

**VIRGINIA BOARD OF NURSING
POSSIBLE SUMMARY SUSPENSION TELEPHONE CONFERENCE CALL
December 11, 2025**

A possible summary suspension telephone conference call of the Virginia Board of Nursing was held December 11, 2025, at 4:31 P.M.

The Board of Nursing members participating in the call were:

Carol Cartte, RN, BSN; **Chair**
Victoria Cox, DNP, RN
A. Tucker Gleason, PhD, Citizen Member
Paul Hogan, Citizen Member
Catherine Paler, RN
Helen Parke, DNP, FNP-BC
Dolores Valenta, LPN
Jeanell Webb-Jones, MSN, RN
Jodi Zehr, RN

Others participating in the meeting were:

Sara Blose, Assistant Attorney General, Board Counsel
David Kazzie, Deputy Director, APD
Jovonni Armstead, Adjudication Specialist, APD
Avi Efreom, Adjudication Specialist, APD
Tammie Jones, Adjudication Consultant, APD
Aaron Timberlake, Adjudication Specialist, APD
Claire Morris, RN, LNHA, Executive Director
Christina Bargdill, BSN, MHS, RN; Deputy Executive Director
Ann Hardy, MSN, RN; Deputy Executive Director
Randall Mangrum, DNP, RN; Deputy Executive Director for Advanced Practice
Cheryl Giles, Administrative Support Specialist

The meeting was called to order by Ms. Cartte. With nine (9) members of the Board of Nursing participating, a quorum was established.

Aaron Timberlake, Adjudication Specialist, presented evidence that the continued practice of professional nursing by **Roselyn H. Okyere, RN (0001-317046)** may present a substantial danger to the health and safety of the public.

Dr. Gleason moved to summarily suspend the right of **Roselyn H. Okyere** to renew her license to practice professional nursing in the Commonwealth of Virginia and to offer a consent order for revocation of her right to renew her license in lieu of a formal hearing. The motion was seconded by Dr. Cox and carried unanimously.

Mr. Timberlake left the meeting at 4:37 P.M.

Avi Efreom, Adjudication Specialist, presented evidence that the continued practice of professional nursing by **Noluthando Pretty Mthethwa, RN (0001-314237)** may present a substantial danger to the health and safety of the public.

Ms. Zehr moved to summarily suspend the license of **Noluthando Pretty Mthethwa** to practice professional nursing in the Commonwealth of Virginia and to offer a consent order for revocation of her license in lieu of a formal hearing. The motion was seconded by Dr. Cox and carried unanimously.

Avi Efreom, Adjudication Specialist, presented evidence that the continued practice of professional nursing by **Sylvia Nkeng, RN (0001-299445)** may present a substantial danger to the health and safety of the public.

Dr. Gleason moved to summarily suspend the license of **Sylvia Nkeng** to practice professional nursing in the Commonwealth of Virginia and to offer a consent order for revocation of her license in lieu of a formal hearing. The motion was seconded by Dr. Cox and carried unanimously.

Avi Efreom, Adjudication Specialist, presented evidence that the continued practice of professional nursing by **Carine Nembu, RN (0001-317422)** may present a substantial danger to the health and safety of the public.

Ms. Zehr moved to summarily suspend the license of **Carine Nembu** to practice professional nursing in the Commonwealth of Virginia and to offer a consent order for revocation of her license in lieu of a formal hearing. The motion was seconded by Dr. Cox and carried unanimously.

Mr. Efreom left the meeting at 4:48 P.M.

Tammie Jones, Adjudication Consultant, presented evidence that the continued practice of professional nursing by **Amy Edmonson Lafoon, RN (0001-119886)** may present a substantial danger to the health and safety of the public.

CLOSED MEETING: Dr. Cox moved that the Board of Nursing convene a closed meeting pursuant to §2.2-3711(A)(27) of the Code of Virginia at 4:57 P.M., for the purpose of deliberation to reach a decision in the matter of **Amy Edmonson Lafoon**. Additionally, Dr. Cox moved that Ms. Morris, Ms. Bargdill, Ms. Hardy, Dr. Mangrum, Ms. Giles and Ms. Blose attend the closed meeting because their presence in the closed meeting is deemed necessary, and their presence will aid the Board in its deliberations. The motion was seconded by Dr. Gleason and carried unanimously.

Ms. Armstead, Ms. Jones, and Mr. Kazzie left the meeting at 4:57 P.M.

RECONVENTION: The Board reconvened in open session at 5:10 P.M.

Ms. Jones, Ms. Armstead, and Mr. Kazzie re-joined the meeting at 5:10 P.M.

Dr. Cox moved that the Board of Nursing certify that it heard, discussed, or considered only public business matters lawfully exempted from open meeting requirements under the Virginia Freedom of

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Information Act and only such public business matters as were identified in the motion by which the closed meeting was convened. The motion was seconded by Ms. Paler and carried unanimously.

Dr. Gleason moved to summarily suspend the license of **Amy Edmonson Lafoon** to practice professional nursing in the Commonwealth of Virginia, pending a formal administrative hearing. The motion was seconded by Dr. Cox and carried unanimously.

Jovonni Armstead, Adjudication Specialist, presented evidence that the continued practice of practical nursing by **Brittany M. Vallery Hernandez, LPN (0002-089595)** may present a substantial danger to the health and safety of the public.

Dr. Gleason moved to summarily suspend the license of **Brittany M. Vallery Hernandez** to practice practical nursing in the Commonwealth of Virginia, pending a formal administrative hearing. The motion was seconded by Ms. Paler and carried unanimously.

The meeting was adjourned at 5:19 P.M.

Claire Morris, RN, LNHA
Executive Director