Comprehensive Crisis Services

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Definitions

Refer to Appendix A and the Telehealth Supplement for definition of terms used in this Appendix. The following definitions are specific to comprehensive crisis and transition services.

"Behavioral health crisis" means at risk of onset or worsening of behavioral health symptoms (thoughts, behaviors, or emotions) in which an individual is at risk of hurting themselves or others and/or the symptoms prevent the individual from being able to care for themselves or function effectively in the community.

"Certified Preadmission Screening Clinician" means an employee of the local community services board or behavioral health authority, or its designee, who is skilled in the assessment and treatment of mental illness and has completed a certification program approved by DBHDS.

"Crisis call center" means the same as defined in § 37.2-311.1 of the Code of Virginia.

"DBHDS crisis data platform engagement" means utilization of Virginia's Crisis Data Platform for the reporting of outcomes and basic information pertaining to a behavioral health crisis.

"Psychiatric evaluation" means -an assessment, based on present problems and symptoms, of an individual's biological, mental, and social functioning, for the purposes of diagnosis and treatment including an assessment of the need for prescription medication and ongoing care.

"Telemedicine assisted assessment" means the in-person service delivery encounter by a QMHP-A, QMHP-C, CSAC with synchronous audio and visual support from a remote LMHP, LMHP-R, LMHP-RP or LMHP-S to: obtain information from the individual or collateral contacts, as appropriate, about the individual's mental health status; provide assessment and early intervention; and, develop an immediate plan to maintain safety in order to prevent the need for a higher level of care. The assessment includes documented recent history of the severity, intensity, and duration of symptoms and surrounding psychosocial stressors.

"Therapeutic group home (TGH)" means a congregate residential service providing 24hour supervision in a community-based home having eight or fewer residents. TGH providers must meet all requirements in DBHDS Regulations for Children's Residential Facilities (12VAC 35-46).

The following mean the same as they are defined in the Telehealth Services Supplement to this manual:

- Telehealth
- Telemedicine

Prescreening Assessments

All references to prescreening assessments throughout this Appendix refer to prescreening assessments conducted through emergency services pursuant to section §37.2-800 et. seq. and section §16.1-335 et seq. of the Code of Virginia

Diagnosis Requirements

These crisis and transition services are applicable to individuals who meet criteria for any diagnosis across the domains of mental health, substance-related and addictive disorder and neurocognitive or neurodevelopmental disorders within the most recently published version of the Diagnostic and Statistical Manual of Mental Disorder (DSM). Mobile Crisis Response is the exception, as it is available to any individual experiencing a *behavioral health crisis* who meets medical necessity criteria for that service.

Department of Behavioral Health and Developmental Services (DBHDS)

DBHDS licensed providers are required to follow DBHDS licensing requirements in addition to DMAS requirements outlined in this manual. Providers of these services should note updates to DBHDS regulations effective 7/17/2024. Information on this update is available here: https://townhall.virginia.gov/L/viewstage.cfm?stageid=10344 and also on the DBHDS Office of Licensing webpage: https://dbhds.virginia.gov/clinical-and-quality-management/office-of-licensing/

Assessment Requirements

- 1. Assessments must be completed by a LMHP, LMHP-R, LMHP-RP or LMHP-S.
- 2. The provider shall actively involve the individual and individual's authorized representative, if applicable, and shall consider the individual's needs, strengths, goals, preferences, and abilities within the individual's cultural context.
- 3. The provider shall make reasonable attempts to obtain previous assessments or history relevant to the crisis and shall use the individual's previous assessments or other relevant history within the course of treatment.
- 4. The provider shall complete a crisis assessment detailed enough to (i) determine whether the individual qualifies for admission and (ii) initiate a safety plan or crisis ISP for those individuals who are admitted to the service. At a minimum, the assessment shall include:
 - a. Diagnosis, including current and past substance use or dependence and risk for intoxication or substance withdrawal, and co-occurring mental illness or developmental disability;

b. Risk of harm;

- c. Cognitive functional status, including the individual's ability to protect from self-harm and provide for the individual's basic human needs;
- d. Precipitating issues, including recent stressors or events;
- e. Presenting needs, including the individual's stated needs, psychiatric needs, support needs, and the onset and duration of needs. The assessor shall record:
 - i. Any physical reaction to the presenting crisis. Examples include issues with sleep, appetite, or daily activities;
 - ii. The individual's housing arrangements and living situation if mentioned by the individual; and
 - iii. Any trauma, such as sexual abuse, physical abuse, or natural disaster, if appropriate, including if a trauma is related to the current crisis or mentioned by the individual
- f. Additional current medical issues and symptoms;
- g. Current medications, including recent changes to medications;
- h. Barriers that will impact the individual's ability to seek treatment or continue to participate in services, including the individual's mood, ability, and willingness to engage in treatment, and access to transportation;
- i. The individual's recovery environment and circle of support; and
- j. Communication modality and language preference

In addition to the above, providers of RCSU and community stabilization must also include, at a minimum, the following:

k. Relevant treatment history and health history, to include

- i. Past prescribed medications
- ii. Psychiatric hospitalizations
- iii. Other treatments
- iv. Allergies, including allergies to food and medications
- v. Recent physical complaints and medical conditions
- vi. Nutritional needs
- vii. Chronic conditions
- viii. Communicable diseases
- ix. Restrictions on physical activities
- x. Restrictive protocols or special supervision requirements
- xi. Preferred interventions in the event behaviors or symptoms become a danger to self or others
- xii. All known contraindications to the use of seclusion, time out, or any form of physical or mechanical restraint, including medical contraindications and a history of trauma
- xiii. Past serious illnesses, serious injuries, and hospitalizations

- xiv. Serious illnesses and chronic conditions of the individual's parents, siblings, and significant others in the same household
- xv. Other interventions and outcomes, including interventions and outcomes that were unsuccessful
- I. The individual's housing arrangements or living situation
- m. Trauma, such as sexual abuse, physical abuse, or natural disaster
- n. Current or previous involvement in systems, such as legal, adult protective services, or child protective services
- o. If applicable to the individual's crisis, the assessment shall also include:
 - i. The individual's social, behavioral, developmental, and family history and supports
 - ii. Employment, vocational, and educational background
 - iii. Cultural and heritage considerations
 - iv. Financial stressors

Safety Plans and Crisis Individualized Services Plans (Crisis ISP)

- 1. The development of the safety plan and crisis ISP is a collaborative process but must be, at a minimum, reviewed and signed off by a LMHP, LMHP-R, LMHP-RP or LMHP-S. All crisis providers are required to create and implement safety plans. RCSU and community stabilization providers are also required to create and implement crisis ISPs.
- 2. The safety plan and crisis ISP shall be developed based on the crisis assessment with the participation and informed choice of the individual receiving services and applicable authorized representatives.
- 3. The provider shall use signed and dated progress notes to document the provider's efforts toward the implementation of the goals and objectives contained within the safety plan or crisis ISP
- 4. In order to document agreement, both the safety plan and the crisis ISP shall be signed and dated at a minimum by the person responsible for implementing the safety plan or crisis ISP and the individual receiving services or the individual's authorized representative, if appropriate. Refer to DBHDS crisis services regulations (12VAC35-105-1860 12VAC35-105-1870) for additional information on ensuring and documenting the individual's participation and informed choice.

Additional Safety Plan Requirements

Providers shall implement a person-centered safety plan immediately after admission that shall continue in effect until discharge from the provider's service. The safety plan shall be based on the individual's immediate service, health, and safety needs identified in the crisis assessment and be an ongoing activity. Completion of a crisis education and prevention plan (CEPP) as defined in 12VAC35-105-20 meets this requirement.

The safety plan shall include, at a minimum:

- <u>1. Warning signs that a crisis may be developing, such as thoughts, images, mood, situation, and behavior, or stressors that may trigger the individual;</u>
- 2. Internal coping strategies and things the individual can do without contacting another person, such as relaxation techniques or physical activities;
- 3. People and social settings that the individual may turn to for distraction or support;
- 4. People the individual may ask for help;
- 5. Professionals or agencies the individual can contact during a crisis; and
- 6. Strategies the individual can use to make their environment safe.

The safety plan may also include:

- 1. A description of how to support the individual when pre-crisis or behaviors are observed;
- 2. Specific instructions for the systems supporting the individual during a pre-crisis behavior;
- 3. A description of how to support the individual when crisis behaviors are observed; and
- 4. Specific instructions for the systems supporting the individual during crisis.

In the event an individual receiving services requires medication management or seclusion (as allowed in the service per 12VAC35-115-110), the need shall be clearly documented in an attachment to the individual's safety plan.

Additional Crisis Individualized Service Plan (ISP) Requirements

Providers of RCSU and Community Stabilization shall implement a crisis ISP as soon as possible after admission but no later than 48 hours after admission and prior to discharge from the provider's crisis service. The crisis ISP shall be based on the individual's immediate service, health, and safety needs identified in the crisis assessment. The crisis ISP shall include:

- 1. Relevant and attainable goals, measurable objectives to inform treatment, and specific strategies for addressing each need documented within the individual's crisis assessment;
- 2. Services, supports, and frequency of services required to accomplish the goals, including relevant psychological, mental health, substance use, behavioral, medical, rehabilitation, training, and nursing needs and supports;
- 3. Any use of seclusion if allowed in the service per 12VAC35-115-110;
- 4. The role of the individual and others in implementing the crisis ISP;

- 5. Identification of employees or contractors responsible for the coordination and integration of services, including employees of other agencies;
- 6. A behavioral support or treatment plan, if applicable; and
- 7. Projected discharge plan and estimated length of stay within the service.

Mobile Crisis Response

Mobile Crisis R	Mobile Crisis Response Level of Care Guidelines	
Service	Mobile Crisis Response services are available 24 hours a day, seven	
Definition	days a week, to provide for rapid response, assessment and early	
	intervention to individuals experiencing a behavioral health crisis.	
Critical	Services are deployed in real-time to the location of the individual	
Features &	experiencing a behavioral health crisis. The purpose of this service	
Service	is to i) de-escalate the behavioral health crisis and prevent harm to	
Components	the individual or others; ii) assist in the prevention of an individual's	
	acute exacerbation of symptoms; iii) development of an immediate	
	plan to maintain safety; and iv) coordination of care and linking to	
	appropriate treatment services to meet the needs of the individual.	
	Mobile Crisis Response is designed to support individuals in the	
	following manner:	
	Provide rapid response to individuals experiencing a	
	behavioral health crisis	
	 Meet the individual in an environment where they are 	
	comfortable to facilitate service engagement, stabilization	
	and resolution of the crisis when possible;	
	 Services provided in community locations where the 	
	individual lives, works, participates in services or	
socializes. Locations include but are not limited to schools, homes, places of employment or		
	education, or community settings.	
	 Provide appropriate care/support/supervision in order to 	
	maintain safety for the individual and others, while	
	avoiding unnecessary law enforcement involvement,	
	emergency room utilization, and/or avoidable	
	hospitalization;	
	 Prevent further exacerbation of symptoms that would put 	
	the individual at risk of an out of home placement or	
	disruption in current living environment.	

 Refer and link to all medically necessary behavioral health services and supports, including access to appropriate services along the behavioral health continuum of care (including pre-admission screening in appropriate cases conducted by a DBHDS Certified Preadmission Screening Clinician); Coordinate with behavioral health providers providing services to the individual throughout the delivery of the service. Critical features of Mobile Crisis Response include: Recovery-oriented, trauma-informed, developmentally appropriate provision of services, integrating the Zero Suicide/Suicide Safer Care principles; An approach to the individual in crisis that is sensitive to their cultural identity and demonstrates humility and respect for their lived experiences and preferences in participating in care; Assessment and screening of behavioral health crisis needs, including screening for suicidal or homicidal risk; When necessary and in any location where the individual may be located, a DBHDS Certified Preadmission Screening Clinician may complete a Preadmission Screening within this service; Crisis Intervention: De-escalation and resolution of the crisis, including on-site interventions for immediate de-escalation of presenting emotional or behavioral symptoms and; Brief therapeutic and skill building interventions; and sSafety/crisis planning Care Coordination: Engaging peer/natural and family support;
 Engaging peer/natural and family support; Engagement with the DBHDS crisis data platform; Linkage and referral to ongoing services, supports and resources (examples: housing, peers, chaplaincy), as appropriate and least restrictive level of care; in
 Coordination and collaborate effectively and successfully-with law enforcement, emergency responders, and DBHDS Certified Preadmission Screening Clinicians. Covered service components of Mobile Crisis Response include: Assessment, including telemedicine assisted assessment

	- Origin Intervention
	Crisis Intervention
	Health Literacy Counseling
	Individual and Family Therapy
	Peer Recovery Support Services
	Pre-admission screening
	Treatment Planning
Required Activities	In addition to the "Requirements for All Services" section of Chapter IV, the following required activities apply to Mobile Crisis Response:
	• DBHDS Crisis Data Platform Engagement: The provider must engage with the DBHDS crisis data platform as required by DBHDS.
	Assessment:
	•——At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S must conduct an assessment to determine the individual's appropriateness for the service. This assessment must be done in- person, through telemedicine or through a telemedicine assisted assessment. <u>See the Assessment Requirements section for details.</u> At a minimum, the assessment must include the following elements:
	risk of harm; functional status; medical, addictive and psychiatric co- morbidity; recovery environment; treatment and recovery history; and, the individual's ability and willingness to engage. The assessment requirement can also be met by one of the following:
	A Comprehensive Needs Assessment (see Chapter IV for requirements)
	requirements).
	 Preadmission screening: If a prescreening assessment has been completed within 72 hours prior to admission, the LMHP, LMHP-R, LMHP-RP or LMHP-S may review and create an update or addendum to the prescreening assessment
	• A DBHDS approved assessment for Mobile Crisis Response if conducted by a LMHP, LMHP-R, LMHP-RP, or LMHP-S.
	 Providers may use an existing DBHDS approved assessment for individuals transitioning from another crisis service or Community Stabilization. At a minimum, an LMHP, LMHP-R, LMHP-RP or LMHP-S must review and update the DBHDS approved assessment.
	• <u>At a minimum, forFor</u> consecutive registration requests, an LMHP, LMHP-R, LMHP-RP, or LMHP-S must <u>, at a minimum,</u> -review

and update the assessment to include evidence and clinical
justification for the additional units requested.
Care Coordination:
 Providers must follow all requirements for care coordination
(See Care Coordination Requirements of Mental Health
Providers section of Chapter IV).
Active transitioning from Mobile Crisis Response to an appropriate level of ears shall be required; which includes
appropriate level of care shall be required; which includes care coordination and communication with the individual's
MCO or FFS service authorization contractor, service
providers and other collateral contacts.
Crisis Intervention: A safety plan is required. See the Safety Plan
and Crisis ISP section for additional information.
Additional Service Requirements:
Development of a plan to maintain address in order to provent
 Development of a plan to maintain safety in order to prevent
the need for a higher level of care; or
Completion of a Crisis Education and Prevention Plan (CEPP)
meeting DBHDS requirements. The CEPP process should be
collaborative but must be directed and authorized by a LMHP,
LMHP-R, LMHP-RP or LMHP-S. The CEPP meets the safety
plan requirement; or
If there is an existing Crisis Education and Prevention Plan
(CEPP), the provider may review the existing CEPP and
update as necessary with the individual. The CEPP meets the
safety plan requirement.
 Services must be provided in-person with the exception of the
assessment and care coordination activities.
•
Telehealth is permissible for prescreening activities pursuant to
section §37.2-800 et. seq. and section §16.1-335 et seq. of the
Code of Virginia that and are billed using modifiers HK and 32.
 Services must be available to the individual 24 hours per day,
seven days per week, in their home, workplace, or other setting
that is convenient and appropriate for the individual.
• • · · · · · · · · · · · · · · · · · ·
 Service delivery must be individualized.

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	Service requirements in this section do not apply to CSBs providing only emergency services pursuant to section §37.2-800 et. seq. and section §16.1-335 et seq. of the Code of Virginia. Telehealth is also permissible for these emergency services billed using modifiers HK and 32 • Response Medical Necessity Criteria
Admission Criteria	This service is available to any individual meeting the below criteria, regardless of diagnosis.
Diagnosis, Symptoms, and Functional Impairment	 Individuals must meet all of the following criteria: The individual must be experiencing an active behavioral health crisis; and Urgent intervention is necessary to stabilize or prevent escalation of the individual's behavioral health crisis; and The individual or collateral contact reports at least one of the following: a. suicidal/assaultive/destructive ideas, threats, plans or actions; or an acute or increasing loss of control over thoughts, behavior and/or affect that could result in harm to self or others; or functional impairment or escalation in mood/thought/behavior that is disruptive to home, school, or the community or impacting the individual's ability to function in these settings; or the symptoms are escalating to the extent that a higher level of care will likely be required without intervention; and Without urgent intervention, the individual will likely decompensate which will further interfere with their ability to function in at least one of the following life domains: family, living situation, school, social, work, or community.
Continued Stay Criteria	Not available for this level of care. If additional units are needed, providers should submit a new registration form with the Managed Care Organization (MCO) or Fee-For-Service (FFS) Contractor and
Diagnosis, Symptoms, and Functional Impairment	anyconduct necessary call center engagement in accordance with DBHDS guidelines and submit a new registration form with the managed care organization (MCO) or fee-for-service (FFS) service authorization contractor. Individuals must meet admission criteria.
Discharge Criteria	The individual shall be discharged when the individual no longer meets admission criteria and/or an appropriate aftercare treatment plan has been established and the individual has been linked or

	transferred to appropriate community, residential or in-patient behavioral health services.	
Exclusions and Service Limitations	In addition to the "Non-Reimbursable Activities for all Mental Health Services" section in Chapter IV, the following service limitations apply:	
	 Mobile Crisis Response may only be provided to individuals receiving inpatient hospital services for the explicit purpose of pre-admission screening by a DBHDS Certified Preadmission Screening Clinician. Services may not be provided in groups where one staff person or a team of staff provides services to two or more individuals at the same time. 	
Mobile Crisis R	Response Provider Participation Requirements	
Provider Qualifications	Mobile Crisis Response providers must be licensed by DBHDS as a provider of Outpatient <u>Service/Crisis Stabilization services(07-006)</u> or DD Outpatient Service/Crisis Stabilization – REACH (07-007) and be enrolled as a provider with DMAS (see Chapter II).	
	Mobile Crisis Response providers must follow all general Medicaid provider requirements specified in Chapter II of this manual and complete DBHDS training for this service as required by DBHDS.	
	Mobile Crisis Response providers must have an active, DBHDS approved-Memorandum of Understanding (MOU) or contract with the regional crisis hubs-via DBHDS by July 31, 2022. This MOU or contract must be kept up to date with the DMAS Online Provider Enrollment System. This requirement does not apply to CSBs that act as the regional hub or CSBs providing only emergency services pursuant to section §37.2-800 et. seq. and section §16.1-335 et seq. of the Code of Virginia.	
Staff	Mobile Crisis Response providers must meet at least one of the	
Requirements	below team staffing composition requirements (#1-5). (See Mobile Crisis Response Billing Requirements below)	
	# Team Composition (s)	
	1 1 Licensed ^x	
	2 1 QMHP-A/QMHP-C/CSAC ^x <u>and</u> 1 PRS or 1 QMHP-A/QMHP-C/CSAC ^x <u>and</u> 1 CSAC-A	
	3 1 Licensed ^x and 1 PRS or 1 Licensed ^x and 1 CSAC-A	

4	2 QMHPs (team may consist of the following combinations: 2 QMHP-As; 1 QMHP-A and 1 QMHP-C; 1 QMHP-A and 1
	QMHP-TE; 2 QMHP-Cs; or, 1 QMHP-C and 1 QMHP-TE) or
	2 CSACs ^x or
	1 QMHP-A/QMHP-C <u>and</u> 1 CSAC ^x
	Team compositions cannot consist of 2 QMHP-EsTs)
5	1 Licensed [×] <u>and</u> 1 QMHP(QMHP-A, QMHP-C or QMHP- <u></u> [])
	or 1 Licensed ^x and 1 CSAC ^x
× Inc	cludes those in their regulatory board approved
	dency/supervisee/trainee status in accordance with DHP
	ulations. Licensed also includes Certified Preadmission
	eening Clinicians who are not a LMHP, LMHP-R, LMHP-RP or HP-S directly supervised by a LMHP.
	Assessments must be conducted by a LMHP, LMHP-S, LMHP-R, _MHP-RP.
•	Pre-admission screenings must be provided by a DBHDS
	Certified Preadmission Screening Clinician. If the DBHDS
	Certified Preadmission Screening Clinician is not a LMHP,
	_MHP-R, LMHP-RP or LMHP-S, the prescreening must be
	directly supervised and signed off by an LMHP.
	Care Coordination must be provided by an LMHP, LMHP-R,
	_MHP-RP, LMHP-S; QMHP-A, QMHP-C, QMHP <mark>-⊑T</mark> , CSAC*,
	CSAC-Supervisee*, or CSAC-A*.
	Crisis Intervention must be provided by a LMHP, LMHP-R,
	_MHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP- <mark>⊑⊺</mark> , CSAC*,
	CSAC Supervisee* or CSAC-A*.
•	Health Literacy Counseling must be provided by a LMHP, LMHP-
	R, LMHP-RP, LMHP-S, CSAC* or CSAC-Supervisee*.
	ndividual and Family Therapy must be provided by an LMHP,
	_MHP-R, LMHP-RP, LMHP-S.
	Peer Recovery Support Services must be provided by a
	Registered Peer Recovery Specialist.
	Treatment Planning must be provided by an LMHP, LMHP-R,
	MHP-RP, LMHP-S; QMHP-A, QMHP-C, QMHP- <mark>⊑</mark> , CSAC*,
(CSAC-Supervisee*.

	*CSACs, CSAC Supervisees and CSAC-As may only provide services
	related to substance use disorder treatment per § 54.1-3507.1 and § 54.1-3507.2
	Supervisors of Registered Peer Recovery Specialists must complete the DBHDS Peer Recovery Specialist Supervisor Training available through the DBHDS Office of Recovery Services.
	All Mobile Crisis Response staff must be in possession of a working communication device in order to provide care coordination, engage natural/family supports and link the individual to needed follow-up services.
	esponse Service Authorization and Utilization Review
Service Authorization	Providers must submit a registration to the individual's MCO or FFS <u>service authorization</u> contractor within one business day of admission. The registration form must be submitted with the required DBHDS crisis data platform reference number. The provider is responsible for ensuring that the correct service-specific provider NPI and individual's Medicaid number is entered into the DBHDS crisis data platform. The registration permits eight hours (32 units) in a 72 hour period. Units billed must reflect the treatment needs of the individual and be based on individual meeting medical necessity criteria. The 72 hours must be consecutive hours during the registration period but may occur over four calendar days. Services shall not be provided beyond the 72 consecutive hours from the time of admission indicated on the service authorization form. If additional time is needed, including time on the last day of the registration that exceeds the 72 consecutive hours from the time of admission, providers must submit a new registration form.
	Registrations for CSB Emergency Services only must identify "prescreening only" as the service type.
	If additional units are needed, providers must submit a new registration form with the MCO/FFS <u>service authorization</u> contractor and engage in required DBHDS <u>crisis</u> call center and crisis data platform engagement in accordance with DBHDS guidelines. Individuals must meet admission criteria. Registrations may have overlapping dates with a previous registration based on medical necessity. At a minimum, for consecutive registration requests, an LMHP, LMHP-R, LMHP-RP, or LMHP-S must review and update the

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	assessment to include evidence and clinical justification for the additional units requested.
	Concurrent registrations/billing with two separate Mobile Crisis Response teams are allowable only if a prescreening evaluation is needed to allow prescreening activities to be completed and billed.
	Additional information on service authorization is located in Appendix C of the manual. Service authorization forms and information on Medicaid MCOs processes is located at <u>www.dmas.virginia.gov/for- providers/behavioral-health/training-and-resources/. Information on</u> <u>the FFS service authorization contractor's processes is located at</u> <u>Acentra Health/DMAS Reference Info MES (virginia.gov).</u>
Documentation and Utilization Review	Refer to Chapters IV and VI of this manual for documentation and utilization review requirements that apply to all providers of Mental Health Services.
	The individual's clinical record must reflect either resolution of the crisis which marks the end of the current episode or the discharge plan to an appropriate service to manage the ongoing symptoms associated with the crisis.
Mobile Crisis R	Response Billing Requirements
2. To bill for a t members mu minimum, bo rule is when participating Documentat	service equals 15 minutes. Team Medicaid rate for team compositions #2 - #5, both team ust be present for the duration of the unit billed as evidenced by, at a oth team member signatures on progress notes. The exception to this a team member separates from their teammate and the individual in the service in order to conduct care coordination activities. ion must still indicate that both team members were providing a vice for units billed.
3. Unlicensed s compositions reimburseme	staff working physically alone without their teammate in team s #2-5 do not meet the staff qualifications required to receive Medicaid ent. The exception to this rule is when a team member separates from ate and the individual participating in service in order to conduct care
4. DBHDS Cert conducting a	tified Preadmission Screening Clinician billing for the purpose of a prescreening must be a LMHP, LMHP-R, LMHP-RP or LMHP-S or
5. Mobile Crisis service com	ervised and the prescreening approved and signed by an LMHP. Is Response teams must be engaged and actively delivering one of the ponents with the eligible individual, family member or collateral contact me billed in order to qualify for reimbursement.
v	· ·

- 6. Teams that consist of two LMHPs, LMHP-Rs, LMHP-RPs or LMHP-Ss (any combination) may bill using the HT modifier. LMHPs are not required to be registered with DHP as a QMHP to bill using this modifier.
- 7. Teams #2 and #4 must bill the rate for team # 1, #3 or #5 for the timeframe the assessment was completed by the LMHP.
- 8. Certified prescreeners-, who are not a LMHP, LMHP-R, LMHP-RP or LMHP-S but are directly supervised by a LMHP, may bill team composition 1 for code mandated activities. Team 5 can be billed when the certified prescreener and the supervising LMHP are both present.
- 9. Providers conducting an assessment through telemedicine or a telemedicine assisted assessment must follow the requirements for the provision of telemedicine described in the "Telehealth Services Supplement" including the use of the GT modifier for units billed for assessments completed through telemedicine or a telemedicine assisted assessment. Mobile Crisis Response services are not eligible for originating site fee reimbursement. MCO contracted providers should consult with the contracted MCOs for their specific policies and requirements for telehealth.

Procedure Code	Unit	Description	Notes	Provider
		-		Qualifications
H2011 and modifier (s) as	Per 15	Mobile		Service components
appropriate	minutes	Crisis		must be provided by a
		Response		qualified provider (see
				Provider qualification
				and staff requirements
				section)

Team Composition(s) #	Modifier	Modifier Meaning
1	HO	1 Licensed ^x
2	HT, HM	1 QMHP-A/QMHP-C/CSAC ^x and 1 PRS or 1 QMHP-A/QMHP-C/CSAC ^x and 1 CSAC-A
3	HT, HO	1 Licensed ^x <u>and</u> 1 PRS or 1 Licensed ^x <u>and</u> 1 CSAC-A or
4	HT, HN	2 QMHPs (QMHP-A, QMHP-C, QMHP-ET) – cannot consist of 2 QMHP-Es-Ts_or 2 CSACs ^x or 1 QMHP-A/QMHP-C <u>and</u> 1 CSAC ^x
5	HT	1 Licensed ^x and 1 QMHP(QMHP-A, QMHP-C or QMHP-ET) or 1 Licensed ^x and 1 CSAC ^x or 2 Licensed ^x

Modifiers can be used as an	32	Prescreening under an Emergency Custody Order (ECO)
addition to Team		1 Certified Preadmission Screening Clinician (LMHP,
1, 3, or 5.		LMHP-R, LMHP-RP, LMHP-S or DBHDS Certified
		Preadmission Screening Clinician directly supervised by
		an LMHP)
	HK	Prescreening not under an ECO
		1 Certified Preadmission Screening Clinician (LMHP,
		LMHP-R, LMHP-RP, LMHP-S or DBHDS Certified
		Preadmission Screening Clinician directly supervised by
		an LMHP).
X Included these in	ماريده مأسر مرغطه	stary board approved residency/supervises status in

[×] Includes those in their regulatory board approved residency/supervisee status in accordance with DHP regulations. Licensed also includes Certified Preadmission Screening Clinicians who are not a LMHP, LMHP-R, LMHP-RP or LMHP-S directly supervised by a LMHP.

23-Hour Crisis Stabilization

	Stabilization Level of Care Guidelines
Service	23-Hour Crisis Stabilization provides provides ongoing short-term
Definition	assessment, observation and crisis intervention services for
	individuals experiencing a behavioral health crisis who require a safe
	environment for initial assessment and intervention. and clinical
Critical	determination for level of care to individuals experiencing a
Features &	behavioral health crisis. Services are provided for a period of up to
Service	23 hours in a community and center-based crisis stabilization setting
Components	including outpatient hospital settings that have an Outpatient Crisis
	Stabilization license. This service must be accessible 24/7 and is
	indicated for those situations wherein an individual is experiencing a
	behavioral health crisis and requires a safe environment for
	observation and assessment prior to determination of the next level
	of care. Although not required, 23-Hour Crisis Stabilization services
	are provided for a period of up to 23 hours and typically may co-
	locate with RCSUs as part of a continuum of crisis care.
	23-Hour Crisis Stabilization is appropriate for individuals who have
	urgent behavioral health needs including but not limited to significant
	emotional dysregulation, disordered thought processes, substance
	use and intoxication resulting in behavioral crisis and
	environmentally de-stabilizing events that require multi-disciplinary
	crisis intervention and observation to stabilize the immediate crisis
	and determine the next appropriate step in the plan of care.

The goals of this service include but are not limited to: • Opportunity for thorough assessment of crisis and psychosocial needs and supports throughout the full 23 hours of service to determine the best resources available for the individual to prevent unnecessary hospitalization. • Assessment: • Psychiatric evaluation • Further diagnostic testing (drug screens, lab tests and monitoring for emergent medical needs), • Level of care determination • Care Coordination: • Screening and referral for appropriate behavioral health services and community resources. • Crisis Intervention: • Improvement of acute symptoms, • Resolution of acute intoxication, • Safety planning • Health Literacy Counseling: • Provision of medication (if clinically indicated) and monitoring of response • Targeted education concerning diagnosis and treatments • • Care Coordination • Crisis Intervention • Health Literacy Counseling • Individual and Family Therapy • Covered Service Components of 23-Hour Crisis Stabilization include: • Assessment • Care Coordination • Individual and Family Therapy • Individual and Family Therapy • Peer Recovery Support Services • Skills Restoration • Treatment Planning In addition to the "Requirements for All Services" section of Chapter IV, the following required activities apply to 23-Hou		
Treatments Covered Service Components of 23-Hour Crisis Stabilization include: Assessment Care Coordination Crisis Intervention Health Literacy Counseling Individual and Family Therapy Peer Recovery Support Services Skills Restoration Treatment Planning In addition to the "Requirements for All Services" section of Chapter IV, the following required activities apply to 23-Hour Crisis Stabilization: Assessment: At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S must conduct an assessment for determining medical necessity criteria and the individual's appropriateness for the service. See the Assessment Requirements section for details. The assessment requirement can be met by one		 Opportunity for thorough assessment of crisis and psychosocial needs and supports throughout the full 23 hours of service to determine the best resources available for the individual to prevent unnecessary hospitalization. Assessment: Psychiatric evaluation Further diagnostic testing (drug screens, lab tests and monitoring for emergent medical needs), Level of care determination Care Coordination: Screening and referral for appropriate behavioral health services and community resources. Crisis Intervention: Improvement of acute symptoms, Resolution of acute intoxication, Safety planning Health Literacy Counseling: Provision of medication (if clinically indicated) and monitoring of response
Covered Service Components of 23-Hour Crisis Stabilization include: Assessment Care Coordination Crisis Intervention Health Literacy Counseling Individual and Family Therapy Peer Recovery Support Services Skills Restoration Treatment Planning Required Activities In addition to the "Requirements for All Services" section of Chapter IV, the following required activities apply to 23-Hour Crisis Stabilization: Assessment: At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S must conduct an assessment for determining medical necessity criteria and the individual's appropriateness for the service. See the Assessment Requirements section for details. The assessment requirement can be met by one		 Targeted education concerning diagnosis and
 Assessment Care Coordination Crisis Intervention Health Literacy Counseling Individual and Family Therapy Peer Recovery Support Services Skills Restoration Treatment Planning Required Activities In addition to the "Requirements for All Services" section of Chapter IV, the following required activities apply to 23-Hour Crisis Stabilization: Assessment: At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S must conduct an assessment for determining medical necessity criteria and the individual's appropriateness for the service. See the Assessment Requirements section for details. The assessment requirement can be met by one		÷
 Care Coordination Crisis Intervention Health Literacy Counseling Individual and Family Therapy Peer Recovery Support Services Skills Restoration Treatment Planning Required Activities In addition to the "Requirements for All Services" section of Chapter IV, the following required activities apply to 23-Hour Crisis Stabilization: Assessment: At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S must conduct an assessment for determining medical necessity criteria and the individual's appropriateness for the service. See the Assessment Requirements section for details. The assessment requirement can be met by one		
 Crisis Intervention Health Literacy Counseling Individual and Family Therapy Peer Recovery Support Services Skills Restoration Treatment Planning Required Activities In addition to the "Requirements for All Services" section of Chapter IV, the following required activities apply to 23-Hour Crisis Stabilization: Assessment: At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S must conduct an assessment for determining medical necessity criteria and the individual's appropriateness for the service. See the Assessment Requirements section for details. The assessment requirement can be met by one 		
 Health Literacy Counseling Individual and Family Therapy Peer Recovery Support Services Skills Restoration 		
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 Peer Recovery Support Services Skills Restoration Treatment Planning Required Activities In addition to the "Requirements for All Services" section of Chapter IV, the following required activities apply to 23-Hour Crisis Stabilization: Assessment: At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S must conduct an assessment for determining medical necessity criteria and the individual's appropriateness for the service. See the Assessment Requirements section for details. The assessment requirement can be met by one 		
 Skills Restoration Treatment Planning Required Activities In addition to the "Requirements for All Services" section of Chapter IV, the following required activities apply to 23-Hour Crisis Stabilization: Assessment: At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S must conduct an assessment for determining medical necessity criteria and the individual's appropriateness for the service. See the Assessment Requirements section for details. The assessment requirement can be met by one 		
 Treatment Planning Required Activities In addition to the "Requirements for All Services" section of Chapter IV, the following required activities apply to 23-Hour Crisis Stabilization: Assessment: At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S must conduct an assessment for determining medical necessity criteria and the individual's appropriateness for the service. See the Assessment Requirements section for details. The assessment requirement can be met by one 		
Required In addition to the "Requirements for All Services" section of Chapter Activities IV, the following required activities apply to 23-Hour Crisis Stabilization: Assessment: •—At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S must conduct an assessment for determining medical necessity criteria and the individual's appropriateness for the service. See the Assessment Requirements section for details. The assessment requirement can be met by one		
Activities IV, the following required activities apply to 23-Hour Crisis Stabilization: Assessment: At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S must conduct an assessment for determining medical necessity criteria and the individual's appropriateness for the service. See the Assessment Requirements section for details. The assessment requirement can be met by one	Required	
Stabilization: Assessment: •—At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S must conduct an assessment for determining medical necessity criteria and the individual's appropriateness for the service. <u>See the Assessment Requirements section</u> <u>for details.</u> The assessment requirement can be met by one		
 At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S must conduct an assessment for determining medical necessity criteria and the individual's appropriateness for the service. <u>See the Assessment Requirements section</u> <u>for details.</u> The assessment requirement can be met by one 		Stabilization:
 At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S must conduct an assessment for determining medical necessity criteria and the individual's appropriateness for the service. <u>See the Assessment Requirements section</u> <u>for details.</u> The assessment requirement can be met by one 		
LMHP-S must conduct an assessment for determining medical necessity criteria and the individual's appropriateness for the service. <u>See the Assessment Requirements section</u> for details. <u>The assessment requirement can be met by one</u>		
medical necessity criteria and the individual's appropriateness for the service. See the Assessment Requirements section for details. The assessment requirement can be met by one		
for the service. See the Assessment Requirements section for details. The assessment requirement can be met by one		0
for details. The assessment requirement can be met by one		
or the following.		of the following:

•
 A Comprehensive Needs Assessment (see Chapter IV)
for requirements).
\circ A prescreening assessment completed by the provider.
 If a prescreening assessment has been completed
within 72 hours prior to admission by another
provider, the LMHP, LMHP-R, LMHP-RP or LMHP-
S may review and create an update or addendum to
the prescreening assessment.
 A DBHDS approved assessment for 23-Hour Crisis
Stabilization services can be used to meet this
requirement if conducted by a LMHP, LMHP-R, LMHP-
RP, or LMHP-S. Providers may use an existing
DBHDS approved assessment for individuals
transitioning from another crisis service or Community
Stabilization. At a minimum, an LMHP, LMHP-R,
LMHP-RP or LMHP-S must review and update the
DBHDS approved assessment.
 For individuals admitted with a primary diagnosis of
substance use disorder, providers may choose to
complete a multidimensional assessment meeting the
criteria in Chapter IV of the Addiction and Recovery
and Treatment Services Manual.
A psychiatric evaluation must be completed at admission by a
psychiatrist, nurse practitioner or physician assistant or nurse
practitioner working under the psychiatrist.
 The 23-Hour Crisis Stabilization provider may use a
psychiatric evaluation completed within 24 hours prior
to admission by a psychiatrist or nurse practitioner to
meet this requirement. Documentation that the 23-Hour
Crisis Stabilization psychiatrist, nurse practitioner or
physician assistant has reviewed and updated (as
clinically necessary) the evaluation at admission must
be in the clinical record.
 ↔
<u>Nursing:</u> 23-Hour Crisis Stabilization providers must have 24
hour in-person nursing. At a minimum, a <u>A</u> nursing assessment
meeting the requirements of 12VAC35-105-1890 must be completed
at the time of admission-to determine current medical needs.
Nursing can be shared among co-located programs.
Care Coordination:
 Providers must follow all requirements for care coordination
(See Care Coordination Requirements of Mental Health
Providers section of Chapter IV).

 Coordination of withdrawal management services with a medical provider is required as necessary including medication and clinical supports. Appropriate transition to the next level of care shall be required. Documentation must include a demonstration of active transitioning from 23-hour crisis stabilization to an appropriate level of care which includes care coordination and communication-with the individual's MCOor FFS service authorization Contractor, service providers and other collateral contacts. The provider shall establish and maintain referral relationships with step-down programs appropriate to the population served; The provider shall collaborate with the individual's primary care physician and other treatment providers such as psychiatrists psychologists, and substance use disorder.
psychiatrists, psychologists, and substance use disorder
providers.
•
Crisis Intervention: A safety plan is required. See the Safety Plan
and Crisis ISP section for additional information.
 Development of a plan to maintain safety in order to prevent
the need for a higher level of care; or
 Completion of a Crisis Education and Prevention Plan (CEPP)
meeting DBHDS requirements. The CEPP process should be
collaborative but must be directed and authorized by a LMHP,
LMHP-R, LMHP-RP or LMHP-S. The CEPP meets the safety
plan requirement; or
 If there is an existing Crisis Education and Prevention Plan
(CEPP), the provider may review the CEPP and update as
necessary with the individual. The CEPP meets the safety
plan requirement.
Plantoquionona
The following components must be available to individuals in
the treatment program and provided in accordance with the
individual's assessed needs:
 Individualized treatment planning;
 Individual and family therapy
 Nursing on-site 24/7;
 Skills restoration and health literacy counseling;
 Assessment and evaluation as well as additional clinically
indicated psychiatric and medical consultation services;
 Medical, psychological, psychiatric, laboratory, and toxicology
services available on-site or by consult or referral;

	 Crisis intervention and safety planning support available 24/7; Peer recovery support services, offered as an optional supplement for individuals; Care coordination through referrals to higher and lower levels of each as well as community and eacid supports to include
	of care, as well as community and social supports, to_ include the following: The provider shall collaborate in the transfer, referral,
	and/or discharge planning process to ensure continuity of care_ ;
	 The provider shall establish and maintain referral
	relationships with step-down programs appropriate to the population served;
	The provider shall collaborate with the individual's
	primary care physician and other treatment providers such as psychiatrists, psychologists, and substance use disorder providers.
	•
	Additional service requirements:
	 At a minimum, required components of 23-Hour Crisis Stabilization include: assessment (psychiatric, nursing and LMHP), crisis intervention, and care coordination. Providers must have the capacity to provide any of the above components for up to 23 hours based on the individual's needs.
	• Services must be provided in-person with the exception of the psychiatric evaluation and care coordination.
	 Service delivery must be individualized. Group delivery of service components is not appropriate for this service.
	Services must be accessible 24 hours a day, 7 days a week.
23-Hour Crisis	Stabilization Medical Necessity Criteria
Admission	All of the following criteria must be met (1-5)*:
Criteria	 The individual must be experiencing an active behavioral health crisis; and
	2. Documentation indicates evidence that the individual currently
Diagnosis,	meets criteria for a primary diagnosis consistent with the most
Symptoms,	recent version of the International Statistical Classification of Diseases and Related Health Problems (ICD) diagnosis that correlates with the Diagnostic and Statistical Manual; and

and Functional	The individual or collateral contact reports at least one of the following:
impairment	 a. suicidal/assaultive/destructive ideas, threats, plans or actions; or
	 b. an acute or increasing loss of control over thoughts, behavior and/or affect that could result in harm to self or
	others; or
	 c. functional impairment or escalation in mood/thought/behavior that is disruptive to home, school, or the community or impacting the individual's ability to function in these settings; or
	 d. the symptoms are escalating to the extent that a higher level of care will likely be required without intervention; or
	 Acute stress reaction that threatens to lead to significant emotional and/or behavioral deterioration without rapid
	intervention, evaluation, and treatment and 4. There is evidence of at least one of the following:
	a. Indication that the symptoms will adequately resolve or stabilize within a 23 hour period at which time a less
	restrictive level of care will be appropriate or
	 The presenting clinical problem requires a safe, contained environment wherein observation and assessment can be
	conducted to determine next steps in the individual's care and
	5. Without urgent intervention, the individual will likely
	decompensate which will further interfere with their ability to
	function in at least one of the following life domains: family, living situation, school, social, work, or community.
	*The medical necessity for individuals admitted under a
	Temporary Detention Order (TDO) issued pursuant to
	section §37.2-800 et. seq. and §16.1-335 et seq. of the Code of
	Virginia is established and DMAS or its contractor cannot limit or deny services specified in a TDO (see the Temporary Detention
	Order Supplement to the Psychiatric Services Manual for
	additional details).
Continued Stay Criteria	There is no continued stay for this service, the service is a total maximum of 23 hours per episode.
Diagnosis, Symptoms, and Functional	
Impairment	

Discharge Criteria	 Regardless of the individual's clinical status, the service requires that individuals be discharged within 23 hours. The point at which that discharge occurs within that time frame may depend on: Whether the individual no longer meets admission criteria or meets criteria for a less or more intensive level of care;
	 Determination and availability of the service or natural supports to which the individual is to be discharged into the care of.
Exclusion	In addition to the "Non-Reimbursable Activities for all Mental Health
Criteria and	Services" section in Chapter IV, the following exclusion criteria and
Service	service limitations apply:
Limitations	 The individual is not appropriate for this service if there is a presence of any condition of sufficient severity to require acute psychiatric inpatient, medical, or surgical care. Temporary housing shall not be conditioned upon an individual receiving any crisis service and housing (including temporary housing) is not a reimbursable component of this service. If an individual meets admission criteria for this service and housing is an assessed need, this should be noted as a need on the registration to support coordination of resources for the individual. While loss or lack of housing may contribute to a behavioral health crisis, the solution to the housing need must be addressed through non-Medicaid funding or services related to housing. 23-hour Crisis Stabilization should address the behavioral health crisis triggered by the stressor of a housing problem using interventions and a plan directed explicitly at the behavioral health needs and symptoms. Providers are prohibited from using Medicaid reimbursement to cover housing costs for an individual and any funds used for this purpose will be
	retracted.
	 Services may not be provided in facilities that meet the definition of an Institutions of Mental Disease (IMDs) as defined in 42 CFR 435.1010
23-Hour Crisis	Stabilization Provider Participation Requirements
Provider	23-Hour Crisis Stabilization service providers must be appropriately
Qualifications	licensed by DBHDS as an Outpatient Crisis Stabilization providera MH Center-Based Crisis Receiving Center for adults (02-040) or Children and Adolescents (02-041) and enrolled with DMAS (see Chapter II).
	This service must be provided in a licensed location that meet DBHDS <u>crisis services</u> physical site requirements within the Licensing Regulations. The licensed location must be identified on

	the provider's DBHDS license. Services may not be provided in
	other locations outside of a DBHDS licensed site.
	23-Hour Crisis Stabilization providers must follow all general Medicaid provider requirements specified in Chapter II of this manual.
	If the provider provides services to an individual under a Temporary Detention Order, the provider must have a stipulation on their DBHDS license authoring the provider to serve individuals who are under a Temporary Detention Order in accordance with 12VAC35- 105-580.
Staff Requirements	These programs must be supervised by a LMHP who is acting within the scope of their professional license and applicable State law.
	A licensed psychiatrist or nurse practitioner (who is acting within the scope of their professional license and applicable State law) must be available to the program 24/7 either inperson or via telemedicine to provide assessment, treatment recommendations and consultation. A nurse practitioner or physician assistant working under the licensed psychiatrist may provide this coverage for the psychiatrist.
	Service components must be provided by the following:
	 Assessments must be provided by a LMHP, LMHP-S, LMHP- R or LMHP-RP
	 Care Coordination must be provided by a LMHP, LMHP- R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-<u>ET</u>, CSAC*, CSAC Supervisee* or CSAC-A*. Crisis Intervention must be provided by a LMHP, LMHP-R,
	LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-E <u>T</u> , CSAC*, CSAC Supervisee* or CSAC-A*.
	 Health Literacy Counseling must be provided by a LMHP, LMHP-R, LMHP-RP, LMHP-S, Nurse Practitioner, Physician Assistant, CSAC*, CSAC Supervisee* or a RN or LPN with at least one year of clinical experience involving medication management.
	 Individual and Family Therapy must be provided by a LMHP, LMHP-R, LMHP-RP, or LMHP-S.
	 Nursing services must be provided by either a RN or a LPN who is present on the unit. The LPN must work directly under the supervision of an RN or licensed medical practitioner in accordance with 18VAC90-19-70.

	 Peer Recovery Support Services must be provided by a Registered Peer Recovery Specialist. Skills Restoration must be provided by a LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-E_T or a residential aide under the supervision of at least a QMHP-A or QMHP-C. Treatment Planning must be provided by an LMHP, LMHP-R, LMHP-RP, LMHP-S; QMHP-A, QMHP-C, QMHP-ET, CSAC* or CSAC Supervisees and CSAC-As may only provide services related to substance use disorder treatment per § 54.1-3507.1 and § 54.1-3507.2 Nurse Practitioners shall hold an active license issued by the Virginia Board of Nursing. RNs and LPNs shall hold an active licensure privilege pursuant to Chapter 30 (§ 54.1-3000 et seq.) of Title 54.1 of the Code of Virginia. Physicians and Physician Assistants shall hold an active license issued by the Virginia Board of Mursing or hold a multistate licensure privilege pursuant to Chapter 30 (§ 54.1-3000 et seq.) of Title 54.1 of the Code of Virginia. Physicians and Physician Assistants shall hold an active license issued by the Virginia Board of Medicine. Supervisors of Registered Peer Recovery Specialists must complete the DBHDS Peer Recovery Specialist Supervisor Training available through the DBHDS Office of Recovery Services.
23-Hour Crisis	Stabilization Service Authorization and Utilization Review
Service Authorization	Providers must submit a registration for one 23-hour episode/one unit to the individual's MCO or FFS <u>service authorization</u> contractor within one business day of admission.
Documentation	Consecutive registrations from the same or different provider are not permitted. Additional information on service authorization is located in Appendix C of the manual. Service authorization forms and information on Medicaid MCOs processes are located at www.dmas.virginia.gov/for-providers/behavioral-health/training-and- resources/. Information on the FFS service authorization contractor's processes is located at Acentra Health/DMAS Reference Info MES (virginia.gov). The individual's clinical record must reflect either resolution of the
and Utilization Review	risis which marks the end of the current episode or the discharge plan to an appropriate service to manage the ongoing symptoms associated with the crisis.

Refer to Chapters $\frac{VI-IV}{I}$ and VI of this manual for documentation and utilization review requirements that apply to all providers of Mental Health Services.

23-Hour Crisis Stabilization Billing Requirements

- 1. One unit of service equals 23.00 hours and is reimbursed as a per diem.
- 2. The billing date is the day of admission and per diems cannot be billed on two consecutive calendar days.
- Psychiatric evaluation may be provided through telemedicine. Providers must follow the requirements for the provision of telemedicine described in the "Telehealth Services Supplement", including the use of telemedicine modifiers. MCO contracted providers should consult with the contracted MCOs for their specific policies and requirements for telehealth.

Billing	Modifier	Unit	Description	Notes	Provider
Code					Qualifications(Se
					<u>e Provider</u>
					gualification and
					staff requirements
					section)
S9485		Per	23-Hour Crisis		Service
		Diem	Stabilization		components must
					be provided by a
					qualified provider
				×	(see Provider
					qualification and
					staff requirements
					section)
S9485	32	Per	23-Hour Crisis	Billing	Service
		Diem	Stabilization –	modifier <u>s used</u>	components must
			Emergency	if the	be provided by a
			Custody Order	individual is	qualified provider
				under an ECO	(see Provider
				during	qualification and
				admission are	staff requirements
				determined by	section)
				the status of	0001011)
				the individual	
				at the time of	
				admission.	
\$9485	HK	Per	23-Hour Crisis	Billing	Service
		Diem	Stabilization –	modifiers are	components must
			Temporary	determined by	be provided by a
			Detention Order	the status of	qualified provider

				the individual at the time of admission.	(see Provider qualification and staff requirements section)
90791 <u>,</u> 90792	n/a	n/a	Psychiatric Diagnostic Evaluation	Providers should bill <u>CPT codes</u> appropriate for the activity and professional conducting the assessment when an assessment is completed but the individual does not enter the service. This code should be used when a LMHP, LMHP- R, LMHP-RP or LMHP-S conducts the comprehensiv e needs assessment, determines that the individual does not meet MNC and will not enter the service.	LMHP, LMHP-R, LMHP-RP, LMHP- SQualified providers
90792	n/a	n/a	Psychiatric Diagnostic Evaluation	This code should be used when a psychiatrist, physician assistant or nurse	Psychiatrists, Physician Assistants, and Nurse Practitioners

	completes the comprehensiv e needs assessment,	
	determines that the	
	individual does not meet MNC and will	
	not enter the service	

Residential Crisis Stabilization Unit (RCSU)

Residential Crisi	is Stabilization Unit (RCSU) Level of Care Guidelines
Service	RCSUs provide short-term, 24/7, residential psychiatric and
Definition	substance related assessment and brief intervention services. The
	service supports the following individuals:
Critical Features & Service Components	 Individuals experiencing changes in behavior noted by impairment or decompensation in functioning that may result in the need of a higher level of care. Individuals stepping down from a higher level of care that need continued monitoring, stabilization and mobilization of resources. Individuals who need a safe environment for assessment, stabilization, and prevention of further escalation or decompensation.
	RCSUs may also provide medically monitored residential services for the purpose of providing psychiatric stabilization and substance withdrawal management services on a short-term basis; see provider qualifications and billing guidance for further details.
	The goals of Residential Crisis Stabilization UnitRCSU services are as follows but are not limited to 1) stabilize the individual in a community-based setting and support the individual and natural support system; 2) Reduction of acute symptoms; and 3) Identification and mobilization of available resources including support networks. This service occurs in a non-hospital, community- based crisis stabilization residential unit with no more than 16 beds. RCSUs may co-locate with 23- Hour Crisis Stabilization. Critical Features/Covered Service Components of RCSUs include:
	 Assessment (medical, psychiatric evaluation, nursing assessment, etc.)

	1
	Care Coordination
	Crisis Intervention
	Health Literacy Counseling
	Individual, Group and/or Family Therapy
	Peer Recovery Support Services
	Skills Restoration
	Treatment Planning
De su dine d	J
Required	In addition to the "Requirements for All Services" section of Chapter
Activities	IV, the following required activities apply to RCSUs:
	Assessment:
	—At the start of services, a LMHP, LMHP-R, LMHP-RP or
	LMHP-S must conduct an assessment for determining
	medical necessity criteria and the individual's appropriateness
	for the service. The assessment should be completed as
	soon as possible after admission but no later than 24 hours
	after admission. See the Assessment Requirements section
	for details. The assessment requirement can be met by one
	of the following:
	•
	A Comprehensive Needs Assessment (see Chapter IV for
	requirements).
	\sim A prescreening assessment completed by the provider; If a
	prescreening assessment has been completed within 72
	hours prior to admission, the LMHP, LMHP-R, LMHP-RP or
	LMHP-S may review and create an update or addendum to
	the prescreening assessment;
	 A DBHDS approved assessment for residential crisis
	stabilization services can be used to meet this requirement
	if conducted by a LMHP, LMHP-R, LMHP-RP, or LMHP-S.
	Providers may use an existing DBHDS approved
	assessment for individuals transitioning from another crisis
	service or Community Stabilization. At a minimum, an
	LMHP, LMHP-R, LMHP-RP or LMHP-S must review and
	update the DBHDS approved assessment;
	 For individuals admitted with a primary diagnosis of
	substance use disorder, providers may choose to complete
	a multidimensional assessment meeting the criteria in
	Chapter IV of the Addiction and Recovery and Treatment
	Services Manual. For individuals admitted directly from
	ASAM 3.7, the provider may choose to complete a new
	assessment or update the assessment completed when the
	individual was admitted to ASAM 3.7.
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 A psychiatric evaluation by a psychiatrist, nurse practitioner or physician assistant or nurse practitioner working under the psychiatrist is required.
 At a minimum, a brief psychiatric intake assessment completed by a psychiatrist, nurse practitioner or physician assistant or nurse practitioner working under the psychiatrist must be completed within four hours of admission to ensure that there are no medical or psychiatric needs that warrant immediate referral to a higher level of care. This brief psychiatric intake assessment can be completed in person, via telehealth or RCSU staff telephonic consultation with the psychiatrist, nurse practitioner or physician assistant, to identify and address any potential immediate medical or psychiatric needs. A comprehensive psychiatric evaluation must be completed within 24 hours of admission.
• The RCSU provider may use a psychiatric evaluation completed within 24 hours prior to admission by a psychiatrist or nurse practitioner to meet this requirement. Documentation that the RCSU psychiatrist, nurse practitioner or physician assistant has reviewed and updated (as clinically necessary) the evaluation within four hours of admission, must be in the clinical record.
• Nursing: RCSU providers must have 24 hour in-person nursing. (RCSU providers have until -11/30/2024 to fully meet this requirement) At a minimum, a <u>A</u> nursing assessment meeting the requirements of 12VAC35-105-1890 must be completed at the time of admission to determine current medical needs. Nursing can be shared among co-located programs.
 Care Coordination: Providers must follow all requirements for care coordination (See Care Coordination Requirements of Mental Health Providers section of Chapter IV). Appropriate transition to the next level of care shall be required. Documentation must include a demonstration of active transitioning from RCSU to an appropriate level of care which includes care coordination and communication with the

	individual's MCO or FFS <u>service authorization Cc</u> ontractor,
	service providers and other collateral contacts.
	 The provider shall collaborate with the individual's primary
	care physician and other treatment providers such as
	psychiatrists, psychologists, and substance use disorder
	providers.
	 Coordination of withdrawal management services with a
	medical provider is required as necessary including
	medication and clinical supports.
	• The provider shall establish and maintain referral relationships
	with step-down programs appropriate to the population
	served;
	•
	Crisis Intervention: A safety plan is required. See the Safety Plan
	and Crisis ISP section for additional information.
	Development of a plan to maintain safety in order to prevent
	the need for a higher level of care; or
	Completion of a Crisis Education and Prevention Plan (CEPP) masting DPUDS requirements. The CEPP preserve about the
	meeting DBHDS requirements. The CEPP process should be
	collaborative but must be directed and authorized by a LMHP,
	LMHP-R, LMHP-RP or LMHP-S. The CEPP meets the safety
	plan requirement; or
	If there is an existing Crisis Education and Prevention Plan
	(CEPP), the provider may review the CEPP and update as
· · · · · · · · · · · · · · · · · · ·	necessary with the individual. The CEPP meets the safety
	plan requirement.
	Treatment Planning: <u>A crisis ISP is required.</u>
	 See the Safety Plan and Crisis ISP section for additional
	information.Individual Service Plans (ISPs see Chapter IV for
	requirements) shall be required during the entire duration of services
	and must be current. The treatment planning process should be
	collaborative but must be directed and authorized by a LMHP,
	LMHP-R, LMHP-RP, LMHP-S.
	The following components must be available to individuals in
	the treatment program and provided in accordance with the
	individual's ISP.
	 Individualized treatment planning;
	 Individual, group and family therapies;
	 Nursing in-person 24/7;
	 Skills restoration and health literacy counseling;

	 Assessment and evaluation as well as additional clinically indicated psychiatric and medical consultation services must be available; Medical, psychological, psychiatric, laboratory, and toxicology services available by consult or referral; Crisis intervention and safety planning support available 24/7; Peer recovery support services, offered as an optional supplement for individuals; Care coordination through referrals to higher and lower levels of care, as well as community and social supports₁, to include the following: The provider shall collaborate in the transfer, referral, and/or discharge planning process to ensure continuity of care.; The provider shall establish and maintain referral relationships with step-down programs appropriate to the population served;
	The provider shall collaborate with the individual's primary care
	physician and other treatment providers such as psychiatrists, psychologists,
	and substance use disorder providers.
	Additional Service Requirements:
	 To bill the per diem on days other than the day of admission, providers must provide daily individual, group or family therapy unless the LMHP, LMHP-R, LMHP-RP or LMHP-S documents the reason why therapy is not clinically appropriate. In addition, providers must, at a minimum, provide at least two of the following daily: Crisis Intervention Health Literacy Counseling Peer Recovery Support Services Psychiatric Evaluation Skills Restoration
	 Services must be <u>individualized and provided in-person with</u>
	the exceptions of the psychiatric evaluation, individual, group
	and family therapy and care coordination.
	is Stabilization Medical Necessity Criteria
Admission	Individuals must meet all of the following criteria (1-5)*:
Criteria	1. One of the following must be present:
Diagnosis	 The individual must be experiencing a behavioral health crisis or
Diagnosis, Symptoms and	
Symptoms, and	

Functional	b. The individual is stepping down from a higher level of care
Impairment	after a recent behavioral health crisis and needs continued
	stabilization prior to returning to the community and
2	2. Documentation indicates evidence that the individual currently
	meets criteria for a primary diagnosis consistent with the most
	recent version of the International Statistical Classification of
	Diseases and Related Health Problems (ICD) diagnosis that
	correlates with the Diagnostic and Statistical Manual; and
3	3. One of the following must be present:
	a. Substantial changes in behavior noted by significant
	impairment or decompensation in functioning related to a
	behavioral health crisis; or
	b. Actual or potential danger to self or others as evidenced by:
	1. Suicidal thoughts or behaviors and/or recent self-injurious
	behavior with suicidal intent; or
	2. Hopelessness and helplessness likely to lead to self-injury
	or
	Threatening harm to others or homicidal ideation; or
	Command hallucinations or delusions; or
	5. Acted in unpredictable, disruptive or bizarre ways that
	require further immediate observation and evaluation; or
	c. Significant loss of impulse control that threatens the safety of
	the individual and/or others; or
	d. Significant inability to maintain basic care for oneself and to
	keep oneself safe in the community in an age appropriate
	manner that is not associated with Dementia; or
	e. Intoxication that causes significant emotional, behavioral,
	medical, or thought process disturbance that interfere with
	judgment so as to seriously endanger the individual if not
	monitored and evaluated; or
	f. Acute stress reaction that threatens to lead to significant
	emotional and/or behavioral deterioration without rapid
	intervention, evaluation, and treatment; or
	g. Individual does not have the ability and/or the resources to
	support maintenance of safety and/or stability in the
	community until longer term services are available/accessible
	or mobilized; and
4	 The presenting clinical problem requires a safe, contained
	environment wherein assessment, evaluation and treatment can
	be conducted to determine next steps in the individual's care;
	and
5	5. Without urgent intervention, the individual will likely
	decompensate which will further interfere with their ability to

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	function in at least one of the following life domains: family, living situation, school, social, work, or community.			
Continued Star	*The medical necessity for individuals admitted under a Temporary Detention Order (TDO) issued pursuant to section §37.2-800 et. seq. and §16.1-335 et seq. of the Code of Virginia is established and DMAS or its contractor cannot limit of deny services specified in a TDO (see the Temporary Detention Order Supplement to the Psychiatric Services Manual for additional details).			
Continued Stay Criteria	 All of the following criteria must be met (1-8): 1. The individual continues to meet admission criteria 			
Uniteria	 2. Another less restrictive level of care would not be adequate to 			
	meet the individual's safety needs			
Diagnosis, Symptoms, and Functional	 Treatment is still necessary to reduce symptoms and improve functioning so that the individual may participate in a less restrictive level of care 			
Impairment	 There is evidence of progress towards resolution of the symptoms that are preventing treatment from continuing in a less restrictive level of care 			
	 The individual's progress is monitored regularly and the treatment plan is modified if the individual is not making substantial are proved to used of all ordered and 			
	substantial progress toward a set of clearly defined and measurable goals			
	 Psychiatric medication monitoring is occurring as clinically indicated. 			
	7. Individual/family/guardian/caregiver/natural support is			
	participating in treatment as clinically indicated and			
	appropriate, or engagement efforts are underway			
	 Coordination of care and active discharge planning are ongoing, with goal of transitioning the individual to a less intensive level of care 			
Discharge	Any one of the following criteria must be met:			
Criteria	1. The individual no longer meets admission criteria and/or			
	meets criteria for another level of care, either more or less intensive, and that level of care is available; or			
	The individual is not making progress toward goals, nor is there expectation of any progress and a different level of care			
	 is being recommended by the supervising LMHP; or 3. Functional status is restored as indicated by one or both of the following: 			
	the following:			

 a. no essential function is significantly impaired; and/or b. an essential function is impaired, but impairment is 				
manageable at an available lower level of care				
The individual is not appropriate for this service if there is a presence				
of any condition of sufficient severity to require acute psychiatric				
inpatient, medical, or surgical care.				
In addition to the "Non-Reimbursable Activities for all Mental Health Services" section in Chapter IV, the following service limitations apply:				
1. RCSUs may not be billed concurrently with any other				
behavioral health service except when a service overlap with other community behavioral health services is needed as part of a safe discharge plan. Documented justification of the time				
needed for discharge planning and care coordination to other services is required. Overlap durations will vary depending on				
the documented needs of the individual and the intensity of				
the services but may not exceed 48 hours unless approved by				
the MCO or FFS service authorization contractor.				
2. Services may not be provided in facilities that meet the				
definition of an Institutions of Mental Disease (IMDs) as				
defined in 42 CFR 435.1010.				
s Stabilization Unit Provider Participation Requirements				
Residential Crisis Stabilization UnitRCSU service providers must be				
licensed by DBHDS as a provider of MH Residential Crisis				
Stabilization Programsfor Adults (01-019) or Children and				
Adolescents (01-020), REACH Group Home Service Adult (01-004)				
or Children and Adolescents (01-041) REACH or DD Group Home				
Service REACH and be enrolled with DMAS (see Chapter II).				
If RCSUs choose to provide ASAM 3.7 (medically monitored intensive inpatient) services, they must also be licensed by DBHDS for the ASAM 3.7 service(s).				
If RCSUs provide services to an individual under a Temporary				
Detention Order TDO, the provider must have a stipulation on their				
DBHDS license authorizing the provider to serve individuals who are				
under a Temporary Detention Order TDO in accordance with				
12VAC35-105-580.				
This service must be provided in a DBHDS licensed location that meets the <u>crisis services</u> physical site requirements within DBHDS Licensing Regulations. The licensed location must be identified on				

	the provider's DBHDS license. Services may not be provided in			
	other locations outside of the licensed site.			
	Residential Crisis Stabilization Unit <u>RCSU</u> providers must follow all general Medicaid provider requirements specified in Chapter II of this manual.			
Staff Requirements	A LMHP (who is acting within the scope of their professional license and applicable State law) must supervise this program.			
	A licensed psychiatrist or nurse practitioner (who is acting within the scope of their professional license and applicable State law) must be available to the program 24/7 either in-person or via telemedicine to provide assessment, treatment recommendations and consultation meeting the licensing standards for residential crisis stabilization and medically monitored withdrawal services at ASAM level 3.7. A nurse practitioner or physician assistant working under the licensed psychiatrist may provide this coverage for the psychiatrist.			
	Service components must be provided by the following:			
	 Assessments must be provided by a LMHP, LMHP-S, LMHP-R or LMHP-RP. Care Coordination must be provided by a LMHP, LMHP-R, LMHP-RP, LMHP-S, CATP, QMHP-A, QMHP-C, QMHP-ET, CSAC*, CSAC Supervisee*, or CSAC-A*. Crisis Intervention must be provided by a LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-ET, CSAC*, CSAC Supervisee* or CSAC-A*. Health Literacy Counseling must be provided by a LMHP, LMHP-R, LMHP-RP, LMHP-S, Nurse Practitioner, Physician Assistant, CSAC*, CSAC Supervisee* or a RN or LPN with at least one year of clinical experience involving medication management. Individual, Group, and Family Therapy must be provided by a LMHP, LMHP-R, LMHP-RP, or LMHP-S. Nursing services must be provided by either a RN or a LPN who is present on the unit. The LPN must work directly under the supervision of an RN or licensed medical practitioner in accordance with 18VAC90-19-70. Peer Recovery Support Services must be provided by a Registered Peer Recovery Specialist. Skills Restoration must be provided by a LMHP, LMHP-R, LMHP-S, QMHP-A, QMHP-C, QMHP-E-T or a 			

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	residential aide under the supervision of at least a QMHP-A or QMHP-C.
	 Treatment Planning must be provided by an LMHP, LMHP-R, LMHP-RP, LMHP-S; QMHP-A, QMHP-C, QMHP-ET, CSAC* or CSAC Supervisee*
	*CSACs, CSAC Supervisees and CSAC-As may only provide services related to substance use disorder treatment per § 54.1-3507.1 and § 54.1-3507.2
	Nurse Practitioners shall hold an active license issued by the Virginia Board of Nursing. RNs and LPNs shall hold an active license issued by the Virginia Board of Nursing or hold a multistate licensure privilege pursuant to Chapter 30 (§ <u>54.1-3000</u> et seq.) of Title 54.1 of the Code of Virginia. Physicians and Physician Assistants shall hold an active license issued by the Virginia Board of Medicine.
	Supervisors of Registered Peer Recovery Specialists must complete the DBHDS Peer Recovery Specialist Supervisor Training available through the DBHDS Office of Recovery Services.
Residential Cris	is Stabilization Service Authorization and Utilization Review
Service Authorization	Providers must submit a registration to the individual's MCO or FFS service authorization contractor within one business day of admission. The registration permits five calendar days/five units of service. Units billed must reflect the treatment needs of the individual and be based on the individual meeting medical necessity criteria.
	If additional activities beyond five calendar days/five units are clinically required, the provider shall submit an authorization request to the FFS <u>service authorization</u> contractor or MCO through a continued stay service authorization request submitted no earlier than 48 hours before the requested start date of the continued stay and no later than the requested start date accompanied by the following items:
	 An <u>initial</u> assessment <u>that meets the meeting Assessment</u> <u>Requirements section. one of the following:</u> a. A Comprehensive Needs Assessment (see Chapter IV for requirements); b. A prescreening assessment completed by the provider; c. An update or addendum to the prescreening assessment;

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	 d. A DBHDS approved assessment for residential crisis stabilization services can be used to meet this requirement if conducted by a LMHP, LMHP-R, LMHP-RP, or LMHP-S; e. For individuals admitted with a primary diagnosis of substance use disorder, a multidimensional assessment meeting the criteria in Chapter IV of the Addiction and Recovery and Treatment Services Manual; and 2. A current addendum to the above-initial assessment, (can be in a progress note) that describes any new information impacting care, progress and interventions to date, and a description of the rationale for continued service delivery, and evidence the individual meets medical necessity criteria; and 3. Nursing Assessment; and 4. Psychiatric Evaluation; and 5. <u>Crisis Individual Service PlanISP</u>; and 6. A s<u>S</u>afety plan; and 7. Documentation of care coordination. Service authorization requests may require the submission of documentation of referrals to post-discharge services at the appropriate level of care based on the assessed needs of the individual.
	If a provider is licensed for both RCSU and for the provision of ASAM 3.7-WM, and an individual is admitted to the RCSU for withdrawal management services, the provider should bill for the Addiction and Recovery Treatment Services until withdrawal management is no longer needed. At that time, they may submit a registration for RCSU services.
	Consecutive registrations from the same or different provider are not allowed. A service authorization is required, if additional service is required beyond the five calendar days/five units.
	Additional information on service authorization is located in Appendix C of the manual. Service authorization forms and information on Medicaid MCOs processes is located at <u>www.dmas.virginia.gov/for-</u> <u>providers/behavioral-health/training-and-resources/. Information on</u> the FFS service authorization contractor's processes is located at <u>Acentra Health/DMAS Reference Info MES (virginia.gov).</u>
Documentation and Utilization Review	Refer to Chapter IV and VI of this manual for documentation and utilization review requirements that apply to all providers of Mental Health Services.
Residential Crisis	s Stabilization Billing Requirements

- 1. One unit of service equals one calendar day and is reimbursed as a per diem. The day of admission is billable regardless of the time of admission.
- 2. Day of discharge is billable if the minimum required activities to bill the RCSU per diem are met.
- 3. Individuals who meet criteria for RCSU may transition from ASAM Level 3.7 to RCSU services.
- 4. The individual should be directly admitted to a level of care that is appropriate to meet their treatment needs ie. Individuals likely to need greater than 23 hours of stabilization should be directly admitted to RCSU versus admitting to 23 hour Crisis Stabilization.
- 5. Psychiatric evaluations and individual, group and family therapy may be provided through telemedicine. Providers must follow the requirements for the provision of telemedicine described in the "Telehealth Services Supplement" including the use telemedicine modifiers. MCO contracted providers should consult with the contracted MCOs for their specific policies and requirements for telehealth.

Billing	Modifier	Unit	Description	Notes	Provider
Code			-		Qualifications
					(see Provider
					qualification and
					staff
					requirements
					section)
H2018		Per			Service
		Diem		*	components
					must be
					provided by a
					qualified
					provider (see
					Provider
					qualification and
					staff
					requirements
					section)
H2018	32	Per	Residential Crisis	Billing modifiers for	Service
		Diem	Stabilization	dates of service are	components
			Unit<u>RCSU</u> –	determined by the	must be
			Emergency	status of the	provided by a
			Custody Order	individual at the	qualified
				admission, and any	provider (see
				subsequent billing	Provider
				is determined by	qualification and
				the status of the	staff
				individual at	

				12:01am on the day of service.	requirements section)
H2018	НК	Per Diem	Residential Crisis StabilizationRCSU - Temporary Detention OrderTDO	Billing modifiers for dates of service are determined by the status of the individual at the admission, and any subsequent billing is determined by the status of the individual at 12:01am on the day of service.	Service components must be provided by a qualified provider (see Provider qualification and staff requirements section)
90791 <u>,</u> 90792	n/a	n/a	Psychiatric Diagnostic Evaluation	Providers should bill CPT codes appropriate for the activity and professional conducting the assessment when an assessment is completed but the individual does not enter the service. This code should be used when a LMHP, LMHP-R, LMHP-RP or LMHP-S conducts the comprehensive needs assessment, determines that the individual does not meet MNC and will not enter the service.	LMHP, LMHP-R, LMHP-RP, SQualified provider
90792	n/a	n/a	Psychiatric Diagnostic Evaluation	This code should be used when a psychiatrist, physician assistant or nurse practitioner completes the	Psychiatrists, Physician Assistants, and Nurse Practitioners

	comprehen	sive
	needs asse	essment,
	determines	that the
	individual d	oes not
	meet MNC	and will
	not enter th	e
	service	

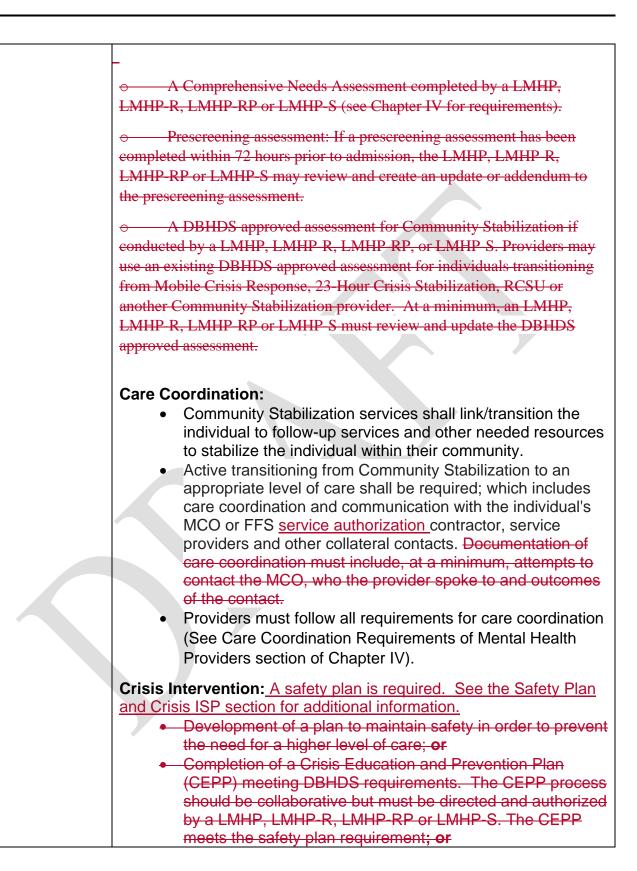
TRANSITION SERVICE

Community Stabilization

Community Stabilization Level of Care Guidelines

Service	Community Stabilization services are available 24 hours a day,
Definition	seven days a week, to provide for short-term assessment, crisis
	intervention, and care coordination to individuals who have recently
	experienced a behavioral health crisis. Community Stabilization is a
Critical	bridge service that supports an individual as they are making a
Features &	transition between certain levels of care when there is a gap in
Service	availability of services. Services may include brief therapeutic and
Components	skill building interventions, engagement of natural supports,
	interventions to integrate natural supports in the de-escalation and
	stabilization of the crisis, and coordination of follow-up services.
	Services involve advocacy and networking to provide linkages and
	referrals to appropriate community-based services and assisting the
	individual and their natural support system in accessing other
	benefits or assistance programs for which they may be eligible.
	Community Stabilization is a non-center, community-based service.
	Services are provided in community locations where the individual
	lives, works, participates in services or socializes. The goal of
	Community Stabilization services is to stabilize the individual within
	their community and support the individual and natural support
	system during the following: 1) between an initial Mobile Crisis
	Response and entry in to an established follow-up service at the
	appropriate level of care if the appropriate level of care is identified
	but not immediately available for access 2) as a transitional step-
	down from a higher level of care if the next level of care is identified
	but not immediately available or 3) as a diversion from a higher level
	of care.
	Critical Features of Community Stabilization include:
	Recovery-oriented, trauma-informed, culturally congruent and
	developmentally appropriate provision of services, integrating the
	Zero Suicide/Suicide Safer Care principles;

	Assessment and screening, including explicit screening for		
	suicidal or homicidal ideation;		
	Care Coordination:		
	 Linkage and referral to ongoing services, supports and resources-(examples: housing, peers, chaplaincy), as appropriate and least restrictive level of care; Coordination of specialized services to address the needs of co-occurring intellectual/developmental disabilities and substance use; Engaging peer/natural and family support to strengthen the individual's participation and engagement; Crisis Intervention: Brief Therapeutic Interventions; Crisis education, safety, prevention planning, and support; Interventions to integrate natural supports in the deescalation and stabilization of the crisis; 		
	 Skill Building; 		
	 Psychoeducation 		
	Covered Services components of Community Stabilization include: • Assessment • Care Coordination • Crisis Intervention • Health Literacy Counseling • Individual and Family Therapy • Peer Recovery Support Services • Skills Restoration • Treatment Planning		
Required	In addition to the "Requirements for All Services" section of Chapter		
Activities	 IV, the following required activities apply to Community Stabilization: <u>DBHDS Crisis Data Platform Engagement:</u> The provider must engage with the DBHDS crisis data platform as required by DBHDS. Assessment: At the start of convisor, a LMHP, LMHP, P., LMHP, P., and MHP, S. 		
	At the start of services, a LMHP, LMHP-R, LMHP-RP or LMHP-S		
	must conduct an assessment to determine the individual's		
	appropriateness for the service. <u>See the Assessment Requirements</u>		
	section for details. This assessment must be done in-person or through a telemedicine assisted assessment. The assessment		
	requirement can be met by one of the following:		
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	 If there is an existing Crisis Education and Prevention Plan (CEPP), the provider may review the CEPP and update as necessary with the individual. The CEPP meets the safety plan requirement.
	Treatment Planning:
	 <u>A crisis ISP is required</u>. See the Safety Plan and Crisis ISP section for additional information. Individual Service Plans (ISPs see Chapter IV for requirements) shall be required during the entire duration of services and must be current. The treatment planning process should be collaborative but must be directed and authorized by a LMHP, LMHP-R, LMHP-RP, LMHP-S.
	 Discharge planning and transition to an appropriate level of care must begin at admission.
	Additional Service Requirements:
	 Services must be provided in-person with the exception of care coordination activities.
	• Services must be available to the individual participating in the service 24 hours per day, seven days per week, in their home, workplace, or other setting that is convenient and appropriate for the individual.
	 Service delivery must be individualized. Group delivery of service components is not appropriate for this service.
Community Sta	abilization Medical Necessity Criteria
Admission	Individuals must meet the following criteria:
Criteria Diagnosis, Symptoms, and Functional Impairment	 Documentation indicates evidence that the individual currently meets criteria for a primary International Statistical Classification of Diseases and Related Health Problems (ICD) diagnosis that correlates to a Diagnostic and Statistical Manual diagnosis; and
	2. The individual is at risk of repeat admissions to crisis services, emergency departments, or psychiatric inpatient services or dangerous decompensation in functioning and additional support is required to prevent inpatient admission; and
	Prior to admission, the individual must meet either #3 or #4:

	 The individual is currently residing in a Therapeutic Group Home or ASAM 3.1; or
	 The individual is transitioning from one of the following services and the necessary service is not immediately available:
	 i. 23-Hour Crisis Stabilization ii. Acute Psychiatric Inpatient Services iii. ASAM levels 3.1 – 4.0
	iv. CSB Emergency Servicesv. Hospital Emergency Departmentvi. Mobile Crisis Response
	vii. Partial Hospitalization Program (Mental Health or ARTS)
	viii. Psychiatric Residential Treatment Facility (Mental Health or ARTS)
	 ix. Residential Crisis Stabilization Unit<u>RCSU</u> x. Short-term detention or incarceration xi. Therapeutic Group Home and
	If the individual meets criteria #4, then the following additional criteria must be met:
	5. Without immediate access to the identified community-based service, there is evidence that the individual would be at risk for a higher level of care during the transition to the next service; and
	6. Clinically appropriate behavioral health service referral(s) has been identified and a plan for the timeline of transition from Community Stabilization to that provider has been established. If the timeline for transition exceeds 2 weeks, the Community Stabilization provider should initiate referrals to additional follow-up service providers.
Continued	All of the following criteria must be met:
Stay Criteria Diagnosis, Symptoms,	1. The individual continues to meet admission criteria;

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and Functional Impairment	 Treatment is rendered in a clinically appropriate manner and is focused on the individual's behavioral and functional outcomes as described in the treatment and discharge plan;
	 Safety plan includes support system involvement unless contraindicated;
	 There is documented, active discharge planning starting at admission;
	5. There is documented active care coordination with other service providers. If care coordination is not successful, the reasons are documented, and efforts to coordinate care continue. If the timeline for this transition exceeds 2 weeks, the Community Stabilization provider has documented communications with additional, specific service providers to support alternative service options or potentially faster access to the recommended
	service type.
Discharge Criteria	Once an individual meets criteria for discharge, services are no longer eligible for reimbursement.
	At least one of the following discharge with the is most.
	At least one of the following discharge criteria is met:
	1. The individual no longer meets admission criteria;
	 A safe discharge plan has been established and an appropriate level of care has been initiated;
	3. An effective safety plan has not been established and the
	individual requires a higher level of care;
	4. The individual and/or support system is not engaged in treatment. The lack of engagement is of such a degree that treatment at this
	level of care becomes ineffective or unsafe, despite multiple,
	documented attempts to address engagement issues;
	5. The individual's physical condition necessitates transfer to an acute, inpatient medical facility.
Exclusions	Individuals who meet any of the following criteria are not eligible to
and Service	receive Community Stabilization Services (with exception for
Limitations	transitions, see billing requirements section):
	 The individual is receiving behavioral health services (MHS and ARTS) more intensive than standard outpatient psychotherapy/psychiatric services for mental health and substance use disorders or targeted case management service, unless approved by the individual's MCO or FFS <u>service</u> <u>authorization</u> contractor;
	2. The individual is receiving inpatient or specific residential treatment services including psychiatric residential treatment
	treatment services including psychiatric residential treatment

	 facility (PRTF) or ASAM levels 3.3 – 4.0, unless for the purposes of service transition or approved by the individual's MCO or FFS <u>service authorization</u> contractor; 3. The individual's psychiatric condition is of such severity that it cannot be safely treated in this level of care; 4. The individual's acute medical condition is such that it requires treatment in an acute medical setting.
	 In addition to the "Non-Reimbursable Activities for all Mental Health Services" section in Chapter IV, the following service limitations apply: 1. Temporary housing shall not be conditioned upon an individual receiving any crisis service and housing (including temporary housing) is not a reimbursable component of this service. a. While loss or lack of housing may contribute to a behavioral health crisis, the solution to the housing need must be
	 addressed through non-Medicaid funding or services related to housing. b. Community Stabilization must address the behavioral health crisis triggered by the stressor of a housing problem using interventions and a plan directed explicitly at the behavioral health needs and symptoms. 2. Providers are prohibited from using Medicaid reimbursement to cover housing costs for an individual and any funds used for this purpose will be retracted. 3. Services may not be provided in groups where one staff person or a team of staff provides services to two or more individuals at
	the same time.
Provider Qualifications	 abilization Provider Participation Requirements Community Stabilization service providers are required to be: Licensed by DBHDS as a provider of Outpatient <u>Service/</u>Crisis Stabilization services (07-006) or DD Outpatient Service/Crisis Stabilization – REACH (07-007)
	 Enrolled as a provider with DMAS (see Chapter II). Credentialed and contracted with the individual's Medicaid MCO for individuals enrolled in Medicaid managed care or the Fee for Service (FFS) contractor for individuals in FFS. Temporary exceptions to network requirements may be allowed in accordance with post-stabilization guidelines established in 42 CFR 422.113 and until a transition of services to an in-network provider has been initiated by the individual's MCO.

	Community Stabilization providers must follow all general Medicaid provider requirements specified in Chapter II of this manual. Community Stabilization Teams must have an active Memorandum of Understanding (MOU) or contract with the regional crisis hub-via DBHDS by July 31, 2022. This MOU or contract must be kept up to date with the DMAS Online Provider Enrollment System.			
Staff Requirements	Community Stabilization service providers may offer delivery of the service through different staffing complements depending on what activities are being delivered and what staffing is required to provide such activities. (See Community Stabilization Billing Requirements below)			
	# Staffing/Team Composition (s)			
	1 1 QMHP-A or QMHP-C or 1 CSAC [×]			
	2 1 Licensed ^x			
	3 1 Licensed ^x and 1 PRS or 1 Licensed ^x and 1 CSAC-A			
	4 1 Licensed ^x <u>and</u> 1 QMHP-E or QMHP-C or QMHP- A or 1 Licensed ^x <u>and</u> 1 CSAC ^x * Includes those in their regulatory board approved			
	 residency/supervisee status. Assessments must be provided by a LMHP, LMHP-S, LMHP- R or LMHP-RP. 			
	 Care coordination must be provided by a LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-EŢ, CSAC*, CSAC Supervisee* or CSAC-A*. Treatment Planning must be provided by an LMHP, LMHP-R, LMHP-RP, LMHP-S; QMHP-A, QMHP-C, QMHP-EŢ, CSAC* or CSAC Supervisee*. 			
	 Crisis Intervention must be provided by a LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-EŢ, CSAC*, CSAC Supervisee* or CSAC-A*. Health literacy counseling must be provided by a LMHP, LMHP-R, LMHP-RP, LMHP-S, CSAC*, or CSAC Supervisee*. Individual and family therapy must be provided by a LMHP, LMHP-R, LMHP-RP, or LMHP-S. 			

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	• Skills Restoration must be provided by a LMHP, LMHP-R,			
	LMHP-RP, LMHP-S, QMHP-A, QMHP-C, or QMHP- <mark>⊑</mark> T.			
	 Peer recovery support services must be provided by a Registered Peer Recovery Specialist. 			
	Supervisors of Registered Peer Recovery Specialists must complet the DBHDS Peer Recovery Specialist Supervisor Training available through the DBHDS Office of Recovery Services.			
	All Community Stabilization staff must be in possession of a working communication device in order to provide care coordination, engage natural/family supports and link the individual to needed follow-up services.			
	*CSACs, CSAC Supervisees and CSAC-As may only provide services related to substance use disorder treatment per § 54.1-3507.1 and § 54.1-3507.2			
Community Sta	Community Stabilization Service Authorization and Utilization Review			
Service Authorization	Community Stabilization requires a service authorization and service providers delivering Community Stabilization shall meet all the service requirements listed in this section.			
	Providers shall submit service authorization requests within one business day of admission for initial service authorization requests. If submitted after the required time frame, the begin date of authorization will be based on the date of receipt.			
	Service authorization requests must include, at a minimum:			
	 A complete service authorization request form. The service authorization form must be submitted with the required DBHDS crisis data platform reference number. <u>The provider</u> is responsible for ensuring that the correct service-specific provider NPI and individual's Medicaid number is entered into the DBHDS crisis data platform. 			
	2. Documented referral from discharging provider, if applicable. The referral must, at a minimum, include the name of the individual, the name and credentials of the referring provider, the reason for the referral, anticipated length of service needed and the name of the community stabilization provider submitting the authorization.			

 The safety plan developed by the referring provider (Only for individuals being referred if referred from Mobile Crisis Response, 23-Hour Crisis Stabilization or RCSU),
 If an individual meets admission criteria for this service and housing is an assessed need, this should be noted as a need on the service authorization request submitted to support coordination of resources for the individual.
Service units are authorized based on medical necessity with a unit equaling fifteen minutes.
If additional services are clinically required, the provider shall submit an authorization request to the FFS <u>service authorization</u> contractor or MCO through a continued stay service authorization request submitted no earlier than 48 hours before the requested start date of the continued stay and no later than the requested start date accompanied by the following items: <u>1. A</u> -complete service authorization request form. The service authorization form must be submitted with the required DBHDS crisis data platform reference number. <u>1.</u>
 2. An initial assessment meeting one of the following:: a. A Comprehensive Needs Assessment completed by a LMHP, LMHP-R, LMHP-RP or LMHP-S (see Chapter IV for requirements); or
 b. Prescreening Assessment: If a prescreening assessment has been completed within 72 hours prior to admission, the LMHP, LMHP-R, LMHP-RP or LMHP-S may review and create an update or addendum to the prescreening assessment; or c.2. A DBHDS approved assessment for community stabilization can be used to meet this requirement if conducted by a LMHP, LMHP-R, LMHP-RP, or LMHP-S; and
3. A-current addendum to the above initial assessment (can be in a progress note) that describes any new information impacting care, progress and interventions to date, and a description of the rationale for continued service delivery, and evidence the individual meets medical necessity criteria; 3.
 <u>4.</u> A-safety plan; and <u>4.</u> <u>5. Crisis ISP; and</u>

	6. Documentation of care coordination activities. Service	
	authorization requests may require the submission of	
	documentation of referrals to post-discharge services at the	
	appropriate level of care based on the assessed needs of the	
	individual; and	
	5.	
	6.7. Any housing needs must be noted on the service	
	authorization request form for the purposes of care coordination.	
	The information provided for service authorization must be	
	corroborated and in the provider's clinical record. An approved	
	service authorization is required for any units of Community	
	Stabilization to be reimbursed.	
	Units billed must reflect the treatment needs of the individual and be	
	based on the individual meeting medical necessity criteria.	
	The referring provider must determine what other services the	
	individual is receiving prior to referring to Community Stabilization. It	
	is the responsibility of both the referring provider and the Community	
	Stabilization provider to determine if the individual has another	
	community behavioral health provider. and Providers should contact	
	the MCO/FFS service authorization contractor, caregivers and	
	natural supports or collateral contacts prior to initiating Community	
	Stabilization services.	
	Additional information on coming outhorization is located in Announdin	
	Additional information on service authorization is located in Appendix C of the manual. Service authorization forms and information on	
	Medicaid MCOs processes is located at <u>www.dmas.virginia.gov/for-</u>	
	providers/behavioral-health/training-and-resources/. Information on	
	the FFS service authorization contractor's processes is located at	
	Acentra Health/DMAS Reference Info MES (virginia.gov).	
Documentation	Refer to Chapters IV and VI of this manual for documentation and	
and Utilization	utilization review requirements that apply to all providers of Mental	
Review	Health Services.	
Community Sta	abilization Billing Requirements	

- 1. One unit of service equals fifteen minutes.
- 2. The staff who deliver the activities for each contact determine the billing code modifier and the reimbursement rate associated with that unit of service.
- 3. Two- person Team Billing (team composition #3 and #4)
 - a. Team billing is based on the assessed treatment needs of the individual as documented in the assessment and ISP.
 - b. When two staff members provide services as a team, providers shall bill for team compositions #3 or #4 as appropriate based on the credentials of the staff providing the service.
 - c. To bill for a team Medicaid rate for team compositions #3 #4, both team members must be present for the duration of the unit billed as evidenced by, at a minimum, both team member signatures on progress notes.
 The exception to this rule is when a team member separates from their teammate and the individual participating in the service in order to conduct care coordination activities. Documentation must still indicate that both team members were providing a covered service for units billed.
 - d. Staff working physically alone without their teammate in team compositions #3-4 are not allowed to bill the team Medicaid reimbursement rate. If only one member of the team is required based on the individual's treatment needs, the provider may bill for staff compositions #1 or #2 depending on the credentials of the staff member providing the service.
- 4. Community Stabilization staff must be engaged and actively delivering services to the eligible individual, family member or collateral contact during the time billed.
- 5. Teams that consist of two LMHPs, LMHP-Rs, LMHP-RPs or LMHP-Ss (any combination) may bill using the HT modifier even if one of the team members is not registered with DHP as a QMHP.
- 6. A service overlap of Community Stabilization with other behavioral health services is allowed with documented justification of time needed to transition to or from Community Stabilization to other services as part of a safe discharge plan. Overlap durations will vary depending on the documented needs of the individual and the intensity of the services but may not exceed 48 hours unless approved by the MCO or FFS service authorization contractor.

Billing Code	Unit	Description	Notes	Provider Qualifications (see Provider qualification and staff
				requirements section)

S9482 with appropriate modifier	Per 15 minutes	Community Stabilization		Service components must be provided by a qualified provider (see Provider qualification and staff requirements section)
90791 <u>, 90792</u>	n/a	Psychiatric Diagnostic Evaluation	Providers should bill CPT codes appropriate for the activity and professional conducting the assessment assessment when an assessment is completed but the individual does not enter the service. This code should be used when a LMHP, LMHP-R enter the comprehensive needs assessment, determines that the individual does not meet MNC and will not enter the service.	LMHP, LMHP- R, LMHP-RP, LMHP- SQualified provider

90792	n/o	Psychiatric This code Psychiatrists.	
30/32	n/a		
		Diagnostic should be used Physician	
		Evaluation when a Assistants, and	
		psychiatrist, Nurse	
		physician Practitioners	
		assistant or	
		nurse	
		practitioner	
		completes the	
		comprehensive	
		needs	
		assessment,	
		determines	
		that the	
		individual does	
		not meet MNC	
		and will not	
		enter the	
		service.	
Staff/Team	Modifier	Modifier Meaning	
Composition			
#			
1	HN	1 QMHP-A or QMHP-C or 1 CSAC ^x	
2	НО	1 Licensed ^x	
3	HT, HM	1 Licensed ^x and 1 Peer or	
		1 Licensed ^x and 1 CSAC-A	
4	HT	1 Licensed [×] and 1 QMHP-E-T or QMHP-C or QMHP-A or	

1 Licensed^x and 1 CSAC^x

 * Includes those in their regulatory board approved residency/supervisee status.