

Virginia Board of Counseling

Coursework Requirements Necessary to Begin Supervision for Licensure as a Professional Counselor

The applicant shall have completed a graduate degree from a program that expressly prepares individuals to practice counseling and counseling interventions as defined in §54.1-3500 Code of Virginia and in 18VAC115-20-49 et seq., Regulations Governing the Practice of Counseling. In order to be approved to begin the supervised experience in the provision of clinical services, the successful completion of the following course work must be documented on the graduate counseling degree transcript:

- 1. Professional identity, function and ethics;*
- 2. Theories of counseling and psychotherapy;*
- 3. Counseling and psychotherapy techniques;*
- 4. Appraisal, evaluation and diagnostic procedures;*
- 5. Abnormal behavior and psychopathology; and,*
- 6. A supervised internship of 600 hours to include 240 hours of face-to-face client contact.*

No Resident will be approved to begin the supervised experience as set forth in 18VAC115-20-52 without the successful completion of a minimum of three semester hours, or 4.0 quarter hours, in each of the courses listed above in numbers 1-5 and an internship of a minimum of 600 hours in the delivery of clinical services to clients.