

Minutes  
State Mental Health, Mental Retardation  
and Substance Abuse Services Board  
October 3-4, 2002  
Hanover Community Services Board  
Ashland, Virginia

***Call to Order***                    The meeting was called to order by the Chair, Virginia Dofflemyer  
, at 1:00 p.m.

***Members Present***                Joe Allen, Virginia Dofflemyer, Mike Flynn, Bunny Gunn, Bill  
Piece, Doug Turner, and Nancy Ward.

***Staff Present:***                    James Evans, James Reinhard, Charline Davidson, Cynthia Smith,  
Marlene Butler.

***Agenda***                                The proposed agenda was approved as amended.

***Minutes***                                The minutes of June 27-28, 2002 were approved as distributed.

***Welcome***                                Thomas M. Slaven, Executive Director of Hanover CSB,  
welcomed the Board.

***Public Comment***                    Mary Ann Bergeron, Executive Director of the Virginia  
Association of Community Services Boards addressed the budget  
deficit and the effect that cuts will have on community services in  
the Commonwealth. She also gave details about the Annual  
Legislative Conference to be held in Norfolk.

***Commissioner's Report***            Dr. Reinhard explained to the Board the procedure by  
which percentage budget cuts were to be made within the  
Department. Restructure, in part has been put on hold due to  
budget work. Regional planning teams have been established.  
The Performance Contract process in the beginning stages.  
Representatives from the facilities, CSBs and Department are  
collaboratively discussing core values, partnership and  
accountability

***Recommendation***                Recommendation was made, seconded and approved that a letter  
be sent to the Governor emphasizing the detrimental impact that  
budget cuts in the community services board will have on  
consumers.

- Budget*** Mike Flynn and Bunny Gunn reported on a informational meeting that they had with Commissioner Reinhard and others concerning the process for percentage cuts in the Department's budget.
- Regulations*** Cynthia Smith of the Office of Mental Retardation Services, presented background. The Board approve the promulgation of the amended *Regulations Establishing Procedures for the Voluntary Admission of Persons Who Are Mentally Retarded to State Mental Retardation Facilities* 12 VAC 35-190-10 et seq.
- Atypical Anti-psychotics*** Dr. James Evans, Director of the Office of Health and Quality Care, made a presentation on Atypical Anti-Psychotic Drugs. He said the largest problem is patient non-compliance. The Community Services Boards play a very important part in follow up care for patients on medications. Cost is also a factor and a consideration that must be addressed is that though expensive they are cost effective since they keep people out of the hospitals. Twenty-three million dollars are budgeted for the after-care pharmacies - 60 - 70 per cent of that is for anti-psychotics.
- Olmstead Task Force*** Charline Davidson updated the Board on the activities of the Olmstead Task Force. Julie Stanley is coordinator for the 65 plus members of the task force which is comprised of advocates, consumers, various state agencies designees and is chaired by Sec. Woods. Thus far two meetings of the group have been held with a third meeting scheduled for January 4<sup>th</sup>.
- Eastern State*** The Board voted to name a garden at the Davis Center of Eastern State Hospital "The Pat Musselwhite Memorial Garden" in memory of a long time employee who recently passed away.
- New Member*** The Chair introduced Dr. Nicholas Emiliani who will be appointed to the Board in July, 2003.
- SA Block Grant*** Sterling Deal of the Office of Substance Abuse Services gave the Board some background on the Substance Abuse Prevention and Treatment Block Grant. Following a discussion, it was moved, seconded and approved that the block grant application be submitted.
- Video*** The Board reviewed a video produced on the Discovery Channel on Electroconvulsive Treatment. Following the showing the Board directed that the video be sent to the Office of Human Rights for review. Further discussion of the matter will take place at the next

meeting of the Board.

***PPAC*** Pat Cullen and Gaynelle Whitlock of the Prevention and Promotion Advisory Council, and Hope Merrick of the Office of Prevention, presented the Council's annual report to the Board. They requested that a member of the Board meet with the Council. Bill Pierce volunteered to attend those meetings.

***Priorities*** A discussion of priorities for the State Board was postponed until the next meeting of the Board.

***Inspector General*** The Board received a response to their letter to Governor Warner concerning funding for the Office of the Inspector General. The letter has been before a committee studying that office and they agree that more funding could be forthcoming if funds are available.

***Next meeting*** The November meeting of the Board is cancelled and the next meeting of the Board will take place on January 16-17, 2003 at a site to be determined.

***Adjournment*** There being no further business before the Board, the meeting was adjourned at 12:45 p.m. on Friday, October 4, 2002.

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Virginia R. Dofflemyer, Chair  
Marlene A. Butler, Secretary