

BEHAVIORAL SCIENCES  
DISTANCE THERAPY AD-HOC COMMITTEE  
MAY 2, 2008

- TIME & PLACE: The meeting was called to order at 10:15 a.m. on May 2, 2008 in Board Room 4 at the Department of Health Professions, 9960 Mayland Drive, Richmond, Virginia.
- PRESIDING: Kevin Doyle, Ed.D., Chair
- MEMBERS:  
PRESENT Kevin Doyle, Ed.D., Board of Counseling  
Nadia Kuley, Ph.D., Board of Psychology  
Charles McAdams, Ed.D., Board of Counseling  
Francis Nelson, Jr., Board of Social Work  
Linda Seeman, Ph.D., Board of Counseling  
Michael Stutts, Ph.D., Board of Psychology
- STAFF  
PRESENT Evelyn B. Brown, Executive Director  
Elaine Yeatts, DHP Senior Policy Analyst  
Diana Pollick, Administrative Assistant
- OTHERS  
PRESENT Jennifer Morgan, Virginia Academy of Clinical Psychologists  
Chris Reid, VCU Department of Rehabilitation Counseling
- TOPICS OF  
DISCUSSION General Overview of Technology Assisted Distance Counseling (TADC) and Technology Assisted Distance Supervision (TADS) – Charles McAdams  
Dr. McAdams presented research he had completed regarding areas of regulation other states have either begun, have developed proposed regulations for, or have regulations under discussion. Evelyn Brown shared letters and emails the Boards have been receiving requesting guidance with regard to TADC. Discussion followed with a general consensus that there is a need for regulation of TADC and TADS but that there will need to be flexibility among jurisdictions. Issues of concern included consumer harm, complaint investigation and resolution, licensure in jurisdictions regarding intrastate therapy, unlicensed activity, insurance reimbursement and whether TADC is recognized as an experimental form of treatment. Another focus was the initiation and maintenance of the therapeutic relationship.
- Report of Findings from a National Survey of State Counseling Boards: Charles McAdams  
Dr. McAdams presented additional research he completed regarding key issues of other state boards which focused on traditional counseling versus TADC, level of regulation, limits of authorization, legal jurisdiction, specialized training, informed consent, standards of practice and reimbursement and a similar study for TADS. Discussion followed. The committee agreed that Dr. Doyle, Dr. McAdams and Dr. Seeman would draft a guidance document for TADC and TADS that will be made available to the Boards of Psychology and Social Work.
- ADJOURN: The meeting was adjourned at 12:25 p.m.

