Behavioral Rehabilitation (VCBR) and replacement of Eastern State Hospital, Western State Hospital, Southeastern Virginia Training Center and Central Virginia Training Center.

**Presentation:** Jim Stewart, Inspector General, presented his report on the review of Community Residential Services for Adults with Mental Retardation and Systemic Review of State-Operated Training Centers. Mr. Stewart opened with an overview of responsibilities of the Office of the Inspector General.

Mr. Stewart recognized Joe Pezzoli, Project Manager, and Cathy Hill for their work on the report as well.

**State Human Rights:** Dr. Angela Brosnan reported for the committee and stated that the committee is starting the year in determining biennial goals. The committee's quarterly newsletter "Human Writes" was distributed to board members. Members were encouraged to submit thoughts and ideas to the editor.

*At 11:35 a.m. the Vice Chair called for a break and reconvened at 11:50 a.m.*

### **Board Liaison Report**

Linda Bartlett reported that she met with staff from the regional jail in her district discussing additional beds being added and whether mental healthcare would be provided.

Kathryn Smith informed the board that she will be attending the regional consortium the following week.

### **Commissioner's Report**

Commissioner Reinhard shared updated information on the replacement facilities and the first quarter status report on System Transformation initiatives from July 06 – September 06.

The report is required to be submitted to the Governor, Office of the Secretary of Health and Human Resources, the House Appropriations and Senate Finance Committees and CSBs. The report highlights what is occurring in the first quarter of fiscal 06 and includes the types and settings of services provided, the numbers of consumers served and the progress made in the construction of replacement facilities. The Commissioner stated that he will see that the Board gets copies of the report.

The report identifies the challenges encountered in the transformation initiative. The initiative has resulted in over 140 plans for new or expanded service capacity in the community. Over 1,000 consumers were served, with 1,117 in the first quarter.

Dr. Reinhard also gave progress summaries on the construction of replacement facilities.

Eastern State Hospital in Williamsburg is being constructed in three phases. Phase I is the construction of 150 beds to replace the Hancock Geriatric Treatment Center. The project is currently funded at \$23 million dollars. The Governor's budget includes a recommendation of \$5,000,000 in additional funding. Phase II consist of 150-beds and Phase III will consist of Administrative and support.

Western State Hospital received \$ 2.5 million in planning funds. The Department accepted construction proposals to be reviewed for consideration.

Southeastern Virginia Training Center and Central Virginia Training Center will be replaced. SVTC will offer 100-beds and CVTC will offer 300-bed facility.

**Recognitions:**

Mr. Bobby Tuck, former State Human Rights member was presented with a resolution honoring him for outstanding service while serving on the State Human Rights Committee.

Dr. John Lindstrom, RBHA's Director of Assessment, Emergency & Medical Services and Kirk Morton, Nurse Manager were presented with a resolution recognizing the RBHA Medication Access for excellence of service to the Commonwealth of Virginia and to its citizens. Richmond Behavioral Health Authority successfully transitioned from operating a dispensing pharmacy to a medication access services.

This transition effectively stopped significant financial losses, redirecting these funds toward the support of other needed programs and services, yet put in place fiscal and staff resources necessary to manage access to no and low cost medications for consumers who have no prescription benefits and/or benefits counseling for those with increasingly complex Medicaid and Medicare benefits (Part B, Part D, and HMO managed Medicaid).

*At 12:15 p.m. called for a break for lunch and reconvened at 12:35 p.m.*

**VACSB Report**

**No report**

**Staff Update**

Martha Mead updated members on lead bills that the Department is tracking.

Joy Yeh updated members on the Governor’s proposed budget for the Department.

Martha Mead conveyed information to board members on the loss of Victoria Huber Cochran’s mother. Jewel Booker sent a sympathy card to the family on behalf of the entire Board. The family suggested that contributions be made to a charity of choice or to a research organization for Multiple Myeloma or a related family support group. Ms. Mead agreed to follow up with the board to see if there was a local chapter in Virginia and will send additional information on the charitable organization chosen along with information on donating.

Ruth Anne Walker distributed CDs to members from the December meeting highlighting talking points for board members to use when addressing various groups.

The April 6, board meeting date was revisited. After some discussion, the Board agreed to change the April meeting date to Tuesday, April 3 in conjunction with the Volunteer Luncheon to be held in Staunton. Dan Karnes brought to the attention that there was a meeting scheduled for April and May.

Ms. Mead informed members that the board should meet between April and August to review the extensive number of upcoming regulations. Mr. Karnes suggested making a final decision on the May meeting later in the year.

**Adjournment**

There being no further business the meeting was adjourned at 1:27 p.m.

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**Daniel E. Karnes, Vice Chair**

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**Jewel Booker, Executive Secretary**