

**VIRGINIA BOARD OF NURSING  
POSSIBLE SUMMARY SUSPENSION MEETING  
September 11, 2024**

A possible summary suspension meeting of the Virginia Board of Nursing was held September 11, 2024, at 8:30 A.M.

**The Board of Nursing members participating in the call were:**

Cynthia Swineford, RN, MSN, CNE; **Chair**  
Carol Cartte, RN, BSN  
Victoria Cox, DNP, RN  
Pamela Davis, LPN  
Margaret Friedenberg, Citizen Member  
Cleopatra Kitt, PhD, Citizen Member  
Helen Parke, DNP, FNP-BC  
Robert Scott, RN  
Shelly Smith, PhD, DNP, ANP-BC  
Jodi Zehr, RN

**Others participating in the meeting were:**

James Rutkowski, Assistant Attorney General, Board Counsel  
David Robinson, Assistant Attorney General – **via phone**  
Avi Efreom, Adjudication Specialist, Administrative Proceeding Division  
Amanda Paula-Wilson, Assistant Attorney General  
Melissa Gray, Adjudication Specialist, Administrative Proceeding Division  
Christine Andreoli, Adjudication Specialist, Administrative Proceeding Division  
Claire Morris, RN, LHNA; Executive Director  
Ann Hardy, MSN, RN; Deputy Executive Director  
Robin Hills, DNP, RN, WHNP; Deputy Executive Director for Advanced Practice  
Christina Bargdill, BSN, MHS, RN; Deputy Executive Director  
Huong Vu, Operations Manager

The meeting was called to order by Ms. Swineford. With 10 members of the Board of Nursing participating, a quorum was established.

David Robinson, Assistant Attorney General, presented evidence that the continued practice professional nursing by **Martina Chizitere Adegboyega, RN (0001-306575)** may present a substantial danger to the health and safety of the public.

**CLOSED MEETING:** Mr. Scott moved that the Board of Nursing convene a closed meeting pursuant to §2.2-3711(A)(27) of the Code of Virginia at 8:38 A.M., for the purpose of deliberation to reach a decision in the matter of **Martina Chizitere Adegboyega**. Additionally, Mr. Scott moved that Ms. Morris, Ms. Bargdill, Ms. Hardy, Dr. Hills, Ms. Vu and Mr. Rutkowski attend the closed meeting because their presence in the closed meeting is deemed necessary and their presence will aid the Board in its deliberations. The motion was seconded by Ms. Cartte and carried unanimously.

Ms. Paula-Wilson, Mr. Robinson, Mr. Efreom, Ms. Gray, and Ms. Andreoli left the meeting at 8:38 A.M.

**RECONVENTION:** The Board reconvened in open session at 8:45 A.M.

Ms. Paula-Wilson, Mr. Robinson, Mr. Efreom, Ms. Gray, and Ms. Andreoli re-joined the meeting at 8:45 A.M.

Dr. Cox moved that the Board of Nursing certify that it heard, discussed, or considered only public business matters lawfully exempted from open meeting requirements under the Virginia Freedom of Information Act and only such public business matters as were identified in the motion by which the closed meeting was convened. The motion was seconded by Ms. Cartte and carried unanimously.

Dr. Parke moved to summarily suspend the right to renew the license of **Martina Chizitere Adegboyega** to practice professional nursing in the Commonwealth of Virginia pending a formal administrative hearing and to offer a consent order for revocation of her right to renew in lieu of a formal hearing. The motion was seconded by Ms. Cartte and carried unanimously.

Mr. Robinson and Mr. Efreom left the meeting at 8:46 A.M.

Amanda Paula-Wilson, Assistant Attorney General, presented evidence that the continued practice professional nursing by **Begahacha Folebe, RN** may present a substantial danger to the health and safety of the public.

**CLOSED MEETING:** Mr. Scott moved that the Board of Nursing convene a closed meeting pursuant to §2.2-3711(A)(27) of the Code of Virginia at 8:49 A.M., for the purpose of deliberation to reach a decision in the matter of **Begahacha Folebe**. Additionally, Mr. Scott moved that Ms. Morris, Ms. Bargdill, Ms. Hardy, Dr. Hills, Ms. Vu and Mr. Rutkowski attend the closed meeting because their presence in the closed meeting is deemed necessary and their presence will aid the Board in its deliberations. The motion was seconded by Ms. Cartte and carried unanimously.

Ms. Paula-Wilson, Ms. Gray, and Ms. Andreoli left the meeting at 8:49 A.M.

**RECONVENTION:** The Board reconvened in open session at 8:53 A.M.

Dr. Cox moved that the Board of Nursing certify that it heard, discussed, or considered only public business matters lawfully exempted from open meeting requirements under the Virginia Freedom of Information Act and only such public business matters as were identified in the motion by which the closed meeting was convened. The motion was seconded by Ms. Cartte and carried unanimously.

Ms. Paula-Wilson, Ms. Gray, and Ms. Andreoli re-joined the meeting at 8:53A.M.

Dr. Cox moved to summarily suspend the right to renew the license of **Begahacha Folebe** to practice professional nursing pending a formal administrative hearing and to offer a consent order for revocation of her right to renew her license in lieu of a formal hearing. The motion was seconded by Ms. Cartte and carried unanimously.

Ms. Gray left the meeting at 8:54 A.M.

Amanda Paula-Wilson, Assistant Attorney General, presented evidence that the continued practice massage therapy by **Brendan Stuart Schnabel, LMT (0019-016014)** may present a substantial danger to the health and safety of the public.

**CLOSED MEETING:** Mr. Scott moved that the Board of Nursing convene a closed meeting pursuant to §2.2-3711(A)(27) of the Code of Virginia at 8:59 A.M., for the purpose of deliberation to reach a decision in the matter of **Brendan Stuart Schnabel**. Additionally, Mr. Scott moved that Ms. Morris, Ms. Bargdill, Ms. Hardy, Dr. Hills, Ms. Vu and Mr. Rutkowski attend the closed meeting because their presence in the closed meeting is deemed necessary and their presence will aid the Board in its deliberations. The motion was seconded by Dr. Cox and carried unanimously.

Ms. Paula-Wilson and Ms. Andreoli left the meeting at 8:59 A.M.

**RECONVENTION:** The Board reconvened in open session at 9:02 A.M.

Dr. Cox moved that the Board of Nursing certify that it heard, discussed, or considered only public business matters lawfully exempted from open meeting requirements under the Virginia Freedom of Information Act and only such public business matters as were identified in the motion by which the closed meeting was convened. The motion was seconded by Ms. Cartte and carried unanimously.

Ms. Paula-Wilson and Ms. Andreoli re-joined the meeting at 9:02 A.M.

Ms. Davis moved to summarily suspend the license of **Brendan Stuart Schnabel** to practice massage therapy in the Commonwealth of Virginia pending a formal administrative hearing and to offer a consent order for revocation of his license in lieu of a formal hearing. The motion was seconded by Ms. Cartte and carried unanimously.

The meeting was adjourned at 9:03 A.M.

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Claire Morris, RN, LNHA  
Deputy Executive Director