

STATE BOARD OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES
APPROVED MEETING MINUTES

December 4, 2017

**DBHDS Central State Office, 13th Floor Main Conference
Room, Jefferson Building 1220 Bank Street, Richmond, VA**

REGULAR MEETING

Members Present

Paula N. Mitchell **Chair**, Sandra Price-Stroble, Elizabeth Hilscher, Jack Bruggeman, Jennifer Spangler, Calendria Jones, Moira Mazzi, Dr. James Reinhard, Amelia Ross Hammond

Members Absent

Staff Present

Will Frank, Legislative Affairs Director
Holly Mortlock, Policy Director

**Call to Order and
Introductions**

At 9:05 a.m. Chair Paula Mitchell called the meeting to order and called for introductions of those present.

**Approval of Draft
Agenda**

The Board unanimously adopted the December 5, meeting agenda.

**Approval of Draft
Minutes- July 12
meeting**

The Board unanimously approved the minutes.

Public Comment

Karen Kallay, private citizen, offered public comment with support for increasing access to services and building a public behavioral health system that reflects the needs of Virginians.

Miscellaneous

A. Board Liaison
Reports

Board Chair Paula Mitchell asked the Board members to move Liaison Reports up in the agenda. Moira Mazzi and Jack Bruggeman discussed visits to Fairfax CSB. Board members also reflected upon the Board tour of Central State Hospital, expressing concern about the ability to maintain expectation of wellness, when facilities are in such disrepair. Board members also reflected on experiences of individuals receiving services in Central State Hospital and private psychiatric hospitals, and the need for improvement in services and treatment of patients.

VACSB Update

Jennifer Faison provided update from VACSB. VACAB is working to

implement Same Day Access for the remaining 22 CSBs. If the General Assembly approves requested funding, VACSB will next address implementation of Primary Care Screening. Significant funding will be needed to implement services. VACSB is closely monitoring STEP-Virginia. If not provided, dates for implementation will need to change.

VACSB will be asking for rate increase for early intervention case management services. This is linked to Substance Exposed Infants legislation last year. The other priority will be for increasing waiver slots. Almost as many people in waiver as waiting for services- family and Individual Supports Waiver.

Beth Hilscher suggested that the public system needs to better tell the story of successes- that mental healthcare makes people well. Not a glamorous story, but victories in health care such as how the system is making people well.

**Interim
Commissioner's
Report**

Interim Commissioner Barber presented updates on DBHDS activities related to STEP-Virginia, hospital census, housing, financial realignment, and the DOJ Settlement Agreement. He fielded questions from Board members pertaining to DBHDS 2018 General Assembly priorities.

**Regulatory Actions:
A. General Update-
Matrix**

Ruth Anne Walker, Administrative and Regulatory Coordinator provided an update on DBHDS regulatory actions.

- **Action Item:**
*initiate
periodic
review of
12VAC35-46
Children's
Residential
Facilities*

The Board unanimously approved the periodic review of the noted regulations.

Board members asked questions pertaining to the Town Hall, regulatory process, how to submit public comment, and how to notify individuals of the opportunities to provide public comment.

- **Action Item:**
*Initiate periodic
review of
12VAC35-230
Operation of
the Individual
and Family
Support*

Program

**Legislative
Process/2018
Session**

Lunch

Will Frank, Legislative Director provided an overview of the DBHDS legislative process

The Board collected their lunches and continued the Legislative presentation through a working lunch.

Housing Services

Eric Leabough, Administrative Community Operations- Housing Services Manager provided an update on housing in developmental services.

Kristin Yavorsky, MSW, Homeless Projects Coordinator provided an update on DBHDS efforts related to Permanent Supportive Housing.

Members asked clarifying questions related to services related to housing. Dr. Reinhard asked how DBHDS is coordinating with DMAS on individuals receiving ARTS services.

There is discussion especially for sub-population of pregnant and parenting women with substance-use disorders.

**DBHDS Budget
Submissions**

Nathan Miles, Budget Director provided an update on DBHDS Budget Submissions for General Assembly session 2018.

**New DBHDS
Website**

Maria Reppas, Director of Communications, demonstrated the new DBHDS website for Board members. Members asked questions about ensuring the website is data driven, and ability to post links to the regulatory Town Hall.

**Miscellaneous
B. State Board
Annual
Report**

Paula Mitchell, Chair and Will Frank Board Liaison, reviewed the annual Board Report for 2017 and made recommendations for changes, including expressing the intent of the Board to incorporate more stakeholder outreach activities, and presentations to the Board at each meeting.

**Next Meeting
Information**

The next meeting will be held in April 2018.

Adjournment

Having no other business, Paula Mitchell adjourned the meeting at 3:30pm.

