

**VIRGINIA BOARD OF COUNSELING  
AD HOC COMMITTEE MEETING ON TELE-ASSISTED COUNSELING AND SUPERVISION**

**Thursday, November 1, 2018**

**TIME AND PLACE:** The meeting was called to order at 1:01 p.m. on Thursday, November 1, 2018, in Board Room 2 at the Department of Health Professions (DHP), 9960 Mayland Drive, Henrico, Virginia.

**PRESIDING:** Terry R. Tinsley, Ph.D., LPC, LMFT, CSOTP, NCC, Chairperson

**COMMITTEE MEMBERS PRESENT:** Barry Alvarez, LMFT  
Danielle Hunt, LPC  
Tiffinee Yancey, Ph.D., LPC

**STAFF PRESENT:** Tracey Arrington-Edmonds, Licensing Specialist  
Jaime Hoyle, J.D., Executive Director  
Charlotte Lenart, Licensing Manager

**OTHERS PRESENT:** Elaine Yeatts, DHP Senior Policy Analyst

**ORDERING OF THE AGENDA:** The agenda was accepted as presented.

**PUBLIC COMMENT:** None

**NEW BUSINESS:**

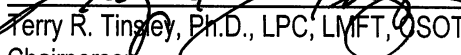
The Committee discussed the Tele-Counseling and Supervision Guidelines provided in the agenda package:

- o Summary of Tele-therapy Guidelines
- o Virginia Board of Counseling Guidance Document 115-1.4: Guidance on Technology-Assisted Counseling and Technology-Assisted Supervision, revised November 13, 2015
- o Virginia Board of Social Work Guidance Document 140-3 Guidance on Technology-Assisted Therapy and the Use of Social Media, reaffirmed September 21, 2018
- o Association of Martial and Family Therapy Regulatory Boards Tele-therapy Guidelines
- o National Frontier & Rural ATTC Technology-Based Clinical Supervision Guidelines
- o Ohio Board of Counseling Telehealth Regulations

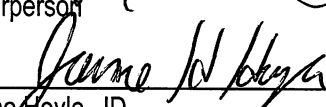
Dr. Tinsley asked each committee member to make edits to the draft document he created by January 15, 2019. In the meantime, Dr. Tinsley asked staff to request Kathy Wiberly from the Mid-Atlantic Telehealth Resource Center speak to the full board at its February 8 meeting. The Ad-Hoc Committee will then meet again in February to incorporate each person's edits, as well as anything learned from Kathy Wiberly's presentation. The Ad-Hoc Committee will submit a draft guidance document to the Regulatory Committee at its May 30<sup>th</sup> meeting.

**NEXT SCHEDULED MEETING:** The next meeting is scheduled for February 7, 2019.

**ADJOURNMENT:** The meeting adjourned at 2:36 p.m.

  
\_\_\_\_\_  
Terry R. Tinsley, Ph.D., LPC, LMFT, CSOTP, NCC  
Chairperson

  
\_\_\_\_\_  
Date

  
\_\_\_\_\_  
Jaime Hoyle, JD  
Executive Director

  
\_\_\_\_\_  
Date