

# Agenda Board of Health Professions Regulatory Research Committee May 14, 2019 at 10:00 a.m. Board Room 4

Mr. Wells
Dr. Carter
Mr. Wells
Mr. Wells
Ms. Jackson
Mr. Wells
Mr. Wells





August 23, 2018 BHP Regulatory Research Committee

### Board of Health Professions Regulatory Research Committee Meeting

August 23, 2018

9:00 a.m. - Board Room 4 9960 Mayland Dr., Henrico, VA

23233

In Attendance

Martha S. Perry, MS, Citizen Member

James Wells, RPH, Citizen Member

Jacquelyn M. Tyler, RN, Citizen Member

**Absent** 

Vacant seat

Vacant seat

**DHP Staff** 

Elizabeth A. Carter, PhD, Executive Director BHP

Laura J. Jackson, MSHSA, Operations Manager BHP

Jaime Hoyle, Executive Director, Behavioral Sciences Boards

Diane Powers, Director of Communications DHP

**Observers** 

Carol Olson, VATA

Sarah Deaver, AATA

Spencer Powers, Hanover CSB, VATA

Terri Giller, VATA

Gioia Chitton, Potomac Art Therapy Assoc.

Gretchen Graves, VATA

Laura Tuomisto, Shenandoah Art Therapy, LLC

Monika Burkholder, Shenandoah Art Therapy, LLC

Darlene Green, Hospice of The Piedmont Art Therapy

Leila Saadeh, VATA

Marcia DuBois, VA Dept. for Aging & Rehabilitative Services (DARS)

**Emergency Egress** 

Dr. Carter

#### Call to Order

Chair

Mr. Wells

Time 9:01 a.m.

Quorum

Quorum established





#### **Public Comment**

There was no public.

#### **Approval of Minutes**

**Presenter** 

Mr. Wells

#### **Discussion**

The June 26, 2018 committee meeting minutes were approved with no revisions. All members in favor, none opposed.

#### **Art Therapist Study Review**

**Presenter** 

Ms. Jackson

#### Discussion

Ms. Jackson presented the final report on the Art Therapist study.

#### Review of Criteria for Evaluating the Need for Regulation - Art Therapists

**Presenter** 

Mr. Wells

#### **Criterion One: Risk for Harm to the Consumer**

The Committee deemed that the unregulated practice of the profession poses the potential for significant harm to the public especially in consideration of the vulnerability of the patients the profession serves.

#### **Criterion Two: Specialized Skills and Training**

The Committee determined that specialized skills and training exist to distinguish the profession. The profession now requires master's degree level education and training through accredited programs, such as those existing at Eastern Virginia Medical School and George Washington University in Virginia. The required coursework includes diagnosis as well as treatment aspects of care. Additionally, the profession has developed a national, psychometrically sound competency examination.

#### **Criterion Three: Autonomous Practice**

Art therapists practice autonomously as well as within teams.

#### **Criterion Four: Scope of Practice**

The Committee concluded that the profession's scope of practice is defined with sufficient specificity even though other behavioral health professions employ some of the same tools and modalities. Licensure statutes and regulations would serve to better assure the public of professional practice standards and a clearer understanding of what "art therapy" constitutes.





#### **Criterion Five: Economic Impact**

The Committee considered the economic impact to the public of licensure costs to be small. The increase in Virginia's supply of art therapist practitioners would likely result from removal of the current barrier to practice which *also* requires licensure as a Licensed Professional Counselor, Licensed Marriage and Family Therapist, or similar profession. Lack of standalone licensure has restricted the potential supply of these mental health professionals in Virginia. This situation has driven students and graduates of George Washington University and Eastern Virginia Medical School art therapy programs to look to other states where art therapist licensure without the additional burden of obtaining licensure as another profession exists.

#### **Criterion Six: Alternatives to Regulation**

The Committee determined that no alternatives to licensure were considered to be commensurate with the public's protection.

#### **Criterion Seven: Least Restrictive Regulation**

The Committee concluded that all criteria were met and, as such, licensure is the least restrictive level.

#### **Motion**

After Committee discussion and review of The Criteria, a motion was made by Ms. Rackets to adopt a separate license for Art Therapists to practice in Virginia. The motion was properly seconded by Ms. Tyler. All members were in favor, none opposed.

Mr. Wells will present the findings and recommendation of licensure to the Full Board at the scheduled 10:00 a.m. Full Board meeting.

#### **Policies and Procedures Update**

Presenter

Dr. Carter

#### Discussion

Dr. Carter reviewed the changes made to the Departments Policies and Procedures and advised that it will be taken to the Full Board at the December 4, 2018 meeting for approval.

#### **New Business**

Presenter

Mr. Wells

#### **Discussion**

There was no new business.







December 4, 2018 Next Committee Meeting				
Presenter	Mr. Wells			
Discussion				
Mr. Wells annour	nced the next committee meeting will be held Dece	mber 4, 2018.		
Adjourned				
Adjourned	9:51 a.m.			
Chair	James Wells, RPh			
Signature:		Date:	/	_/
Board Executive Director	e Elizabeth A. Carter, Ph.D.			
Signature:		Date:	/	_/





## STUDY WORK PLAN Need for Regulation of the Practice of Music Therapy in Virginia May 14, 2019

#### **Background, Authority & Scope**

Section 54.1-2510 of the *Code of Virginia* authorizes the Virginia Board of Health Professions to advise the Governor, the General Assembly, and the Department Director on matters related to the regulation and level of regulation of health care occupations and professions in the Commonwealth.

The Board is conducting this study into the need to regulate music therapists and the practice of music therapy in the Commonwealth pursuant to SB1547(2019). If regulation is deemed necessary, the Board will also recommend the appropriate level of regulation.

#### Methodology

The Board has adopted a formal evaluative criteria and methodology to guide all such reviews as set forth in its published *Policies and Procedures for the Evaluation of the Need to Regulate Health Occupations and Professions, 1998.* (Guidance Document 75-2 accessible at <a href="http://www.dhp.virginia.gov/bhp/guidelines/75-2.doc">http://www.dhp.virginia.gov/bhp/guidelines/75-2.doc</a>). Referred to hereinafter as "the Criteria," these policies and procedures provide a standard conceptual framework with proscribed questions and research methods that have been employed for over two decades to objectively inform key policy issues related to health professional regulation. This standard is in keeping with regulatory principles established in Virginia law and is accepted in the national community of regulators. The approach is designed to lead to consideration of the least governmental restrictions possible that is consistent with the public's protection.

#### The Criteria address:

- 1. Risk of Harm to the Consumer
- 2. Specialized Skills and Training
- 3. Autonomous Practice
- 4. Scope of Practice
- 5. Economic Impact
- 6. Alternatives to Regulation
- 7. Least Restrictive Regulation

The Regulatory Research Committee (Committee) will prepare the report for consideration by the Full Board. The Board's report with recommendations will be forwarded to the Department's Director for further review and comment prior to publication.

<sup>&</sup>lt;sup>1</sup> See Appendix

#### The following steps are recommended for this review:

- 1. Conduct a comprehensive review of the pertinent policy and professional literature.
- 2. Review and summarize available relevant empirical data as may be available from pertinent research studies, malpractice insurance carriers, and other sources.
- 3. Review relevant federal and state laws, regulations and governmental policies.
- 4. Review other states' relevant experiences with scope and practice.
- 5. Develop a report of research findings, to date, and solicit public comment on reports and other insights through public hearing and written comment period.
- 6. Publish second draft of the report with summary of public comments.
- 7. Develop final report with recommendations, including proposed legislative language as deemed appropriate by the Committee.
- 8. Present final report and recommendations to the Full Board for review and approval.
- 9. Board report to the Director and Secretary for review and comment.
- 10. Final report to the Chairmen of the Senate Committee on Education and Health and the House Committee on Health, Welfare and Institutions.
- 11. Publish final report.

#### **Timetable and Resources**

This study will be conducted with existing staff and within the budget for FY2019-20 and according to the following tentative timetable:

<u>Date</u>	Meeting
05/14/2019	<ul> <li>BHP Regulatory Research Committee Meeting</li> <li>Draft work plan review</li> <li>BHP Full Board Meeting</li> <li>Approval of work plan</li> </ul>
6/24/2019	<ul> <li>BHP Regulatory Research Committee Meeting</li> <li>Review 1<sup>st</sup> draft report</li> <li>Public Hearing and Written Comment Period (21 days)         <ul> <li>Closed July 15, 2019 at 5:00 p.m.</li> </ul> </li> </ul>
07/31/2019	<ul> <li>BHP Regulatory Research Committee Meeting</li> <li>Review 2<sup>nd</sup> draft report</li> </ul>
08/20/2019	<ul> <li>BHP Regulatory Research Committee Meeting</li> <li>Final review and recommendations</li> <li>BHP Full Board Meeting</li> <li>BHP Regulatory Research Committee report to Full Board for consideration</li> </ul>
09/16/2019	Full Board report to the Director for review and comment
11/01/2019	Final report due to the Chairmen of the Senate Committee on Education and Health and the House Committee on Health, Welfare and Institutions.
11/1/2019	Publish final report

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**SENATE BILL NO. 1547** 

2019 SESSION

AMENDMENT IN THE NATURE OF A SUBSTITUTE (Proposed by the Senate Committee on Education and Health on January 31, 2019)

(Patron Prior to Substitute—Senator Vogel)

A BILL to amend the Code of Virginia by adding in Article 4 of Chapter 29 of Title 54.1 a section numbered 54.1-2957.23, relating to music therapists.

Be it enacted by the General Assembly of Virginia:

1. That the Code of Virginia is amended by adding in Article 4 of Chapter 29 of Title 54.1 a section numbered 54.1-2957.23 as follows:

§ 54.1-2957.23. Music therapy; use of title; registration.

A. No person shall use or assume the title "music therapist" unless such person is registered with the Board.

B. The Board shall register as a music therapist any applicant who presents satisfactory evidence that he has passed the examination for board certification offered by the Certification Board for Music Therapists or any successor organization or is currently certified by the Certification Board for Music Therapists or any successor organization.

2. That the provisions of the first enactment of this act shall expire on July 1, 2020.

3. That the Board of Health Professions shall, pursuant to subdivision 2 of § 54.1-2510 of the Code of Virginia, evaluate whether music therapists and the practice of music therapy should be regulated and the degree of regulation to be imposed. The Board of Health Professions shall report the results of its evaluation to the Chairmen of the Senate Committee on Education and Health and the House Committee on Health, Welfare and Institutions by November 1, 2019.