

**VIRGINIA BOARD OF COUNSELING  
REGULATORY COMMITTEE MEETING**  
Friday, January 4, 2019

**TIME AND PLACE:** The meeting was called to order at 10:03 a.m. on Friday, January 4, 2019, in Board Room 4 at the Department of Health Professions (DHP), 9960 Mayland Drive, Henrico, Virginia.

**PRESIDING:** Johnston Brendel, Ed.D., LPC, LMFT, Chairperson

**COMMITTEE MEMBERS PRESENT:** Kevin Doyle, Ed.D., LPC, LSATP  
Danielle Hunt, LPC  
Holly Tracy, LPC, LMFT

**ABSENT:** Vivian Sanchez-Jones, Citizen Member

**OTHER BOARD MEMBERS PRESENT:** Maria Stransky, LPC, CSAC, CSOTP

**STAFF PRESENT:** Christy Evans, Discipline Case Specialist  
Jaime Hoyle, J.D., Executive Director  
Jennifer Lang, Deputy Executive Director  
Charlotte Lenart, Licensing Manager  
Brenda Maida, Licensing Specialist

**OTHERS PRESENT:** Elaine Yeatts, DHP Senior Policy Analyst

**PUBLIC IN ATTENDANCE:** Martin Brown, Civitas Health Services, Inc.  
Chris Ruble, Childhelp, Inc.  
Candace Roney, Virginia Association of Community Services Boards, Inc.  
Ashley Harrell, Department of Medical Assistance Services

**ORDERING OF THE AGENDA:** It was recommended by staff to amend the agenda to allow for discussion on Certified Substance Abuse Counselor (CSAC) and Certified Substance Abuse Counselor-Assistant (CSAC-A) scope of practice prior to the period review discussion.

**APPROVAL OF MINUTES:** Ms. Hunt moved to approve the minutes of the November 1, 2018 meeting. Dr. Doyle seconded the motion, and it passed unanimously.

**PUBLIC COMMENT:** Mr. Ruble, Executive Director of Childhelp, Inc. commented on the importance of timely review of applications.

Mr. Brown, Chief Operating Officers for Civitas Health Services, Inc. asked the Board to provide clarification on the distinction between grandfather and initial applications for the registration of Qualified Mental Health Professionals (QMHPs).

Ms. Roney, Council Chairperson for the Substance Use Disorders Service Council for the Virginia Association of Community Services Board, Inc. asked that the board clarify the scope of practice in the Code of Virginia for Certified

Substance Abuse Counselor (CSAC) and Certified Substance Abuse Counselor-Assistant (CSAC-A).

DISCUSSIONS:

I. **Unfinished Business:**

**Periodic Review Discussion:** The Committee discussed staff's recommendations to the Regulations Governing the Practice of Professional Counseling.

- Dr. Doyle moved to include sections of the National Counselor Licensure Endorsement Process (NCLEP) 2.0 version to allow for more portability. The motion passed with three in favor, one in opposition.

The addition would allow endorsement for those who hold an active license at the highest level of counselor licensure for independent practice for at least 10 years prior to the date of application and for those who hold an active license at the highest level of counselor licensure for independent practice for at least three years prior to the date of application for licensure by endorsement and has one of the following:

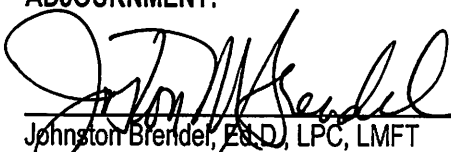
- a. The National Certified Counselor (NCC) credential, in good standing, as issued by the National Board of Certified Counselors (NBCC); or
  - b. A graduate-level degree from a program accredited in clinical mental health counseling by CACREP.
- Ms. Tracey moved, which was properly seconded, to allow for an interruption in residency for no more than three years. The motion passed unanimously.
  - Staff will develop a working draft of changes discussed related to the Regulations Governing the Practice of Professional Counseling at the next regulatory meeting. Additionally, staff will provide a working draft of recommended changes and discussion items to be discussed at the next regulatory meeting for the Regulations Governing Marriage and Family Therapists and Regulations Governing Licensed Substance Abuse Treatment Practitioners.

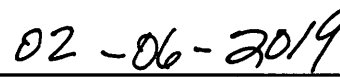
II. **New Business:**

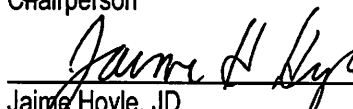
- **CSAC Scope of Practice:** The Board considered the comments from Ms. Roney, Council Chairperson for the Substance Use Disorders Service Council for the Virginia Association of Community Services Board, Inc and clarification from Ashley Harrell, Department of Medical Assistance Services, and agreed that a guidance document to provide clarification to the public should be initiated. Ms. Hoyle stated that she would craft a guidance document for review and discussion at the next regulatory meeting

**NEXT SCHEDULED MEETING:** Next scheduled Regulatory Committee Meeting is scheduled for February 7, 2019 at 10:00 a.m.

**ADJOURNMENT:** The meeting adjourned at 2:55 p.m.

  
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Johnston Brendel, Ed.D., LPC, LMFT  
Chairperson

  
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Date

  
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Jaime Hoyle, JD  
Executive Director

  
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Date