

**MINUTES
STATE MENTAL HEALTH, MENTAL RETARDATION
AND
SUBSTANCE ABUSE SERVICES BOARD**

October 10, 2007
Northern Virginia Mental Health Institute (NVMHI)
Falls Church, Virginia

MEMBERS PRESENT: Victoria Huber Cochran, Chair
Daniel E. Karnes, Vice Chair
Linda S. Bartlett
Catherine M. Hudgins
Cheryl Ivey Green
Ruth G. Jarvis
Mary J. McQuown
Ananda K. Pandurangi, M.D.
Kathryn A. Smith

**STAFF
PRESENT:** Leslie Anderson, Director, Office of Licensing
Wendy Brown, Policy Analyst, Office of Planning & Development
Jewel Crosby, Executive Secretary, State Board
Charline Davidson, Director, Office of Planning & Development
Janice Jordan, Human Services Program Specialist, Office of
Substance Abuse Services
Meghan McGuire, Communications Manager, Office of
Legislation & Public Relations
Beth Nelson, Disaster Preparedness & Response Coordinator,
Office of Planning & Development
James S. Reinhard, M.D., Commissioner
Ruth Anne Walker, Legislation Manager, Office of Legislation &
Public Relations

OTHERS: Lynn DeLacy, Director, NVMHI
Jane Hickey, Sr. Assistant Attorney General/Chief, Office of
Attorney General Office
John Erb, Executive Director, Silver Lining Group Home
Ray Gudum, Chair, VACSB

CALL TO ORDER: Victoria Huber Cochran, Chair, called the meeting to order at
10:09 a.m. Ms. Cochran thanked the NVMHI for their preparatory
work and willingness to serve as host for the State Board meeting.
Ms. Cochran introduced the newest board member, Dr. Ananda

Pandurangi and had him share his background. A call for introductions of all attendees took place prior to proceeding.

AGENDA:

Upon a motion by Kathryn Smith and seconded by Catherine Hudgins, the Board unanimously approved the October 10, 2007 agenda as presented.

MINUTES:

Upon a motion by Catherine Hudgins and seconded by Cheryl Ivey Green, the Board unanimously approved the August 21, 2007 minutes as corrected.

PUBLIC COMMENTS:

Mr. John Erb, Executive Director, Silver Lining Group Home, shared concerns regarding the alleged improper removal of a consumer from his group home. Mr. Erb provided copies of written documentation to the board addressing his concerns.

S.H. shared that he had been in inpatient care on and off for a number of years in state mental hospitals and in the private system. He suggested that consumers and staff meet on a regular basis to hash out various issues, allowing influence that is more patient driven. S.H. stated that he would like to see patients lead meetings rather than staff. He asked that the State Board give guidance and influence to directors to make patient rounds once or twice a week.

**NVMHI
PRESENTATION:**

Mrs. Lynn DeLacy, Facility Director, Northern Virginia Mental Health Institute, gave an overview of the NVMHI services. She stated that they currently have 129 beds. The facility has been one of the facilities out front first with the Commissioner's initiative toward becoming a high performance organization. Because of their clinical services reorganization, last year they were able to double the consumers served from the previous year. The CSBs, region, private providers and public partners benefited from this initiative. They currently have 40 beds serving persons in need of intensive treatment services newly admitted to the hospital. There are 55 beds for individuals in need of intermediate care. They have five consumer run services on site. There are 34 beds available for persons receiving additional support for community reintegration and person on NGRI status.

Ms. DeLacy reminded the board that in January 2005, the board passed a resolution recognizing NVMHI's designation as a Center of Excellence. NVMHI is the only facility that has such a support center. She stated that NVMHI is coming upon their 40th anniversary in 2008.

A NVMHI consumer shared his experience receiving services at the facility.

Meghan McGuire made known that Lynn DeLacy was just recently named, “Nurse of the Year” by the American Psychiatric Nursing Association.

**POLICY DEVELOPMENT
AND EVALUATION
COMMITTEE:**

Wendy Brown, Policy Analyst, reported that the Policy Development and Evaluation Committee have not met since August in Danville. Ms. Brown shared that she hoped to schedule a meeting via teleconference in the next couple of weeks.

Jane Hickey reminded the board that a quorum is required at the physical location of the meetings.

12 VAC 3-105-115 Proposed Final Regulations for Issuing an Order of Summary Suspension of the License to Operate a Group Home or other Residential Facility for Adults

Leslie Anderson, Director of Licensing, shared a brief overview of the proposed regulation. The regulations being proposed are identical to the emergency regulations that are now in effect. The proposal inserts a new section 115 into the existing licensing regulations for adult residential facilities that allows the Commissioner to issue orders of summary suspension. The provisions are the same as the provisions for summary suspension that are now part of the children’s residential facility licensing regulations.

The Department recommends the Board to adopt the proposed regulations for final promulgation.

Mary McQuown noted typographical errors and shall forward editorial recommendations to the designated staff.

Upon a motion from by Mary McQuown and seconded by Linda Bartlett, the board unanimously adopted the proposed final regulations 12 VAC 3-105-115.

**PLANNING AND
BUDGET
COMMITTEE:**

Charline Davidson, Director of Planning and Development, updated the board on the committee activities. The committee has not met since August in Danville.

Ms. Davidson stated the need to convene public hearings on the draft Comprehensive State Plan. The six regional public hearings for the current plan used a video conference format in the past, which allowed all participants to hear all public comments. The committee discussed scheduling the hearings the week after Thanksgiving, considering November 26, 27 or 29. The Committee discussed potential locations for the public hearings and recommended the following areas: Northern Virginia, Central Virginia, Eastern Virginia, Lynchburg, and Far Southwest Virginia. Board members were asked to get back with Ms. Davidson on their availability.

22 VAC 42-11, Standards for Interdepartmental Regulation of Children’s Residential Facilities (Proposed – Draft Revision)

Leslie Anderson, Director, Office of Licensing, recommended adoption of the proposed regulation.

Upon a motion by Cheryl Ivey Green and seconded by Kathryn Smith, the board unanimously adopted the proposed draft revision of regulations 22 VAC 42-11.

VACSB REPORT:

Ray Gudum, VACSB Board Chair, reported on behalf of the VACSB. He thanked Victoria Cochran, Dan Karnes, Mary McQuown and Catherine Hudgins for attending the Public Policy conference held in Wintergreen on October 3-5. Mr. Gudum distributed copies of the registration brochure from the public policy conference and VACSB budget priorities for 2008-10.

COMMISSIONER’S REPORT:

Dr. Reinhard updated the Board on the budget development process. He informed members that the Governor is in the process of preparing his presentation in December on the biennium budget of his administration to the General Assembly. The Commissioner shared the two performance measures areas the Governor is most interested in 1) the investment of resources in the community versus facilities, and 2) the measure of re-admission rates in state facilities.

Dr. Reinhard also mentioned that the Commonwealth is experiencing a decrease in the projection of revenue. The shortfall calls on all state agencies to submit a 5% reduction to General Funds. The Department submitted cuts with the recommendation of the administration, support of the Secretary and DPB requesting a break on the cuts.

Due to the unique and sensitive nature of the services the department provides, the department came up with a \$5 million dollar projected savings from Part D.

At 11:50 a.m., the Chair called for a break and reconvened at 12:10 p.m.

**BOARD LIAISON
REPORT:**

Cheryl Ivey Green reported that she has been meeting with the Prevention Promotion Advisory Council (PPAC); however, she missed the September meeting but communicated via email. She stated that she asked the council at the previous meeting, in addition to making sure the prevention is included in policies the board addresses, what they require from the board. PPAC shared the need to develop a stronger partnership with the board. They requested board support in developing prevention services in mental health and mental retardation areas. Prevention currently services the substance abuse area. PPAC's goal is to address prevention services across the board. Ms. Ivey Green requested that the board permit PPAC to present at the next board meeting.

Ruth Jarvis reported that the Norfolk CSB Executive Director is planning on retiring and she is working with a search team for his replacement.

Mary McQuown reported that she attended the VACSB Board of Director's meeting and informed them that State MHMRSAS Board is there for support. She stated that the Mental Health Planning Council's retreat is scheduled for the upcoming weekend.

**MEDIA
TECHNIQUES
PRESENTATION:**

Meghan McGuire, Communications Manager, Office of Legislation & Public Relations, presented information on various aspects in media techniques.

**EMERGENCY
PRESENTATION
PREPAREDNESS:**

Beth Nelson, Disaster Preparedness & Response Coordinator, Office of Planning & Development, presented information on Emergency Disaster Preparedness.

**SUBSTANCE ABUSE
PRESENTATION:**

Janice Jordan, Human Services Program Specialist, Office of Substance Abuse Services, presented information on the Virginia Oxford Houses, a consumer driven recovery residential program

for individuals with substance abuse histories. Additional literature on Oxford Houses was distributed to board members.

**BOARD RETREAT
FOLLOW-UP:**

Ruth Anne Walker, Legislation Manager, Office of Legislation and Public Relations went over the draft summary and goals from the board retreat in August. The Board Chair requested that board members contact Ms. Walker with suggestions and comments to the draft summary within the next two weeks. Ms. Walker distributed copies of the budget timeline process.

Jane Hickey, the board's legal counsel, reminded board members of the Freedom of Information Act (FOIA) training that is required by all board members within 60 days of appointment and every two years thereafter. Upon discussion, the board decided to utilize a training CD and schedule a follow-up meeting with questions.

Victoria Huber Cochran presented a Resolution honoring the memory of Rosemarie Bonacum for her services as facility director in Central Office.

Ms. Cochran shared the legislative timelines for the upcoming General Assembly with the board.

Board members were reminded of Polytrauma and Combat Stress conference , "Virginia is for Heroes", sponsored by the Virginia Department of Veterans Services and the Mid-Atlantic Addiction Technology Transfer Center (ATTC), at Virginia Commonwealth University. The conference is scheduled on Wednesday, October 17 at Lewis Ginter Botanical Gardens in Richmond. Ms. Cochran indicated that she would be facilitating a session at the conference on the criminal justice system.

Board members were also reminded of the Workforce Cultural Competency conference to be held in Newport News at the Marriott City Center on October 24-25. Interested board members were asked to contact the board secretary if they wished to attend.

The next meeting of the board will be held in the Charlottesville area on December 6, 2007. There being no further business before the Board and upon a motion made and seconded, the Board voted to adjourn at 2:13 p.m.

Victoria Huber Cochran, Chair

Jewel B. Crosby, Secretary