

APPROVED
VIRGINIA BOARD OF MEDICINE
SPECIAL CONFERENCE COMMITTEE MINUTES SEPTEMBER 10, 2026

*Department of Health Professions
Perimeter Center
9960 Mayland Drive, Suite 201
Henrico, VA*

CALL TO ORDER: A Special Conference Committee of the Board was called to order at 9:09 a.m.

MEMBERS PRESENT: Kenneth McDowell, D.O., Chair
Gertrude Shahady, M.D.
Justin Hepner, P.A.

STAFF PRESENT: Jennifer L. Deschenes, Deputy Executive Director, Discipline
Tamika Hines, Case Manager, Discipline
Valerie Cheatham, Adjudication Specialist

OTHERS PRESENT: Dr. JiaDe Yu (Expert for respondent)

MATTER: **Julie Marguerite Clements, P.A. License No.: 0110-006531
Case No.: 241793**

DISCUSSION: Ms. Clements appeared before the Committee in person in accordance with a Notice of the Board dated July 2, 2026. Ms. Clements was represented by Anthony Cottone, Esquire.

The Committee fully discussed the allegations in the Notice with Ms. Clements.

CLOSED SESSION: Upon a motion by Mr. Hepner, and duly seconded by Dr. Shahady, the Committee voted to convene a closed meeting pursuant to §2.2-3711.A (27) of the Code of Virginia, for the purpose of deliberation to reach a decision in the matter of Ms. Clements. Additionally, he moved that Ms. Dechenes and Ms. Hines attend the closed meeting because their presence in the closed meeting was deemed necessary and would aid the Committee in its deliberations.

RECONVENE: Having certified that the matters discussed in the preceding closed session met the requirements of §2.2-3712 of the Code, the Committee re-convened in open session and announced its decision.

DECISION: Upon a motion by Mr. Hepner, and duly seconded by Dr. Shahady, the Committee voted to dismiss the matter and exonerate Ms. Clements.

VOTE: The vote was unanimous.

ADJOURNMENT: The Committee adjourned at 10:00 a.m.

As provided by law this decision shall become a Final Order thirty (30) days after service of such Order on Ms. Clements, unless a written request to the Board for a formal hearing on the allegations made against her is received from Ms. Clements, within such time. If service of the Order is made by mail three (3) additional days shall be added to that period. Upon such timely request for a formal hearing, the decision of the Special Conference Committee shall be vacated.



Jennifer L. Deschenes, J.D., M.S.
Deputy Executive Director
9/10/26

Date

APPROVED
VIRGINIA BOARD OF MEDICINE
SPECIAL CONFERENCE COMMITTEE MINUTES SEPTEMBER 10, 2026

Department of Health Professions
Perimeter Center
9960 Mayland Drive, Suite 201
Henrico, VA

CALL TO ORDER: A Special Conference Committee of the Board was called to order at 11:08 a.m.

MEMBERS PRESENT: Kenneth McDowell, D.O., Chair
Gertrude Shahady, M.D.
Patrick McManus, M.D.

STAFF PRESENT: Jennifer L. Deschenes, Deputy Executive Director, Discipline
Tamika Hines, Case Manager, Discipline
Scott Pearl, Adjudication Consultant

OTHERS PRESENT: Akbar Ansari

MATTER: **Umer A. Ansari, M.D.** **License No.: 0101-272330**
Case No.: 252280

DISCUSSION: Dr. Ansari appeared before the Committee in person in accordance with a Notice of the Board dated June 10, 2026. Dr. Ansari was represented by Brad Reeser, Esquire.

The Committee fully discussed the allegations in the Notice with Dr. Ansari.

CLOSED SESSION: Upon a motion by Dr. Shahady, and duly seconded by Dr. McManus, the Committee voted to convene a closed meeting pursuant to §2.2-3711.A (27) of the Code of Virginia, for the purpose of deliberation to reach a decision in the matter of Dr. Ansari. Additionally, she moved that Ms. Dechenes and Ms. Hines attend the closed meeting because their presence in the closed meeting was deemed necessary and would aid the Committee in its deliberations.

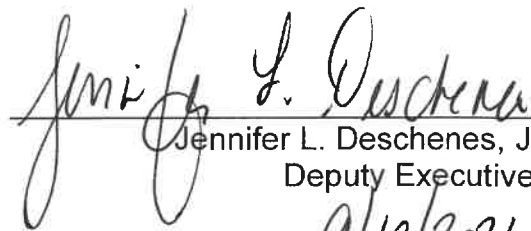
RECONVENE: Having certified that the matters discussed in the preceding closed session met the requirements of §2.2-3712 of the Code, the Committee re-convened in open session and announced its decision.

DECISION: Upon a motion by Dr. McManus, and duly seconded by Dr. Shahady, the Committee made certain findings of fact and conclusions of law and voted to issue Dr. Ansari a reprimand.

VOTE: The vote was unanimous.

ADJOURNMENT: The Committee adjourned at 1:21 p.m.

As provided by law this decision shall become a Final Order thirty (30) days after service of such Order on Dr. Ansari, unless a written request to the Board for a formal hearing on the allegations made against him is received from Dr. Ansari, within such time. If service of the Order is made by mail three (3) additional days shall be added to that period. Upon such timely request for a formal hearing, the decision of the Special Conference Committee shall be vacated.



Jennifer L. Deschenes, J.D., M.S.
Deputy Executive Director
9/10/2026

Date

APPROVED
VIRGINIA BOARD OF MEDICINE
SPECIAL CONFERENCE COMMITTEE MINUTES SEPTEMBER 10, 2026

Department of Health Professions
Perimeter Center
9960 Mayland Drive, Suite 201
Henrico, VA

MEMBERS PRESENT: Blanton Marchese
Gertrude Shahady, M.D.

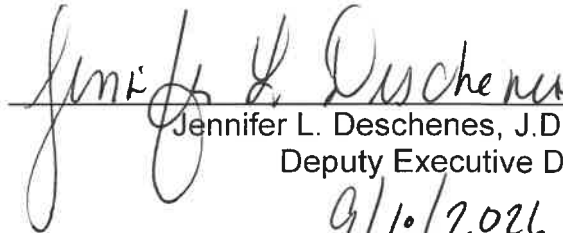
STAFF PRESENT: Jennifer L. Deschenes, Deputy Executive Director, Discipline
Tamika Hines, Case Manager, Discipline

MATTER: **Lamis El Kabab, Applicant**

DISCUSSION: The Special Conference Committee met to discuss whether to deny or grant a license to the applicant.

VOTE: The Committee voted to grant Lamis El Kabab a license. The vote was unanimous.

ADJOURNMENT: The Committee adjourned at 8:59 a.m.



Jennifer L. Deschenes, J.D., M.S.
Deputy Executive Director
9/10/2026

Date

APPROVED
VIRGINIA BOARD OF MEDICINE
SPECIAL CONFERENCE COMMITTEE MINUTES SEPTEMBER 10, 2026

*Department of Health Professions
Perimeter Center
9960 Mayland Drive, Suite 201
Henrico, VA*

MEMBERS PRESENT: Blanton Marchese
Gertrude Shahady, M.D.

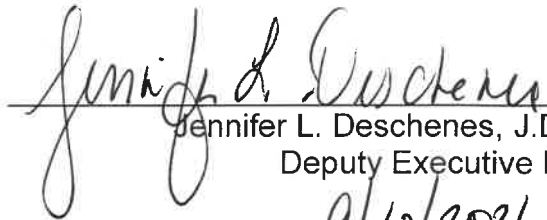
STAFF PRESENT: Jennifer L. Deschenes, Deputy Executive Director, Discipline
Tamika Hines, Case Manager, Discipline

MATTER: **Vahide Saide, Applicant**

DISCUSSION: The Special Conference Committee met to discuss whether to deny or grant a license to the applicant.

VOTE: The Committee voted to grant Vahide Saide a license. The vote was unanimous.

ADJOURNMENT: The Committee adjourned at 8:59 a.m.


Jennifer L. Deschenes, J.D., M.S.
Deputy Executive Director
9/10/2026
Date