

**VIRGINIA BOARD OF NURSING
AGENCY SUBORDINATE
INFORMAL CONFERENCE
August 19, 2026**

TIME AND PLACE: The informal conference held before an Agency Subordinate of the Board of Nursing was convened at 9:00 A.M., on August 19, 2026, in Hearing Room 3, Department of Health Professions, 9960 Mayland Drive, Suite 201, Henrico, Virginia.

AGENCY
SUBORDINATE: Cynthia M. Swineford, PhD, RN, CNE

STAFF PRESENT: Monique Davis, BSN, MPH

OTHERS PRESENT: Elizabeth Dorsey, Adjudication Specialist
Jovonni Armstead, Adjudication Specialist
Amy Weiss, Adjudication Specialist

CONFERENCE
SCHEDULED: **Miata Rose Lavahun, RN Applicant**
Ms. Lavahun appeared, accompanied by her attorney, Troy Johnson.

Ms. Lavahun was informed a recommended decision will be made and mailed to her within ninety days.

This recommendation will be presented to the Full Board; if accepted, an Order will be entered. As provided by law, this decision shall become a Final Order thirty days after service of such order on Ms. Lavahun unless a written request to the Board for a formal hearing on the allegations made against her is received from Ms. Lavahun within such time. If service of the order is made by mail, three additional days shall be added to that period. Upon such timely request for a formal hearing, the Order shall be vacated.

CONFERENCE
SCHEDULED: **Kristin M. Raymer, LPN 0002-077971**
Ms. Raymer appeared.

Ms. Raymer was informed a recommended decision will be made and mailed to her within ninety days.

This recommendation will be presented to the Full Board; if accepted, an Order will be entered. As provided by law, this decision shall become a Final Order thirty days after service of such order on Ms. Raymer unless a written request to the Board for a formal hearing on the allegations made against her is received from Ms. Raymer within such time. If service of the order is made by mail, three

additional days shall be added to that period. Upon such timely request for a formal hearing, the Order shall be vacated.

The Agency Subordinate Informal Conference recessed at 12:11 P.M.
The Agency Subordinate Informal Conference reconvened at 1:10 P.M.

CONFERENCE
SCHEDULED:

Lakendra Pitts, CNA 1401-229390

Ms. Pitts did not appear.

Based upon information provided by Ms. Dorsey, Ms. Swineford ruled that adequate notice was provided to Ms. Pitts.

A recommended decision will be mailed to Ms. Pitts within ninety days.

This recommendation will be presented to the Full Board; if accepted, an Order will be entered. As provided by law, this decision shall become a Final Order thirty days after service of such order on Ms. Pitts unless a written request to the Board for a formal hearing on the allegations made against her is received from Ms. Pitts within such time. If service of the order is made by mail, three additional days shall be added to that period. Upon such timely request for a formal hearing, the Order shall be vacated.

CONFERENCE
SCHEDULED:

Bawark Enow Howard, RN Applicant

Ms. Howard did not appear.

Based upon information provided by Ms. Weiss, Ms. Swineford ruled that adequate notice was provided to Ms. Howard.

A recommended decision will be mailed to Ms. Howard within ninety days.

This recommendation will be presented to the Full Board; if accepted, an Order will be entered. As provided by law, this decision shall become a Final Order thirty days after service of such order on Ms. Howard unless a written request to the Board for a formal hearing on the allegations made against her is received from Ms. Howard within such time. If service of the order is made by mail, three additional days shall be added to that period. Upon such timely request for a formal hearing, the Order shall be vacated.

ADJOURNMENT:

The conference was concluded at 1:50 p.m.

Monique Davis, BSN, MPH
Discipline Case Manager