

**THE VIRGINIA BOARD OF COUNSELING  
REGULATORY COMMITTEE MEETING  
DRAFT MINUTES**

**Thursday, February 17, 2011**

The Regulatory Committee of the Virginia Board of Counseling ("Board") convened at 1:20 p.m. Thursday, February 17, 2011 at the Department of Health Professions, 9960 Mayland Drive, Richmond, Virginia. Dr. Charles McAdams called the meeting to order.

**COMMITTEE MEMBERS**

**PRESENT:**

Mary Lou Argow  
Donnie Conner, Ph. D  
Michael Fletcher  
Charlotte Markva  
Charles McAdams, Ed.D.  
Linda Seeman, Ph.D.

**COMMITTEE MEMBERS**

**ABSENT:**

None

**STAFF PRESENT:**

Evelyn B. Brown, Executive Director  
Howard Casway, Senior Assistant Attorney General  
Catherine Chappell, Deputy Executive Director  
Jennifer Lang, Administrative Assistant  
Patricia Larimer, Deputy Executive Director  
Laura Rothrock, Administrative Assistant

**PUBLIC COMMENT**

There was no public comment.

**APPROVAL OF MINUTES**

Ms. Argow moved that the minutes from the December 10, 2010 Regulatory Committee meeting, be approved as written. The motion was seconded and carried.

**REVIEW OF LPC REGULATIONS**

Dr. McAdams requested clarification from Staff as to how the Regulatory Committee might most efficiently move forward with its periodic review required for each of the Board's regulations. Ms Brown noted that the *Regulations Governing the Practice of Professional Counseling* seemed to have the most critical need for revision, and that the

Committee could ask the Board to adopt the Notice of Intended Regulatory Review (NOIRA) prior to completing a review of all of the Board's regulations .

## **PROPOSED GUIDANCE DOCUMENTS**

Clinical Services During Residency. The Committee members and Staff discussed concerns about proposed *Registration of Supervision* contracts, primarily received from applicants proposing to work in Intensive In-Home and Day-Treatment Programs, and the difficulty the Credentials Reviewers are having in determining if the proposed supervised experience includes the delivery of clinical services to clients. The Committee reviewed a draft guidance document setting forth the Board's expectation for the supervised experience. Dr. Seeman moved to have the Committee propose that the Board adopt the guidance document on Supervised Experience Requirements for the Delivery of Clinical Services for Professional Counselor Licensure at the February 18<sup>th</sup> meeting. The motion was seconded and carried.

Essential Coursework Necessary to Begin Residency. The Committee reviewed a draft guidance document entitled Coursework Requirements Necessary to Begin Supervision for Licensure as a Professional Counselor which sets forth essential courses the Board requires professional counseling applicants to have taken prior to receiving approval to begin the supervised experience for professional counseling licensure. The draft guidance document included the following as required courses before being approved to begin the supervised experience in the delivery of clinical services to clients: *professional identity, function and ethics; theories of counseling and psychotherapy; counseling and psychotherapy techniques; appraisal, evaluation and diagnostic procedures; abnormal behavior and psychopathology; and, a 600 hour supervised internship which includes 240 hours of face-to-face client contact.*

Ms. Argow moved that the Committee recommend that the Board adopt the guidance document on Coursework Requirements Necessary to Begin Supervision for Licensure as a Professional Counselor at the meeting on February 18<sup>th</sup>. The motion was seconded and carried.

## **PRIORITIZING NEXT STEPS**

The Committee agreed to meet on Thursday, May 5. Dr. McAdams stressed the importance of performing a final review of the draft amendments of the Regulations Governing the Practice of Professional Counseling to assure that the requirements contain clear, comprehensive and appropriate changes for the Board's consideration.

The Committee members and staff noted the need to begin the comprehensive review the Regulations Governing the Practice of Marriage and Family Therapy next and then the Regulations Governing the Certification of Substance Abuse Counselor.

Additionally, the Committee agreed that the topic of ethics should be included at the next Educational Summit meeting.

**ADJOURNMENT**

The meeting was adjourned at 3:10 p.m.

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Charles McAdams, Ed.D, Chair

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Evelyn B. Brown, Executive Director