

FINAL / APPROVED

VIRGINIA BOARD OF PHARMACY SPECIAL CONFERENCE COMMITTEE MINUTES

Wednesday, October 14, 2026
Commonwealth Conference Center
Second Floor
Board Room 1

Department of Health Professions
Perimeter Center
9960 Mayland Drive, Suite 300
Henrico, Virginia 23233-1463

CALL TO ORDER:

A meeting of a Special Conference Committee of the Board of Pharmacy was called to order at 9:06 AM.

PRESIDING:

Shannon Dowdy, PharmD, Committee Chair

MEMBERS PRESENT:

Jay Agarwal, RPh, Committee Member
Brian Spoelhof, PharmD, MBE, BCPS, BCCCP,
Board Member (observing)

STAFF PRESENT:

Ileita Redd, Discipline Admin Specialist
Ellen Shinaberry, PharmD, Deputy Executive Director
Jess Weber, DHP Adjudication Specialist

DANISH NADEEM
Pharmacy Technician Trainee
Registration no. 0245-017640

Danish Nadeem and his attorney, Lindsay Sessa, appeared in person at the informal conference to discuss allegations that he may have violated certain laws and regulations pertaining to the practice of pharmacy as more fully stated in the Notice dated July 13, 2026.

CLOSED MEETING:

Upon a motion by Mr. Agarwal, and duly seconded by Dr. Dowdy, the Committee unanimously voted to convene a closed meeting pursuant to Virginia Code § 2.2-3711(A)(27) for the purpose of deliberation to reach a decision in the matter of Danish Nadeem. Additionally, he moved that Brian Spoelhof, Ellen Shinaberry, and Ileita Redd attend the closed meeting because their presence in the closed meeting was deemed necessary and would aid the Committee in its deliberations.

RECONVENE:

Having certified that the matters discussed in the preceding closed meeting met the requirements of Virginia Code § 2.2-3712, the Committee

reconvened in open meeting and announced the decision.

DECISION:

Upon a motion by Mr. Agarwal, and duly seconded by Dr. Dowdy, the Committee voted unanimously to accept the Finding of Fact and Conclusions of Law as amended, and to issue an Order for a Reprimand.

SHAHBAZ CHAUDHRY
Pharmacy Technician Trainee
License No. 0245-017520

Shahbaz Chaudhry, and his attorney, Lindsay Sessa, appeared to discuss allegations that he may have violated certain laws and regulations governing the practice of pharmacy as stated in the Notice dated July 13, 2026.

Closed Meeting:

Upon a motion by Mr. Agarwal, and duly seconded by Dr. Dowdy, the Committee unanimously voted to convene a closed meeting pursuant to Virginia Code § 2.2-3711(A)(27) for the purpose of deliberation to reach a decision in the matter of Shahbaz Chaudhry. Additionally, he moved that Brian Spoelhof, Ellen Shinaberry, and Ileita Redd attend the closed meeting because their presence in the closed meeting was deemed necessary and would aid the Committee in its deliberations.

Reconvene:

Having certified that the matters discussed in the preceding closed meeting met the requirements of Virginia Code § 2.2-3712, the Committee reconvened an open meeting and announced the decision.

Decision:

Upon a motion by Mr. Agarwal, and duly seconded by Dr. Dowdy, the Committee unanimously voted to accept the Findings of Fact and Conclusions of Law as amended, and to issue an Order for a Reprimand and Monetary Penalty of \$2,500.

BLANTON & LESTER PHARMACY
Permit No. 0201-002956

Muhammad Rizwan, Pharmacist in Charge, and his attorney, Lindsay Sessa, appeared to discuss allegations that Blanton & Lester Pharmacy may have violated certain laws and regulations governing the practice of pharmacy as stated in the Notice dated July 13, 2026.

Closed Meeting:

Upon a motion by Mr. Agarwal, and duly seconded by Dr. Dowdy, the Committee unanimously voted to convene a closed meeting pursuant to Virginia Code § 2.2-3711(A)(27) for the purpose of deliberation to reach a decision in the matter of Blanton & Lester Pharmacy. Additionally, he moved that Brian Spoelhof, Ellen Shinaberry, and Ileita Redd attend the closed meeting because their presence in the closed meeting was deemed necessary and would aid the Committee in its deliberations.

Reconvene:

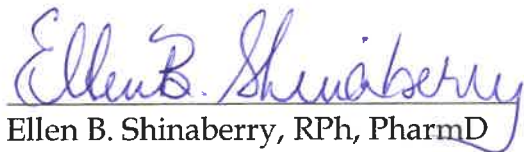
Having certified that the matters discussed in the preceding closed meeting met the requirements of Virginia Code § 2.2-3712, the Committee reconvened an open meeting and announced the decision.

Decision:

Upon a motion by Mr. Agarwal, and duly seconded by Dr. Dowdy, the Committee unanimously voted to accept the Findings of Fact and Conclusions of Law as amended, and to issue an Order for a Monetary Penalty of \$3,500.

ADJOURNED:

2:50 PM



Ellen B. Shinaberry, RPh, PharmD
Deputy Executive Director

October 14, 2026

Date