

MINUTES

**STATE MENTAL HEALTH, MENTAL RETARDATION
AND SUBSTANCE ABUSE SERVICES BOARD**



October 7, 2008

**Piedmont Geriatric Hospital
Burkeville, VA**

Members Present: Daniel E. Karnes, Acting Chair/Vice Chair; Cheryl Ivey Green, Catherine M. Hudgins, Ruth G. Jarvis, Mary J. McQuown, Ananda K. Pandurangi, M.D. and Kathryn A. Smith

Staff: Leslie Anderson, Director, Office of Licensing (via phone)
Jewel Crosby, Executive Secretary, State MHMRSAS Board
Charline Davidson, Director, Office of Planning & Development
Meghan McGuire, Communications Manager, Office of Legislation & Public Relations
James Reinhard, M.D., Commissioner, Office of the Commissioner
Teja Stokes, Assistant Commissioner for Special Projects, Office of the Commissioner
Ruth Anne Walker, Legislation Manager, Office of Legislation & Public Relations

Others: Jim Ayers, Facility Administrator, Piedmont Geriatric Hospital (PGH)
Ray Gudum, Past Chair, VACSB
Jane Hickey, Senior Assistant Attorney General Chief, Office of the Attorney General
C. C. Murphy, Facility Director, Virginia Center for Behavioral Rehabilitation (VCBR)
John Pezzoli, Senior Inspector/Project Manager, Office of the Inspector General
Mark Vita, The North Highland Group

Call to Order: Daniel Karnes, Acting Chair, called the meeting to order at 11:05 a.m. and opened with introductions by those in attendance.

Agenda: *Upon a motion made by Mary McQuown and seconded by Cheryl Ivey Green, the board unanimously approved the revised October 7, 2008 agenda as presented. 7-Yes; 0-No.*

Minutes: *Upon a motion made by Kay Smith and seconded by Mary McQuown, the board unanimously approved the minutes from the August 19, 2008 meeting as written. 7-Yes; 0-No.*

Public Comments: There were no public comments.

Facility Overview: Mr. C.C. Murphy, Facility Director, Virginia Center for Behavioral Rehabilitation, (VCBR) thanked the State Board for taking the time to tour their facility. Mr. Murphy stated that VCBR staffing is just under 200 employees serving a current population of 114 and growing each month. He shared that VCBR would eventually employ under 400 employees as their population grows.

Mr. Jim Ayers, Facility Administrator, Piedmont Geriatric Hospital, (PGH) welcomed the State Board to PGH and gave an overview of the hospital. Mr. Ayers stated that PGH is licensed for 135 beds and currently operating 128. He stated that PGH is fully accredited as a hospital by the Joint Commission and CMS certified. Mr. Ayers stated that PGH currently serves individuals in the capitol region of the state and recently began accepting patients from Northern Virginia providing in-patient care. PGH currently employs 425 employees to support facility operations such as providing a full service food operation to PGH and VCBR, as well as a full laundry service, building and grounds services. The hospital admitted and discharged approximately 58 patients within the last year. PGH provides full in-patient psychiatric care with limited medical care. Mr. Ayers informed the board that an information packet was being prepared for them and available at the conclusion of their meeting. The board was also invited to tour the hospital after their meeting.

Staff Update: Dan Karnes shared a thank you card with the board from Wendy Brown, Policy Analyst, Office of Planning & Development. Ms. Brown expressed thanks to the board for their thoughts while she was out on medical leave.

**Policy Development
and Evaluation
Committee:**

Charline Davidson reported on behalf of the Policy Development and Evaluation Committee. At their August 17, 2008 meeting, the committee reviewed three policies that completed field review for public comments. Ms. Davidson noted that the policies were updated reflecting terminology referring to population groups as “individuals with mental illness, intellectual disability and substance use disorders” and revising language referencing consumers to “individuals receiving services”. Ms. Davidson upon the pleasure of the Policy Development and Evaluation Committee requested that the board adopt the three proposed policies as revised:

- 1021 – Core Services**
- 4010 – Local Matching Requirements for Community Services
Board and Behavioral Health Authorities**
- 4018 – Community Services Performance Contracts**

Dr. Pandurangi commented on the intent of the language in the **Policy 1021** (pg. 15 of the packet) regarding individuals seeking core services through CSBs. Dr. Pandurangi suggested that the policy include a clause stating that no one should be denied core services by CSBs. He shared concerns that individuals requesting services and not getting services for a variety of reasons. Members discussed whether this was possible for CSBs to assure access to services given the lack of funding availability. Dr. Pandurangi modified his suggestion to focus on access to emergency and case management services, which are mandated by statute. Board members recognized, however, that the mandate for case management services is subject to the availability of resources. Ms. Davidson said the intent of Policy 1021 was to identify and define the cores of services to be provided. She suggested that Dr. Pandurangi's concern might be more appropriately addressed in either a new policy or in an existing policy that is related to access to services. She recommended that the committee review these possibilities and bring a recommendation back to the board. The board agreed to defer action to **Policy 1021** until the December meeting.

*Upon recommendation from the Policy Development and Evaluation Committee, the board unanimously adopted **Policy 4010** – Local Matching Requirements for Community Services Board and Behavioral Health Authorities. 7-Yes; 0-No.*

*Upon recommendation from the Policy Development and Evaluation Committee, the board unanimously adopted **Policy 4018** Community Services Performance Contracts. 7-Yes; 0-No.*

Planning & Budget Committee:

There was no report. Minutes from the August 17, 2008 of the Planning and Budget Committee will be adopted at the next scheduled meeting in December.

The board recessed for lunch at 11:45 a.m. and reconvened at 12:03 p.m.

Licensing:

Leslie Anderson, Director, Office of Licensing, via phone, reviewed major proposed changes to the proposed licensing regulations. Ms. Anderson spoke to the goals of the regulatory revision process, updating the regulations' consistency with the Department's focus on recovery, self-determination, and person-centered planning and to strengthen provisions that allow the Department to deny applications and revoke licenses when standards are not met and to limit activities of providers with provisional licenses. Ms. Anderson detailed specific changes to the existing regulation. Using a handout distributed to the board, Ms. Anderson reviewed changes proposed revisions to the licensing regulations.

Upon a motion made by Mary McQuown and seconded by Kay Smith, the board unanimously adopted the proposed amended Rules and Regulations for the Licensing of Providers of Mental Health, Mental Retardation, and Substance Abuse. The Individual and Family Developmental Disabilities Support Waiver, and Residential Brain Injury Services, 12 VAC 35-105-10 et seq. for public comment in accordance with the requirements of the Virginia Administrative Process Act.
It was moved that the Board would conduct at least one public hearing to consider comments on the proposed amended regulations. 7-Yes; 0-No.

Commissioners

Report:

Dr. Reinhard updated the board on two critical areas, (1) the current budget reduction exercise to all state agencies requested by the Governor and (2) the organizational restructuring of central office. Dr. Reinhard reported that the Department's 5-10-15 reduction plan and impact were submitted through the Secretary of Health and Human Resources to be reviewed by the Governor in conjunction with the Department of Planning and Budget.

Dr. Reinhard stated that the Department realize that during the current economic time there is a lot of anxiety and concerns among staff around the impact of service reductions and projected layoffs; yet he continues to communicate as much information allowed while keeping staff abreast on information as he receives it. Dr. Reinhard stated that the current plan impacts a significant amount of money in light of previous reductions within the agency. He also provided details of the impact to staffing, CSBs, facilities and service cuts with board members.

A copy of the draft central office organizational chart was shared with the board. Dr. Reinhard shared that the elimination of an Assistant Commissioner position through the recent implementation and success of the regional teams, better aligns central office organizational structure and improves the way the Department does business. Preliminary results from North Highland group validated that the current organizational structure has kept central office from reaching its goal. Attempts in recent weeks focused on the development of the draft organizational chart with two main purposes (1) building regional teams among facilities and community divisions in central office, and (2) creating more of a balance in reporting affiliations by reducing the number of people reporting to the Chief Deputy Commissioner.

VACBS Report:

Ray Gudum, Past Chair, reported on behalf of the VACSB Board. Mr. Gudum stated that the VACSB Public Policy Conference held in Roanoke October 1-3 was well attended. He provided updated copies of the VACSB 2009-10 Budget Priorities and distributed to board members.

Organization Assessment

Project Presentation:

Mark Vita, North Highland Project, presented an overview of the draft findings from the organizational assessment requested by the Office of the Secretary of Health and Human Resources. North Highland assessed the current organizational structure and operations and provided a need for improvements by examining the structure of agencies to see if they should be reorganized to streamline functions.

Board Liaison

Reports:

Kathryn Smith reported that on September 18, she attended the Southside Behavioral Health Consortium meeting. The group voiced concerns centered around the budgetary crisis and requested that she relay their concerns to the State Board. The group felt that if they had more flexibility with funding and its use, it would make things a lot easier for them. The group specifically identified crisis stabilization as one of their concerns where on occasions, CSBs have had funds left over in crisis stabilization, however, restricted from using those funds in other areas.

Ms. Smith also attended a Recovery Expo in Southside VA. She reported that there were 25 vendors represented and the event was well attended.

Dr. Ananda Pandurangi reported that he gave a talk to F.A.C.E.S. (Family and Community Empowerment Services) a psycho-educational service for individuals and families. He shared information from a medical perspective as well as information on the State Board activities, current priorities and current Department issues. Dr. Pandurangi reported that there were 40-50 family members in attendance.

Ruth Jarvis reported that she had presented at an in-service training workshop at the Virginia Beach CSB. She provided information on parental involvement and found the session to be very interesting because participants openly discussed ideas with each other. She reported that in attendance, were parents of children with special needs who were in case management at that time at the Virginia Beach CSB. Ms. Jarvis mentioned the concerns addressing the enormous case management loads at the Tidewater area CSBs.

Catherine Hudgins reported that she attended a mental illness awareness month activity in her area. This was an on-going activity hosted by consumers and advocacy groups. She also visited the Brain Foundation, a non-profit group that was started to provide housing for consumers. Ms. Hudgins reported that group recently completed their third home purchase for 12 residents.

The meeting recessed for eight minutes at 1:30 p.m. and reconvened at 1:38 p.m.

Office of the Inspector

General

Presentation: John Pezzoli, Senior Inspector/Project Manager, summarized and highlighted findings from the Report of the Inspector General on Community Services Board Child and Adolescent Services.

Review of Board

Priorities: Ruth Anne Walker, Legislation Manager, directed the board's attention to a draft workplan and corresponding timeline updated with the board's priorities as revised during the August 18 planning retreat. Ms. Walker reviewed the board's statutory responsibilities established in the Code of Virginia §37.2-203 as it relates to the framework for planning. She requested the adoption of the draft minutes from the August 18, 2008 retreat planning session and the proposed workplan as an attachment to those minutes. Ms. Walker distributed copies of the updated report of pending action of board regulations from Wendy Brown reflecting action through October 2008.

Review of Board

Retreat Outcomes: Ms. Walker called the board member's attention to the draft FY09-10 Work Plan/Timeline developed from the outcomes and established priorities at the August retreat. The handout distributed to board members identified powers and duties, progress indicators, action needed and dates of future meetings with corresponding presentation on informational topic areas as well as prioritized issues from the Comprehensive State Plan. It was agreed by the board that review of the draft Comprehensive State Plan would move to November instead of September.

Jewel Crosby distributed copies of a draft letter to the Secretary of Health & Human Resources from the board requesting support to enter into interoperability partnership with other executive branch agencies. A second draft letter from the board invites executive branch agencies to attend State Board meetings and present information on major initiative related to their service system. The letters serve the purpose of the previously discussed draft interoperability policy.

Charline Davidson suggested modifying the letter to the Secretary of Health & Human Resources to include language that "the board requests support for the board's interest in entering into partnerships with other executive branch agencies". The Board agreed to retain the existing language in the letter to the Secretary of Health and Human Resources. In addition to the letter to the Secretary of Health & Human Resources, at the request made by Dan Karnes, a similar letter would be sent to other Secretariats such as Education and Public Safety requesting their support for the Board's interest in entering into partnerships with some of the boards in those secretariats.

Upon a motion made by Ruth Jarvis and seconded by Mary McQuown, the board unanimously approved the draft minutes of the August 18, 2008 board retreat and the FY09-10 Work Plan Timeline as presented. 7-Yes; 0-No.

**Other Business
& Adjournment:**

A motion to adjourn the meeting was made by Cheryl Ivey Green and seconded by Mary McQuown. The meeting adjourned at 3:05 p.m.

The next scheduled meeting of the State Board will take place on Tuesday, December 2, 2008 at the Goochland-Powhatan Community Services Board.

Respectfully submitted,

Daniel E. Karnes, Acting Chair/Vice Chair

**Jewel C. Crosby, State MHMRSAS
Board Secretary**