

## REGULATIONS FOR SCOLIOSIS SCREENING PROGRAM

**8 VAC 20-690-10. Definitions.**

The following words and terms, when used in this regulation, shall have the following meaning unless the context clearly indicates otherwise:

“Forward Bend Test” means a procedure to assess the possible presence of abnormal spinal curvature.

“Scoliometer” means a device for measuring the amount of abnormal curvature in the spine.

“Scoliosis” means a lateral or sideways curvature of the spine, generally associated with the rotation of the spine and rib cage.

“Scoliosis screening” means a postural screening process of assessment and evaluation used to identify students with spinal deviations at an early stage of development and to refer students for a medical evaluation. Early detection and intervention may prevent further structural deformity and resulting secondary problems.

**8 VAC 20-690-20. Scoliosis program.**

A. Each school board shall implement a scoliosis program that shall consist of the provision of parent educational information on scoliosis for students in grades five through ten or the implementation of a program of regular screening for scoliosis for students in grades five through ten. School boards shall not impose a fee for any scoliosis program implemented.

B. School boards shall not be required to screen students in grades five through ten who have been admitted for the first time to a public school and who have been tested for scoliosis as part of the comprehensive physical examination required by § 22.1-270 of the Code of Virginia or the

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parents of such students have indicated their preference that their children not participate in scoliosis screening.

C. Each school board shall review and adhere to the federal Family Educational Rights and Privacy Act and the Protection of Pupil Rights Act in the development and implementation of a regular Scoliosis screening program.

**8 VAC 20-690-30. Parent educational information.**

A. School boards implementing a scoliosis program consisting of the provision of parent educational information on scoliosis shall provide such information to the parents of students in grades five through ten within sixty business days after the opening of school each year.

B. Parent educational information on scoliosis shall include but not be limited to (i) a definition of scoliosis, (ii) a description of how scoliosis is identified, (iii) a statement describing why it is important to screen for the condition, (iv) a description of the types of screening procedures, (v) a description of potential treatments for the condition, and (vi) information on where screening may be obtained.

**8 VAC 20-690-40. Regular scoliosis screening.**

A. School boards implementing a scoliosis program of regularly screening students in grades five through ten shall provide written notice to parents a minimum of ten business days prior to screening.

B. The written notice shall contain (i) information indicating when the screening will occur, (ii) the purpose of screening that shall include the parent educational information described in 8

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VAC 20-690-20, (iii) a procedure for notifying parents of students who are identified as having a possible spinal curvature, and (iv) a procedure for parents to opt out of the screening..

C. School boards implementing a scoliosis program of regular screening shall screen each student in selected grades five through ten a minimum of two times during the six year period except for those students entering the school division for the first time during the tenth grade year who shall be screened once.

D. Parent educational information as required by 8 VAC 20-690-20 shall be provided to parents of students in selected grades five through ten who are not screened.

**8 VAC 20-690-50. Training required for personnel and volunteers.**

A. School boards implementing a scoliosis program of regular screening shall provide training for school personnel and volunteers who may conduct the screening. School boards may seek volunteers from among professional health care providers to provide training, to perform screenings, or both. School boards using volunteers shall comply with all requirements of the Family Educational Rights and Privacy Act and the Protection of Pupil Privacy Act in maintaining the confidentiality of student records.

B. Training of school personnel and volunteers shall be conducted by qualified licensed medical practitioners. Practitioners may use various training methods including, but not limited to, in-person training, video instruction, or review of a training manual.

C. Practitioners shall provide training in medically accepted scoliosis screening procedures including the use of the forward bend test, or use of a Scoliometer, or both to school personnel and volunteers.