

SERVICES REFERENCE MANUAL (10/13)

Behavioral Health Services

HCPCS* Code H2019: Therapeutic Behavioral Services

This Procedure Code refers to behavioral treatment and intervention, specifically **Positive Behavior Support (PBS)** and/or **Applied Behavior Analysis (ABA)**, provided in community settings for individuals who need comprehensive, specialized supports to address challenging behaviors. PBS and ABA are clinically proven approaches to reducing or eliminating behaviors which interfere with employment and independent living. The overall goal of Therapeutic Behavioral Services is to improve an individual's quality of life and ability to function successfully in the workplace and other community settings. For additional information on the appropriate use of this Procedure Code, please go to the DARS Forms Cabinet and look under Brain Injury Services Forms for the Behavioral Health / Psychological Services category.

Services provided under H2019:

Therapeutic Behavioral Services typically include the following:

- *Intake Assessment* to determine service needs as well as the feasibility of using either Applied Behavior Analysis or Positive Behavior Support.
- *Comprehensive Functional Behavior Assessment* to identify target behaviors and assess the need for modifications and adjustments in an individual's community environments (home, work, recreation, etc.).
- *Written Behavior Support Plan*, with ongoing evaluation and revisions.
- Development and facilitation of a *Behavior Support Team*, as appropriate and if a team is not already in place.
- *Training* for the individual, support team members, and relevant service providers in behavioral approaches that increase positive/adaptive behaviors and enhance an individual's ability to function independently and successfully in community settings.

The agency will initially authorize up to 30 hours for a Functional Behavior Assessment and development of a Behavior Support Plan. The vendor should conduct an intake assessment to determine, prior to instituting a Functional Behavioral Assessment, the service needs of an individual and the feasibility of using either an Applied Behavior Analysis or Positive Behavior Support approach. The vendor must submit the results of the Functional Behavior Assessment, along with the written Behavior Support Plan, when submitting an invoice for payment. The Behavior Support Plan should include the number of hours requested for authorization of services as well as a schedule of service delivery (i.e., frequency and duration of intervention hours). Authorization of hours of Therapeutic Behavioral Services (beyond the initial 30 hours) will be provided based on approval of the Behavior Support

Plan, not to exceed 100 hours. Requests for more than 100 units of service should be approved by the supervisor.

Fees (as of October 1, 2013):

H2019 - Therapeutic Behavioral Services: \$73 per unit

H2019N - Therapeutic Behavioral Services: \$86 per unit (Northern Virginia rate only for City of Alexandria and counties of Fairfax and Arlington)

Qualified Providers:

A list of approved vendors of this service is available on the DARS website, in the Forms Cabinet under Behavioral Health / Psychological Services. Individuals who have the following qualifications and who have submitted a Behavioral Health Services vendorship application package that has been approved by DARS, are authorized providers of H2019, Therapeutic Behavioral Services, for DARS:

- *Board Certified Behavior Analyst® (BCBA®):*

The Board Certified Behavior Analyst (BCBA) is an independent practitioner who also may work as an employee or independent contractor for an organization. The BCBA conducts descriptive and systematic (e.g., analogue) behavioral assessments, including functional analyses, and provides behavior analytic interpretations of the results. The BCBA designs and supervises behavior analytic interventions. BCBA's supervise the work of Board Certified Assistant Behavior Analysts and others who implement behavior analytic interventions.

- *Board Certified Assistant Behavior Analyst® (BCaBA®):*

The Board Certified Assistant Behavior Analysis (BCaBA) conducts descriptive behavioral assessments and is able to interpret the results and design ethical and effective behavior analytic interventions for clients. The BCaBA may assist a BCBA with the design and delivery of introductory level instruction in behavior analysis. It is mandatory that each BCaBA practice under the supervision of a BCBA. Governmental entities, third-party insurance plans, and others utilizing BCaBA's must require this.

- *Endorsement as a Positive Behavior Support (PBS) Facilitator:*

A Positive Behavior Support (PBS) Facilitator is an independent practitioner who may also work as an employee or independent contractor for an organization. In Virginia, endorsement of PBS Facilitators is done through The Partnership for People with Disabilities located at Virginia Commonwealth University. A list of approved PBS Facilitators by region is available in the DARS Forms Cabinet under Behavioral Health / Psychological Services.

Additional Information:

Requests for additional information and applications for vendorship approval as a provider of Therapeutic Behavioral Services should be directed to Patricia Goodall, Ed.S., at Patti.Goodall@DARS.virginia.gov or 800/552-5019.



* *The Healthcare Common Procedure Coding System (HCPCS) is a set of health care procedure codes based on the American Medical Association's Current Procedural Terminology (CPT).*