

## VIRGINIA BOARD OF PHARMACY

### PRACTITIONER/PATIENT RELATIONSHIP AND THE PRESCRIBING OF DRUGS FOR FAMILY OR SELF

Several health regulatory boards that license prescribers have adopted regulations regarding a practitioner prescribing for self or family. Regulations for the Board of Medicine (18VAC85-20-25) apply to practitioners of medicine, osteopathic medicine, and podiatry. Identical language is included in regulations for physician assistants (18VAC85-50-176) and advanced practice registered nurses (18VAC90-40-121). The Board of Optometry addressed this issue in 18VAC105-20-40.

While this issue has not been specifically addressed in regulations of the Board of Dentistry, the requirements of §54.1-3303 would need to be met by all prescribers in order for there to be a valid prescription.

#### Statutes:

[Va. Code § 54.1-3303\(B\)](#)

#### Regulations:

[18VAC85-20-25](#)

[18VAC85-50-176](#)

[18VAC90-40-121](#)

[18VAC105-20-40](#)