



Board for Barbers and Cosmetology GUIDANCE DOCUMENT

Amended Effective: September 1, 2024

Non-Traditional or Online Instruction

I. Background

On September 17, 2020, the Board approved a revision to the non-traditional or "online" instruction guidance document, permitting schools to offer online instruction for theory topics within a school-approved curriculum. School officials encountered challenges with the guidance document as certain schools struggled to distinguish between theory and practical subjects. This ambiguity created significant confusion, making it difficult to determine which subjects could be effectively taught online, in physical classrooms, or through a combination of both.

Recognizing these issues, on August 14, 2023, the Board for Barbers and Cosmetology amended the non-traditional or "online" instruction guidance document. The primary objective was to bring clarity to the distinction between theory and practical topics. To achieve this, the Board included an accompanying outline within the guidance document, designed to serve as a reference for school administrators in defining what qualifies as theory and practical subjects. The outline will eliminate confusion and incorporate consistency amongst all barber, cosmetology, nails, waxing, esthetics, and tattooing schools.

II. Applicable Regulations and Minutes Excerpt

Schools are mandated by the Board's regulations at 18 VAC41-20-200, 18 VAC 41-50-230, and 18 VAC 41-70-180 to submit their curricula for approval. The guidance document outlines the theory and practical training components necessary for curriculums in the fields of barbers, master barbers, cosmetology, nails, waxing, tattooing, permanent cosmetic tattooing, master permanent cosmetic tattooing, esthetics, and master esthetics.

III. Consideration of Board Policy

During the Board meeting on August 14, 2023, the Board for Barbers and Cosmetology approved the modification of the non-traditional or "online" instruction guidance document, aiming to delineate theory and practical training components. This revision is imperative to clarify the theory and practical subjects specified within the curricula for barbers, master barbers, cosmetology, nails, waxing, tattooing, permanent cosmetic tattooing, master permanent cosmetic tattooing, esthetics, and master esthetics.

It's important to note that accredited schools and schools certified by SCHEV (State Council of Higher Education for Virginia) are exempt from adhering to this guidance document. This exemption is due to the stringent requirements imposed by accrediting agencies and SCHEV, which supersede the need for adherence to the guidance document.

IV. Guidance Document

In accordance with 18 VAC 41-20-200, 18 VAC 41-50-230, and 18 VAC 41-70-180 schools shall submit their curricula for Board approval and shall conduct classroom instruction in an area separate from the clinic area where practical instruction is conducted and services are provided.

The Board is providing the following guidance in the interpretation or implementation of the aforementioned regulations:

The theory portions of the curriculum for all professions regulated by the Board may be offered online. Practical instruction must be obtained in a traditional brick and mortar classroom setting.

School should utilize technologies and practices that are effective in verifying the identity of distance-learning students who participate in class or coursework (such as a secure login and pass code) while protecting student privacy.

There is a measure of competency (examination) of the information the student is taught online which shall be completed in a traditional brick and mortar classroom.

Board staff may approve new or revised curriculum that contains the theory and practical training components identified on the attachment. Curriculum that does not conform to these components should be reviewed by the Board, unless the school is SCHEV certified or accredited by an accrediting agency approved by the U.S. Department of Education.

See enclosed guidance from the Board outlining the practical and theory topics. The topics designated with an 'X' in the theory column are deemed theory only. Topics marked with an 'X'

in the practical column are deemed practical only. Topics designated with an 'X' in both columns are considered to be both theory and practical.

Barber	Theory	Practical
School policies;	X	
State law, regulations, and professional ethics;	X	
Business and shop management;	X	
Client consultation;	X	X
Personal hygiene;	X	
Cutting the hair with a razor, clippers, and shears;	X	X
Tapering the hair;		X
Thinning the hair;		X
Shampooing the hair;		X
Shaving;	X	X
Trimming a moustache or beard;	X	X
Applying hair color;	X	X
Analyzing skin or scalp conditions;	X	
Giving scalp treatments;	X	X
Giving basic facial massage or treatment;	X	X
Sanitizing and maintaining implements and equipment; and	X	X
Styling the hair with a hand hair dryer;	X	X
Honing and stropping a razor.	X	
Master Barber	Theory	Practical
Thermal waving;	X	X
Permanent waving with chemicals;	X	X
Relaxing the hair;	X	X
Lightening or toning the hair;	X	X
Hairpieces and wigs; and	X	X
Waxing limited to the scalp.	X	X
Dual Barber/Master Barber	Theory	Practical
School policies;	X	
State law, regulations, and professional ethics;	X	
Business and shop management;	X	
Client consultation;	X	X
Personal hygiene;	X	
Cutting the hair with a razor, clippers, and shears;		X
Tapering the hair;		X
Thinning the hair;		X
Shampooing the hair;		X
Styling the hair with a hand hair dryer;	X	X
Thermal waving;	X	X
Permanent waving with chemicals;	X	X

Relaxing the hair;	X	X
Shaving;	X	X
Trimming a moustache or beard;	X	X
Applying hair color;	X	X
Lightening or toning the hair;	X	X
Analyzing skin or scalp conditions;	X	
Giving scalp treatments;	X	X
Waxing limited to the scalp;	X	X
Giving basic facial massage or treatment;	X	X
Hair pieces;	X	X
Sanitizing and maintaining implements and equipment; and	X	X
Honing and stropping a razor.	X	
Cosmetology- after 1000 hr curriculum change	Theory	Practical
Orientation		
a. School policies	X	
b. salon management	X	
c. Sales, inventory and retailing	X	
d Taxes and payroll	X	
e. Insurance	X	
f. Client records and Confidentiality	X	
g. Professional ethics and practices.	X	
Laws and regulations	X	
General Sciences:		
a. Principles and Practices of Infection Control	X	X
b. Material Safety Data Sheet (MSDS)	X	
c. Chemical Usage and Safety	X	X
Applied Sciences:		
a. Anatomy, physiology, histology	X	
Manicuring and Pedicuring:		
a. Nail theory, nail structure and composition	X	
b. Nail Procedures (manicuring, peduring, and nail extensions)	X	X
c. Electric Filing	X	X
Skin Care:		
a. Client skin analysis and consultation	X	X
b. Effleurage and related movements and manipulations of the face and body;	X	X
c. Cleansings procedures;	X	X
d. Masks;	X	X
e. Extraction techniques;	X	X
f. Machines, equipment and electricity;	X	X

g. Manual facials and treatments;	X	X
h. Machine, electrical facials and treatments; and	X	X
i. General procedures and safety measures.	X	X
Makeup:		
a. Setup, supplies and implements;	X	X
b. Color theory;	X	X
c. Consultation;	X	X
d. General and special occasion application;	X	X
e. Camouflage;	X	X
f. Application of false lashes and lash extensions;	X	X
g. Lash perming;	X	X
h. Lightning of the hair on body except scalp; and	X	X
i. General procedures and safety measures.	X	X
Body and other treatments:		
a. body treatments;	X	X
b. Aromatherapy; and	X	X
c. General procedures and safety measures.	X	X
Hair Removal:		
a. Client consultation and analysis;	X	X
b. Waxing	X	X
c. Mechanical hair removal;	X	X
d. Tweezing and Threading;	X	X
e. Chemical hair removal.	X	X
Shampooing, rinsing, and scalp treatments, for all hair types, including textured hair		
a. Cleint Consultation and Analysis	X	X
b Procedures, Manipulations, and treatments	X	X
Hair styling, for all hair types, including textured hair		
a. Finger waving, molding and pin curling	X	X
b. Roller curling, combing, and brushing; and	X	X
c. Heat curling, waving, and pressing.	X	X
Hair cutting, for all hair types, including textured hair:		
a. Fundamentals, materials, and equipment	X	
b. Procedures		X
Permanent waving-chemical relaxing, for all hair types, including textured hair:		
a. Chemistry	X	
b. Supplies and equipment	X	X
c. Procedures and practical application	X	X
Hair coloring and bleaching, for all hair types, including textured hair:		

a. basic color theory	X	
b. Supplies and equipment	X	X
c. Procedures and practical application	X	X
Wigs, hair pieces, and related theory:		
a. Types; and	X	
b. Procedures	X	X
Straight Razor Use and Shaving	X	X
Nail Technician	Theory	Practical
Orientation	X	
a. School policies; and	X	
b. State law, regulations, and professional ethics	X	
Sterilization, sanitation, bacteriology, and safety	X	X
Anatomy and physiology	X	
Diseases and disorders of the nail	X	
Nail procedures (i.e., manicuring, pedicuring, and nail extensions); and	X	X
Nail theory and nail structure and composition	X	X
Wax Technician	Theory	Practical
Orientation		
a. School policies	X	
b. State law, regulations, and professional ethics; and	X	
c. Personal hygiene	X	
Skin care and treatment		
a. Analysis	X	X
b. Anatomy and physiology	X	
c. Diseases and disorders of the skin	X	
d. Health sterilization, sanitation, bacteriology, and safety including infectious disease control measures; and	X	X
e. Temporary removal of hair	X	X
Skin theory, skin structure, and composition	X	
Client consultation		
a. Health conditions;	X	
b. Skin analysis;	X	X
c. Treatments;	X	X
d. Client expectations; and	X	
e. Health forms and questionnaires.	X	
Waxing		
a. Fundamentals;	X	X
b. Safety rules; and	X	
c. Procedures.	X	X

Wax treatments:		
a. Analysis;	X	X
b. Disorders and diseases;	X	
c. Manipulations; and	X	X
d. Treatments.	X	X
Salon management:		
a. Business ethics; and	X	
b. Care of equipment.	X	X
Tattooing	Theory	Practical
Microbiology.		
a. Microorganisms, viruses, bacteria, fungus;	X	
b. Transmission cycle of infectious diseases; and	X	
c. Characteristics of antimicrobial agents.	X	
Immunization.		
a. Types of immunizations;	X	
b. Hepatitis - A through G transmission and immunization;	X	
c. HIV/AIDS;	X	
d. Tetanus, streptococcal, zoonotic, tuberculosis, pneumococcal, and influenza;	X	
e. Measles, mumps, and rubella;	X	
f. Vaccines and immunization; and	X	
g. General preventative measures to be taken to protect the tattooer and client.	X	X
Sanitation and disinfection.		
a. Definition of terms:	X	
(1) Sterilization;	X	
(2) Disinfection and disinfectant;	X	
(3) Sterilizer or sterilant;	X	
(4) Antiseptic;	X	
(5) Germicide;	X	
(6) Decontamination; and	X	
(7) Sanitation.	X	
b. The use of steam sterilization equipment and techniques;	X	X
c. The use of chemical agents, antiseptics, disinfectants, and fumigants;	X	X
d. The use of sanitation equipment;	X	X
e. Preservice sanitation procedure; and	X	X
f. Postservice sanitation procedure.	X	X
Safety.		
a. Proper needle handling and disposal;		X
b. How to avoid overexposure to chemicals;	X	

c. The use of Safety Data Sheets;	X	
d. Blood spill procedures;	X	X
e. Equipment and instrument storage; and	X	X
f. First aid	X	X
Bloodborne pathogen standards.		
a. OSHA and CDC bloodborne pathogen standards;	X	
b. Control plan for bloodborne pathogens;	X	
c. Exposure control plan for tattooers;	X	
d. Overview of compliance requirements; and	X	
e. Disorders and when not to service a client.	X	
Professional standards.		
a. History of tattooing;	X	
b. Ethics;	X	
c. Recordkeeping:	X	
(1) Client health history;	X	
(2) Consent forms; and	X	
(3) HIPAA (Health Insurance Portability and Accountability Act of 1996 Privacy Rule) Standards.	X	
d. Preparing station, making appointments, parlor ethics:	X	X
(1) Maintaining professional appearance, notifying clients of schedule changes; and	X	
(2) Promoting services of the parlor and establishing clientele.	X	
e. Parlor management.		
(1) Licensing requirements; and	X	
(2) Taxes.	X	
f. Supplies.	X	
(1) Usages;	X	X
(2) Ordering; and	X	
(3) Storage.	X	
Tattooing.		
a. Client consultation;	X	X
b. Client health form;	X	
c. Client disclosure form;	X	
d. Client preparation;	X	X
e. Sanitation and safety precautions;	X	X
f. Implement selection and use;	X	X
g. Proper use of equipment;	X	X
h. Material selection and use;	X	X
i. Needles;		X
(1) Groupings;	X	

(2) Properties; and	X	X
(3) Making;		X
j. Ink;		X
k. Machine:		X
(1) Construction;		X
(2) Adjustment; and		X
(3) Power supply;		X
l. Art, drawing; and		X
m. Portfolio.		X
Anatomy.		
a. Understanding of skin; and	X	
b. Parts and functions of skin.	X	
Virginia tattooing laws and regulations	X	
Permanent Cosmetic Tattooing	Theory	Practical
Virginia tattooing laws and regulations.	X	
Machines and devices.		
a. Coil or rotary machine;	X	X
b. Hand device; and	X	X
c. Others devices.	X	X
Needles.		
a. Types;	X	X
b. Uses; and	X	X
c. Application.	X	X
Anatomy.		
a. Layers of skin;	X	
b. Parts and functions of skin; and	X	
c. Diseases.	X	
Color theory.		
a. Skin and pigment color; and	X	
b. Handling and storage of pigments.	X	X
Transmission cycle of infectious diseases.	X	
Immunization.		
a. Types of immunizations; and	X	
b. General preventative measures to be taken to protect the tattooer and client.	X	X
Sanitation and disinfection.		
a. Definition of terms:	X	
(1) Sterilization;	X	
(2) Disinfection and disinfectant;	X	
(3) Sterilizer or sterilant;	X	

(4) Antiseptic;	X	
(5) Germicide;	X	
(6) Decontamination; and	X	
(7) Sanitation;	X	X
b. The use of steam sterilization equipment and techniques;	X	X
c. The use of chemical agents, antiseptics, and disinfectants;	X	X
d. The use of sanitation equipment;	X	X
e. Preservice sanitation procedure; and	X	X
f. Postservice sanitation procedure.	X	X
Safety.		
a. Proper needle handling and disposal;		X
b. Blood spill procedures;	X	X
c. Equipment and instrument storage; and	X	
d. First aid.	X	X
Bloodborne pathogen standards.		
a. OSHA and CDC bloodborne pathogen standards;	X	
b. Overview of compliance requirements; and	X	
c. Disorders and when not to service a client.	X	
Anesthetics.		
a. Use;	X	
b. Types;	X	
c. Application; and	X	X
d. Removal.	X	X
Equipment.		
a. Gloves;	X	X
b. Masks;	X	X
c. Apron;	X	X
d. Chair;	X	X
e. Lighting; and	X	X
f. Work table.	X	X
Professional standards.		
a. History of permanent cosmetic tattooing;	X	
b. Ethics	X	
c. Recordkeeping:	X	
(1) Client health history; and	X	
(2) Consent forms.	X	
d. Preparing station, making appointments, salon ethics:	X	X
(1) Maintaining professional appearance, notifying clients of schedule changes; and	X	
(2) Promoting services of the salon and establishing clientele.	X	

e. Salon management:		
(1) Licensing requirements; and	X	
(2) Taxes.	X	
Permanent cosmetic tattooing.		
a. Client consultation;	X	X
b. Client health form;	X	
c. Client disclosure form;	X	
d. Client preparation;	X	X
e. Drawing and mapping;		X
f. Sanitation and safety precautions;	X	X
g. Implement selection and use;	X	X
h. Proper use of equipment;		X
i. Material selection and use.	X	X
j. Eyebrows;		X
l. Eyeliner;		X
m. Lip coloring;		X
n. Lip liners; and		X
o. Scalp Micropigmentation.		X
Master Permanent Cosmetic Tattooing	Theory	Practical
Virginia tattooing laws and regulations	X	
Machines and devices.		
a. Coil or rotary machine;	X	X
b. Hand device; and	X	X
c. Others devices.	X	X
Needles or cartridges.		
a. Types;	X	X
b. Uses; and	X	X
c. Application.	X	X
Advanced Practical Clinical Anatomy.		
a. Eyelid Anatomy;	X	
b. Lip Anatomy; and	X	
c. Breast Anatomy.	X	
Advanced Color theory.	X	
Organic and Inorganic Pigment.	X	
Understanding the Surgical Process.		
a. The Latissimus Dorsi Flap Procedure;	X	
b. Abdominoplasty and Breast Reconstruction;	X	
c. Other Reconstruction Procedures;	X	
(1) Deep Inferior Epigastric Artery Perforator (DIEP) Flap; and	X	
(2) Superior Gluteal Artery Perforator (SGAP) Flap;	X	

d. Flap size vs. Areola size; and	X	
e. Implant Reconstruction;	X	
(1) Tissue Expansion;	X	
(2) Placing the Implant;	X	
(3) Implant vs. Flap Reconstruction;	X	
(4) Saline vs. Silicone;	X	
(5) Radiation Therapy; and	X	
(6) Lymphedema.	X	
Client Consultation.	X	X
Breast Areolar Pigmentation.		
a. Chart Notes;	X	
b. Health Insurance Portability and Accountability Act (HIPAA);	X	
c. Room Setup;	X	X
d. Anesthetic for Breast Procedures;	X	
e. Color Selection;	X	
f. Needle Selection;	X	
g. Design and Placement;	X	X
(1) Position of the Areola/ Nipple Complex;	X	X
(2) The Penn Triangle;	X	X
(3) Diameter of the Areola; and	X	X
(4) Nipple Reconstruction;	X	X
h. Creating 3-dimensional Nipple/Areola;	X	X
(1) Understanding and creating a reflection of light; and	X	X
(2) The Value of Color;	X	
i. Covering scar tissue and Periareolar scar blending;	X	X
j. Aftercare;	X	X
(1) Tegaderm Aftercare Instructions; and	X	X
(2) Follow up; and	X	X
k. Precautions and Contraindications.	X	
Skin Cancer.		
a. Basal Cell Carcinomas;	X	
b. Squamous Cell Carcinomas;	X	
c. Melanoma.	X	
The Art of Camouflage.		
a. Client/Patient Selection and Handling;	X	
b. Contraindications and When Not to Perform Services;	X	
c. Skin Tones;	X	
d. Color Selection and Skin Tone Matching;	X	
e. Scars;	X	
f. Burn Scar; and	X	

g. Common Needle Configurations Used for Camouflage.	X	
Side Effects.	X	
Insurance.	X	
Master Permanent Cosmetic Tattooing Procedures.		
a. Lip;	X	X
b. Areola;	X	X
c. Blush;	X	X
d. Camouflage;	X	X
e. Eyeshadow.	X	X
Esthetics	Theory	Practical
Orientation and business topics - minimum of 25 hours of instruction.		
a. School policies;	X	
b. Management;	X	
c. Sales, inventory, and retailing;	X	
d. Taxes and payroll;	X	
e. Insurance;	X	
f. Client records and confidentiality; and	X	
g. Professional ethics and practices.	X	
Laws and regulations - minimum of 10 hours of instruction.	X	
General sciences - minimum of 80 hours of instruction.		
a. Bacteriology;	X	
b. Microorganisms;	X	
c. Infection control, disinfection, sterilization;	X	
d. Occupational Safety and Health Administration (OSHA) requirements;	X	
e. Material Safety Data Sheet (MSDS);	X	
f. General procedures and safety measures;	X	
g. Cosmetic chemistry;	X	
h. Products and ingredients; and	X	
i. Nutrition.	X	
Applied sciences - minimum of 95 hours of instruction.		
a. Anatomy and physiology;	X	
b. Skin structure and function;	X	
c. Skin types;	X	
d. Skin conditions; and	X	
e. Diseases and disorders of the skin.	X	
Skin care - minimum of 255 hours of instruction.		
a. Health screening;	X	X
b. Skin analysis and consultation;	X	X
c. Effleurage and related movements and manipulations of the face and body;	X	X

d. Cleansings procedures;	X	X
e. Masks;	X	X
f. Extraction techniques;	X	X
g. Machines, equipment, and electricity;	X	X
h. Manual facials and treatments;	X	X
i. Machine, electrical facials, and treatments; and	X	X
j. General procedures and safety measures.	X	X
Makeup - minimum of 65 hours of instruction.		
a. Setup, supplies, and implements;	X	X
b. Color theory;	X	X
c. Consultation;	X	X
d. General and special occasion application;	X	X
e. Camouflage;	X	X
f. Application of false lashes and lash extensions;	X	X
g. Lash and tinting;	X	X
h. Lash perming;	X	X
i. Lightning of the hair on body except scalp; and	X	X
j. General procedures and safety measures.	X	X
Body and other treatments - minimum of 20 hours of instruction.		
a. Body treatments;	X	X
b. Body wraps;	X	X
c. Body masks;	X	X
d. Body scrubs;	X	X
e. Aromatherapy; and	X	X
f. General procedures and safety measures.	X	X
Hair removal - minimum of 50 hours of instruction.		
a. Types of hair removal;	X	X
b. Wax types;	X	X
c. Tweezing;	X	X
d. Chemical hair removal;	X	X
e. Mechanical hair removal; and	X	X
f. General procedures and safety measures.	X	X
Master Esthetics	Theory	Practical
Orientation, advanced business subjects, and infection control - minimum of 45 hours of instruction.	X	
a. School policies and procedures;	X	
b. Professional ethics and practices;	X	
c. Ethics and professional conduct;	X	
d. Insurance and liability issues;	X	

e. Confidentiality and Health Insurance Portability and Accountability Act of 1996 Privacy Rule (HIPAA);	X	
f. Client records and documentation;	X	
g. Microbiology and bacteriology;	X	
h. Infection control, disinfection, and sterilization;	X	
i. Occupational Safety and Health Administration (OSHA), U.S. Food and Drug Administration (FDA); and Material Safety Data Sheet (MSDS); and	X	
j. Personal protective equipment.	X	
State laws, rules and regulations - minimum of 10 hours of instruction.	X	
Advanced anatomy and physiology - minimum of 65 hours of instruction.	X	
a. Advanced anatomy and physiology;	X	
b. Advanced skin structure and functions;	X	
c. Advanced skin typing and conditions;	X	
d. Advanced disease and disorders;	X	
e. Advanced cosmetic ingredients;	X	
f. Pharmacology; and	X	
g. Advanced homecare.	X	X
Advanced skin care and advanced modalities - minimum of 90 hours of instruction.		
a. Introduction to microdermabrasion and dermaplaning;	X	X
b. Indications and contraindications for crystal microdermabrasion;	X	X
c. General procedures and safety measures for crystal microdermabrasion;	X	X
d. Indications and contraindications for crystal-free microdermabrasion and dermaplaning;	X	X
e. General procedures and safety measures for crystal-free microdermabrasion and dermaplaning;	X	X
f. Equipment safety: crystal and crystal-free microdermabrasion and dermaplaning;	X	X
g. Waste disposal, Occupational Safety and Health Administration (OSHA);	X	X
h. Introduction to microdermabrasion techniques and proper protocols;	X	X
i. Machine parts, operation, protocols, care, waste disposal, and safety;	X	X
j. Practical application and consultation for crystal microdermabrasion;	X	X
k. Practical application and consultation for crystal-free microdermabrasion and dermaplaning; and	X	X
l. Pretreatment and posttreatment for microdermabrasion.	X	X
Advanced procedures and chemical exfoliation - minimum of 270 hours of instruction.		
a. Advanced skin analysis and consultation and health screening and documentation;	X	X

b. Advanced procedures, light treatments, light-emitting diode (LED), intense pulsed light device (IPL);	X	X
c. Advanced manual, machine, and electric treatments, microcurrent, and ultrasound;	X	X
d. Introduction to chemical exfoliation and peels of the epidermis;	X	X
e. Fundamentals of skin care associated with chemical exfoliation and peels and wound healing;	X	X
f. Pretreatment and posttreatment for chemical exfoliation and peels;	X	X
g. Assessing suitability and predicting chemical exfoliation efficacy;	X	X
h. General practical application and consultation protocols;	X	X
i. Practical application and consultation for enzymes, herbal exfoliations, and vitamin-based peels;	X	X
j. Indications and contraindications for enzymes, herbal exfoliations, and vitamin-based peels;	X	X
k. General procedures and safety measures for herbal exfoliations, and vitamin-based peels;	X	X
l. Pretreatments and posttreatments for herbal exfoliations, and vitamin-based peels;	X	X
m. Practical application and consultation for alpha hydroxy peels;	X	X
n. Indications and contraindications for alpha hydroxy peels;	X	X
o. General procedures and safety measures for alpha hydroxy peels;	X	X
p. Pretreatment and posttreatment for alpha hydroxy peels;	X	X
q. Practical application and consultation for beta hydroxy peels;	X	X
r. Indications and contraindications for beta hydroxy peels;	X	X
s. General procedures and safety measures for beta hydroxy peels;	X	X
t. Pretreatment and posttreatment for beta hydroxy peels;	X	X
u. Practical application and consultation for Jessner and Modified Jessner peels;	X	X
v. Indications and contraindications for Jessner and Modified Jessner peels;	X	X
w. General procedures and safety measures for Jessner and Modified Jessner peels;	X	X
x. Pretreatment and posttreatment for Jessner and Modified Jessner peels;	X	X
y. Practical application and consultation for trichloroacetic acid peels;	X	X
z. Indications and contraindications for trichloroacetic acid peels;	X	X
aa. General procedures and safety measures for trichloroacetic acid peels; and	X	X
bb. Pretreatment and posttreatment for trichloroacetic acid peels.	X	X
Lymphatic drainage - minimum of 120 hours of instruction.		
a. Introduction to lymphatic drainage;	X	
b. Tissues and organs of the lymphatic system;	X	

c. Functions of the lymphatic system;	X	
d. Immunity;	X	
e. Etiology of edema;	X	
f. Indications and contraindications for lymphatic drainage;	X	
g. Lymphatic drainage manipulations and movements;	X	X
h. Face and neck treatment sequence;	X	X
i. Lymphatic drainage on the trunk and upper extremities;	X	X
j. Lymphatic drainage on the trunk and lower extremities;	X	X
k. Cellulite;	X	X
l. Using lymphatic drainage with other treatments; and	X	X
m. Machine-aided lymphatic drainage.	X	X